BROOKINGS

DMV Monitor – key findings for the region and City of Alexandria

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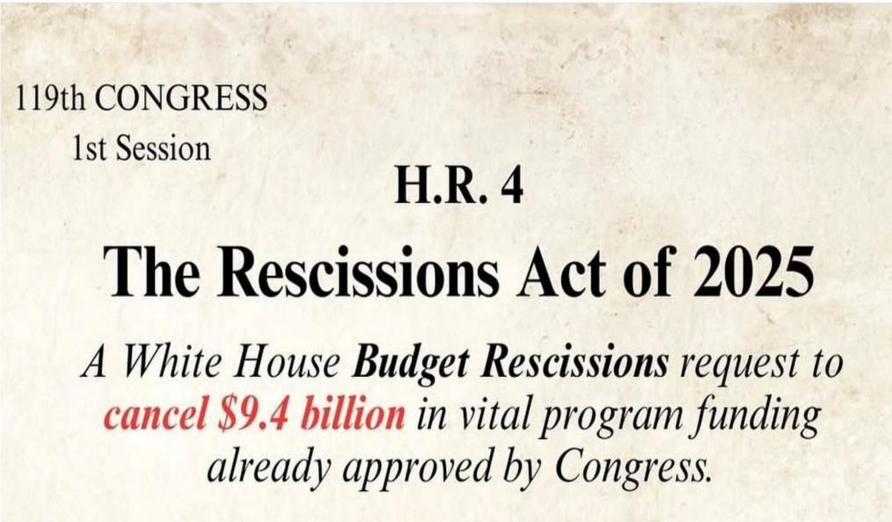
In January 2025, the White House began making dramatic cuts to federal jobs and spending, which have been codified by law

- **352,285** federal workers departed
- **13,000+** federal contracts terminated
- **15,000+** federal grants canceled
- Office leases ended



119th CONGRESS
1st Session

H.R. 4

The Rescissions Act of 2025

*A White House **Budget Rescissions** request to **cancel $9.4 billion** in vital program funding already approved by Congress.*

Those actions had a disproportionate impact on the greater Washington region, a major economic and global center

- **6.3 million** people
- **19** counties / **4** states
- **6th** largest metro economy
- **47%** of VA state GDP
- **40%** of MD state GDP
- **52.6%** college grads
- **24%** foreign-born, **60%** non-white
- **4** of the top 20 counties on the Black Progress Index
- **~430K** federal workers

Sources: U.S. Census, Washington Council of Governments, Brookings

Why the DMV Monitor?

- To inform
- To come together
- To act

The **DMV Monitor** examines the impact of federal downsizing on the regional economy and its jurisdictions

Metropolitan Washington
Council of Governments

Economy

Labor market

Innovation

Real estate

Municipal health

Social services/
HH wellbeing

Select data sources

- BLS
- Lightcast
- WARN tracker
- Crunchbase
- CoStar
- Realtor.com
- Federal Reserve Bank

The DMV Monitor: Findings

The greater Washington region economy took a **dramatic downturn** in 2025, as compared to the nation and other large metro areas

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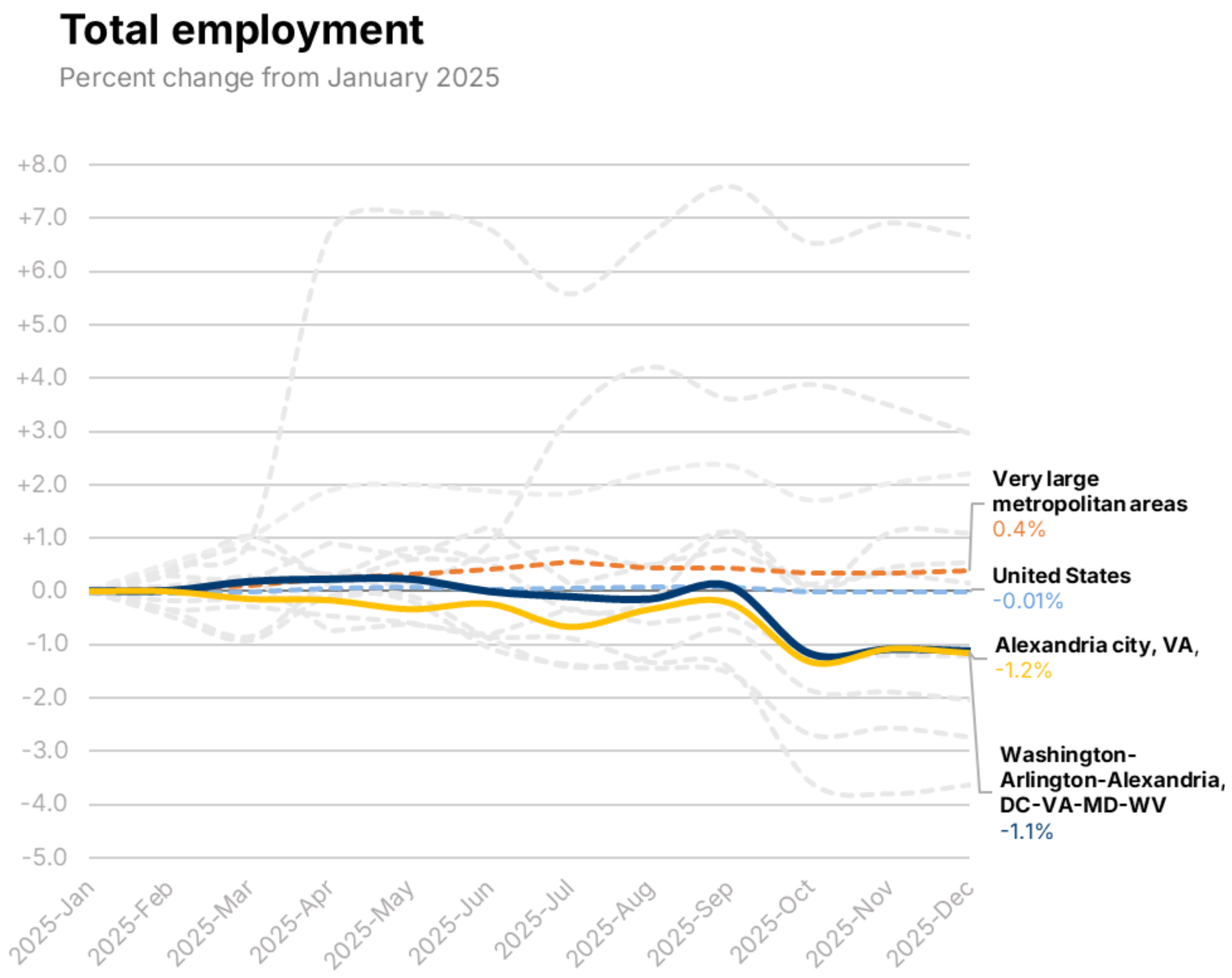
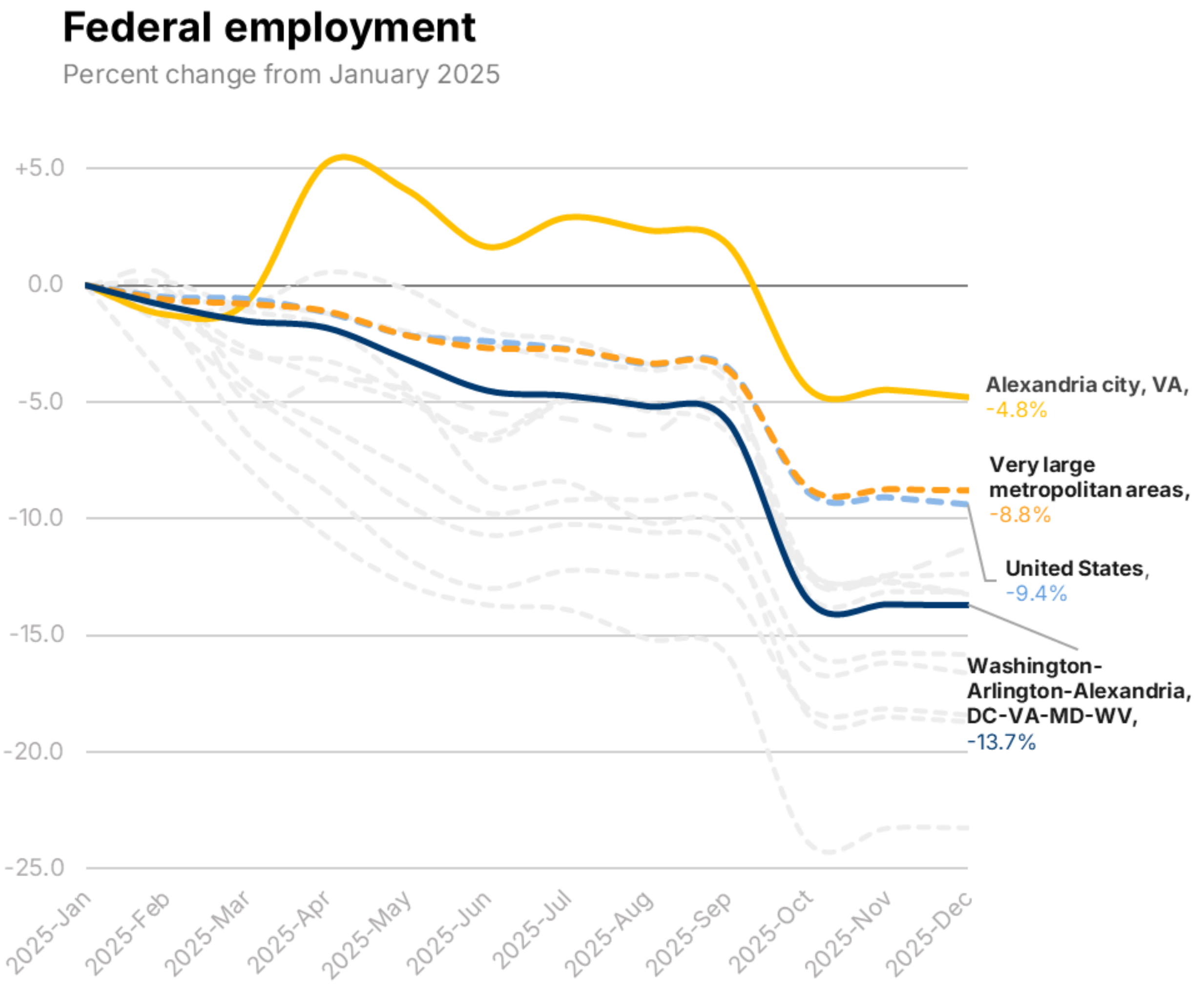
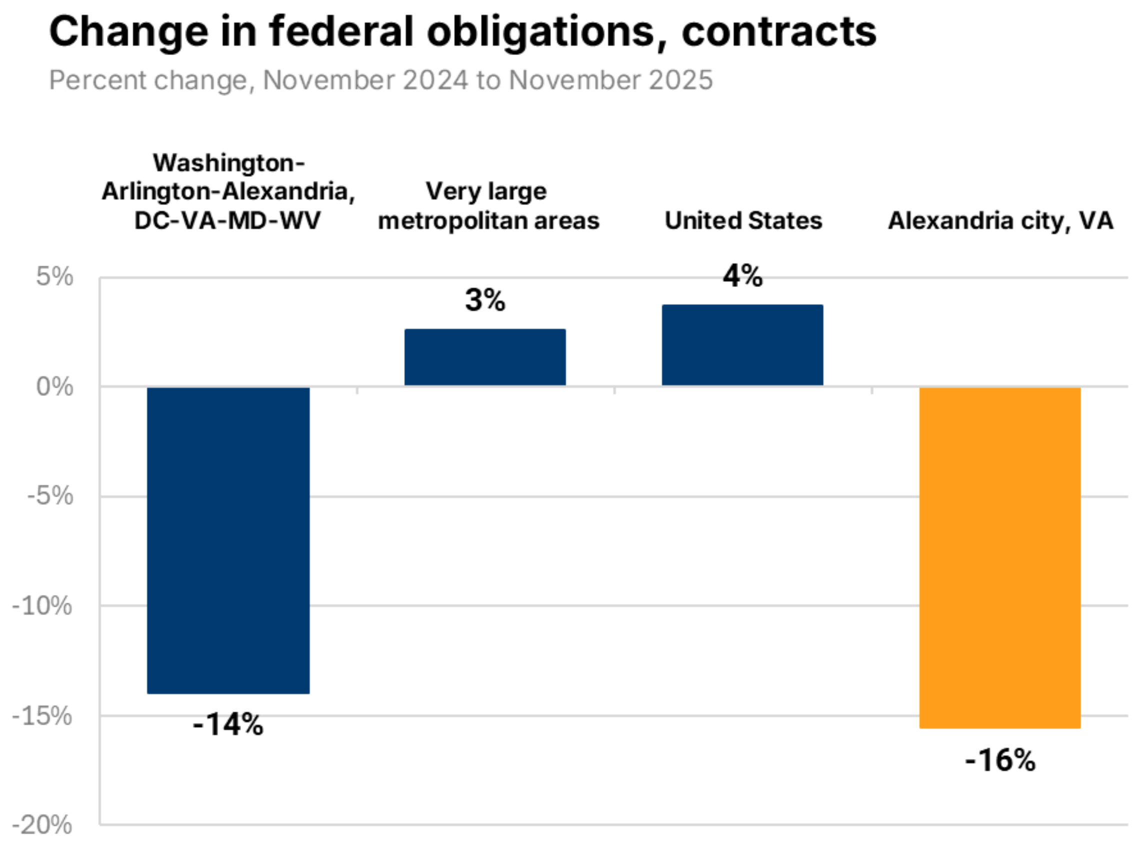
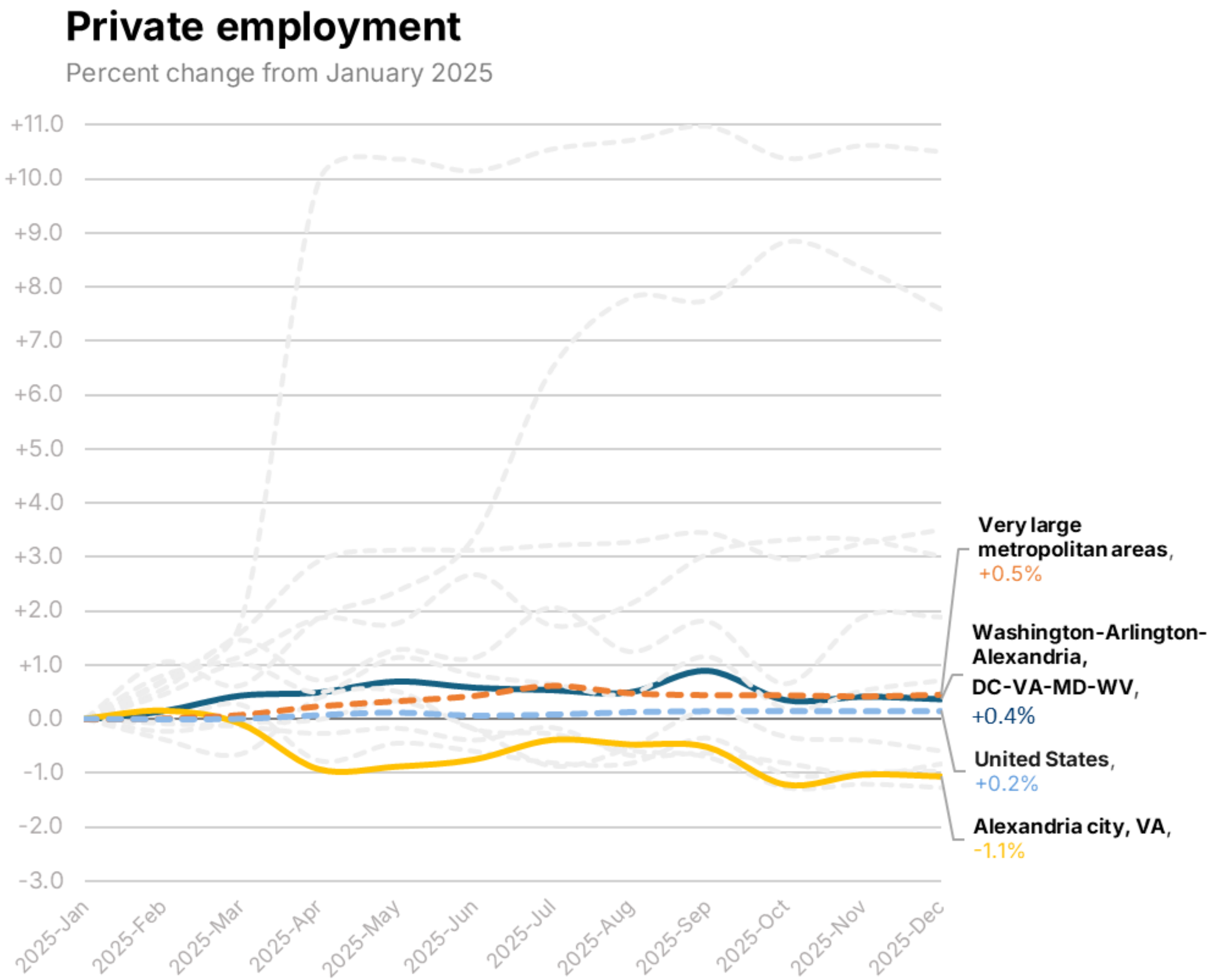
The DMV region has started shedding jobs, driven by federal loss



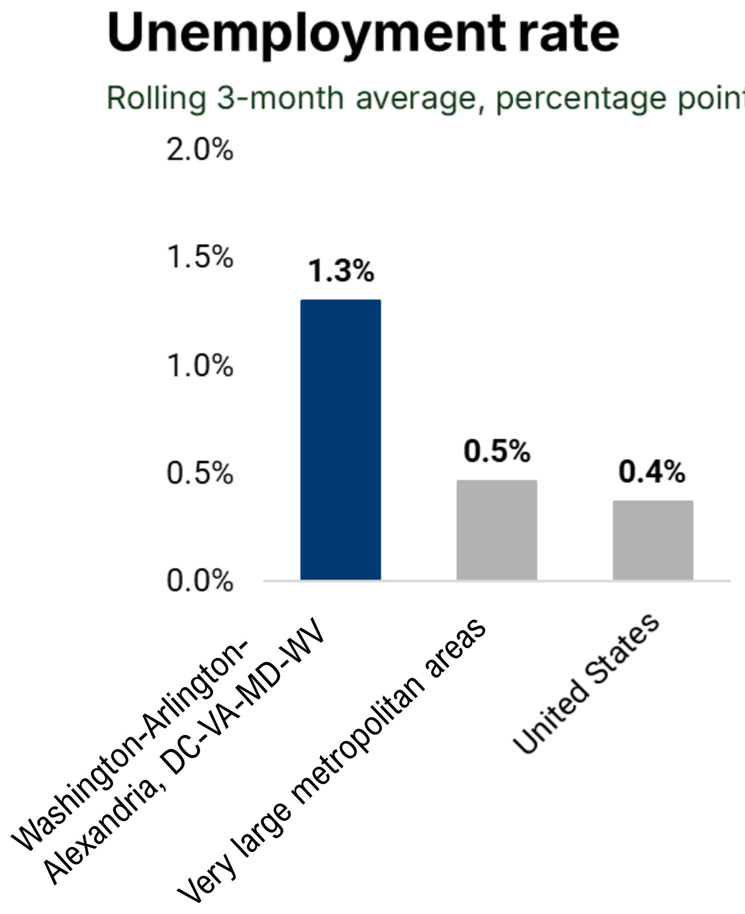


But for the City of Alexandria, the concern is the private sector





As a result, unemployment has surged



Source: *Lightcast and U.S. Bureau of Labor Statistics Local Area Unemployment Statistics*

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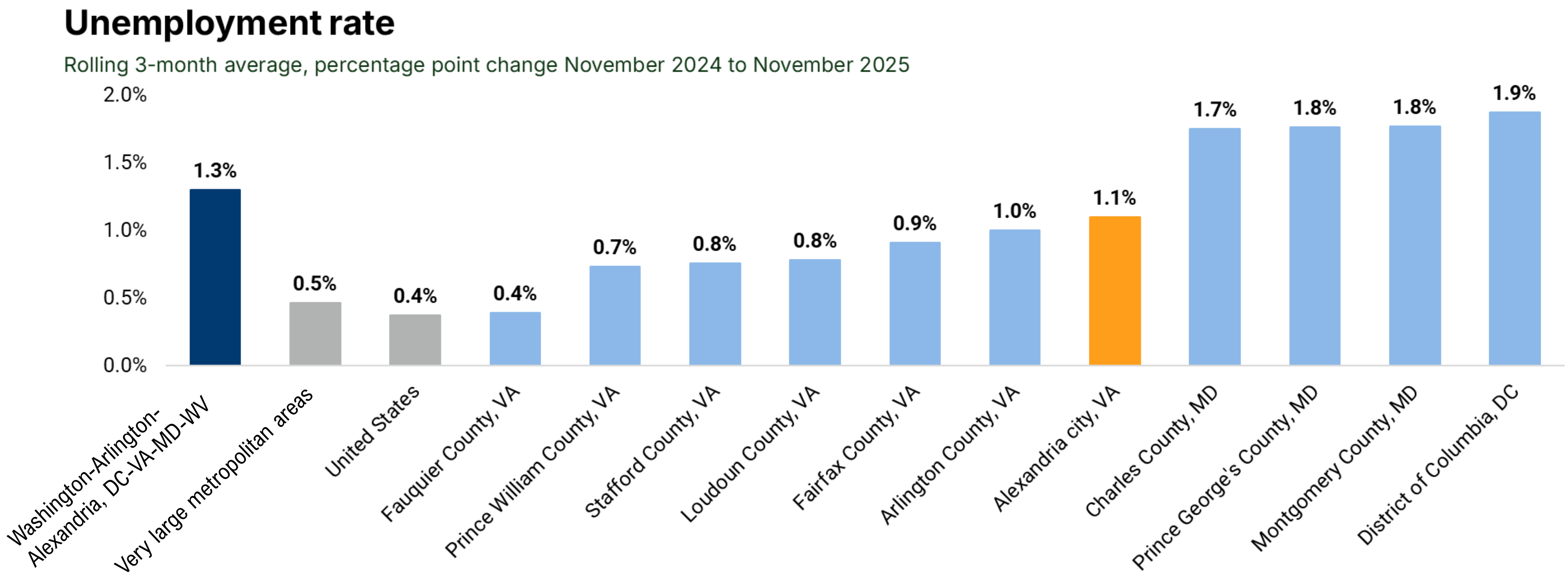
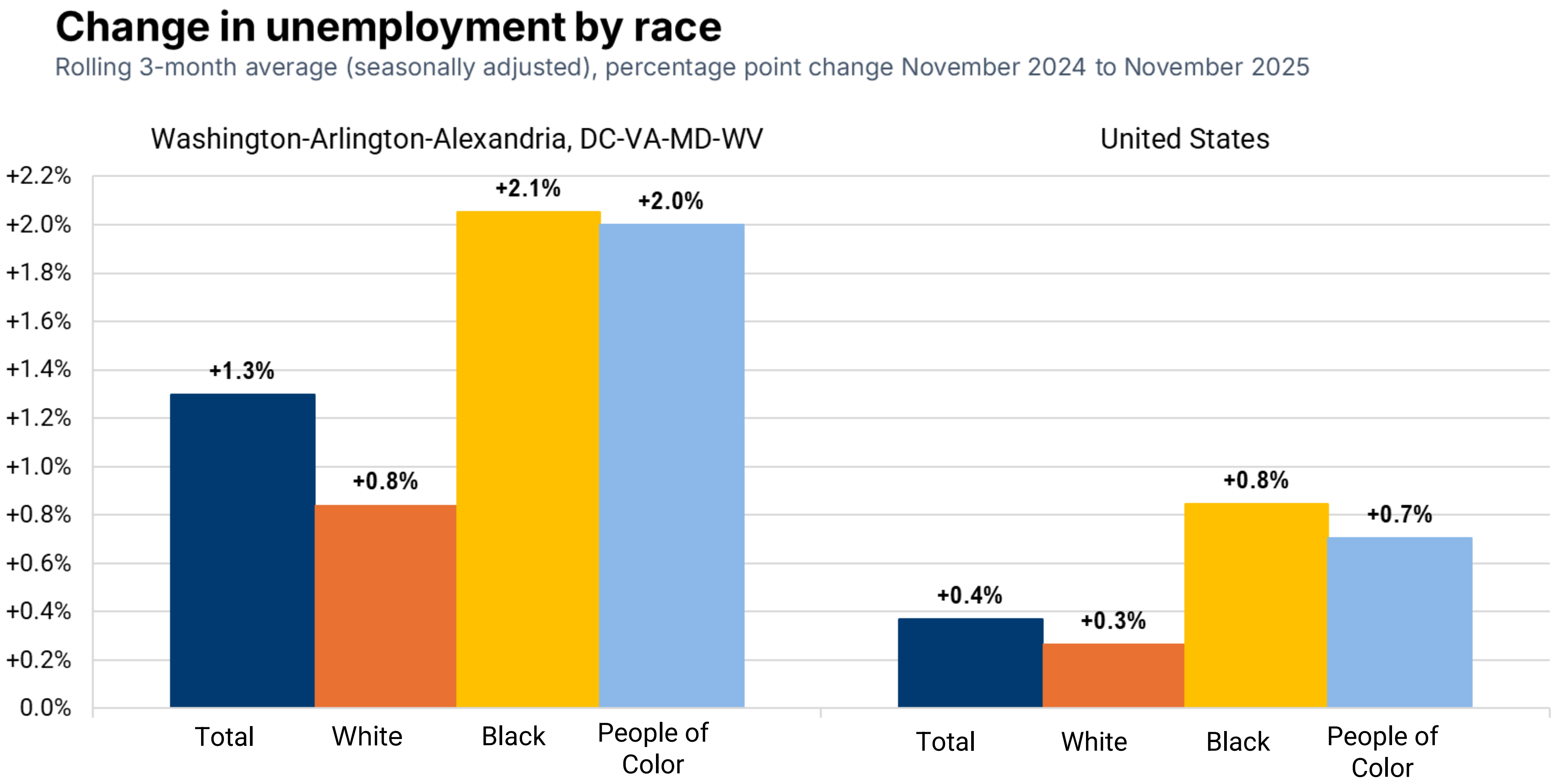


Source: Lightcast and U.S. Bureau of Labor Statistics Local Area Unemployment Statistics

Cumulative job losses hit Black workers hardest



Source: Lightcast and Bureau of Labor Statistics

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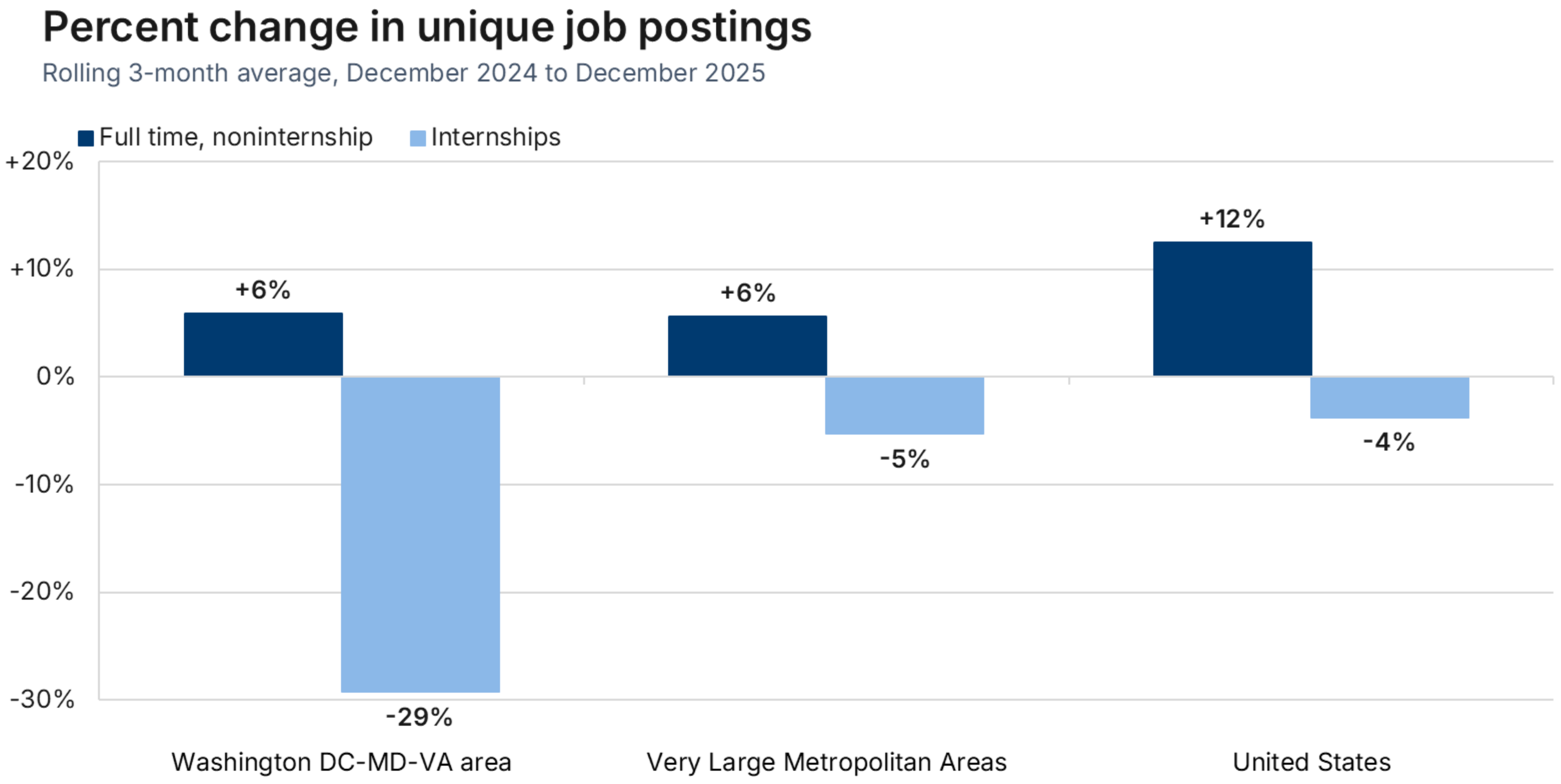
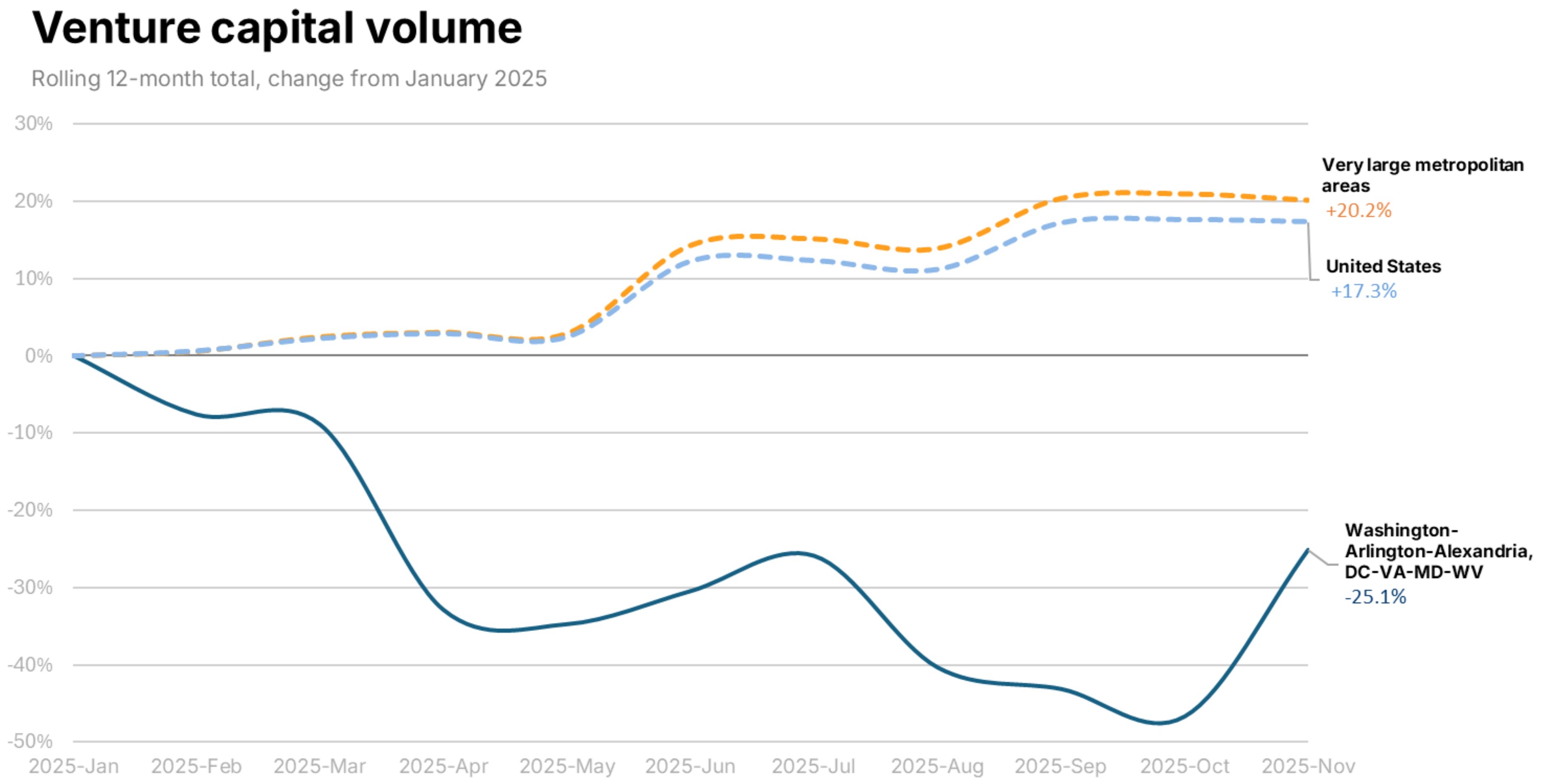
The overall uncertainty has contributed to a more cautious hiring environment in the DMV region, as compared to the nation



Source: Lightcast

That caution has spread to the innovation economy, with venture capital spending down after a boom in 2024



Source: Crunchbase

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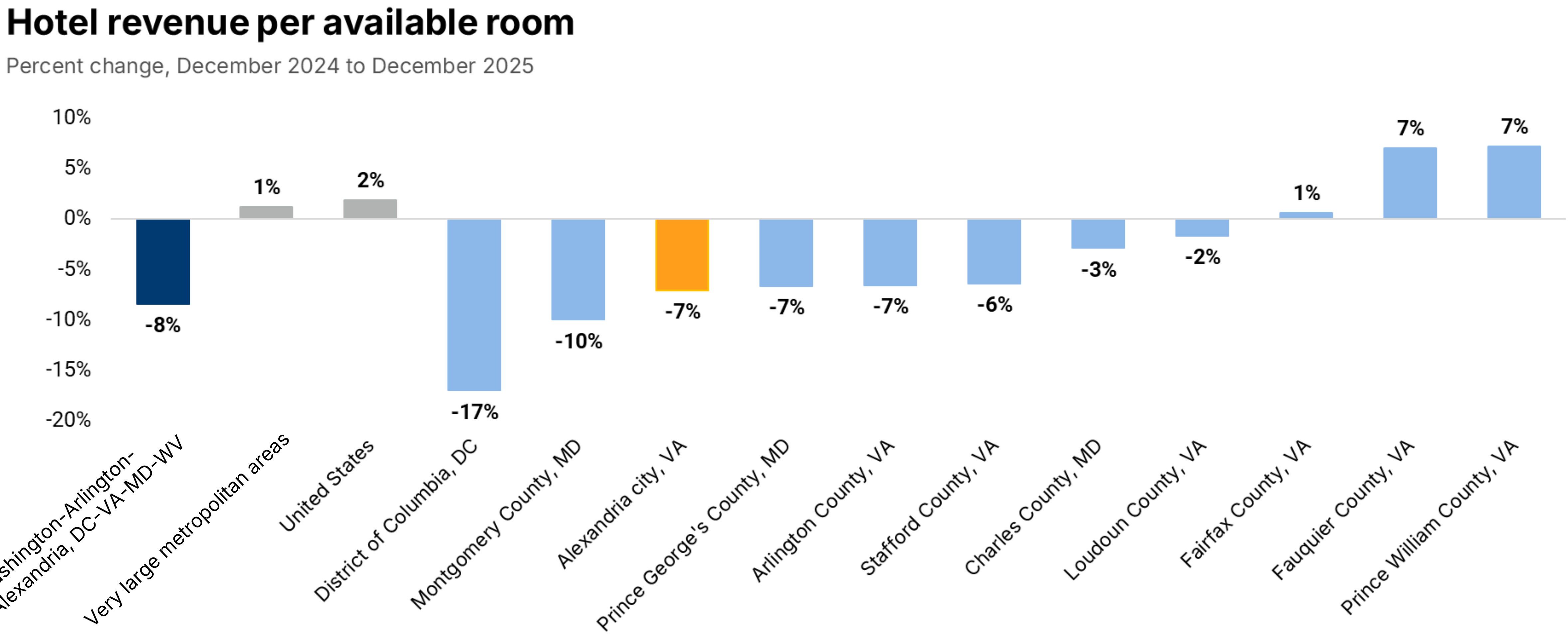
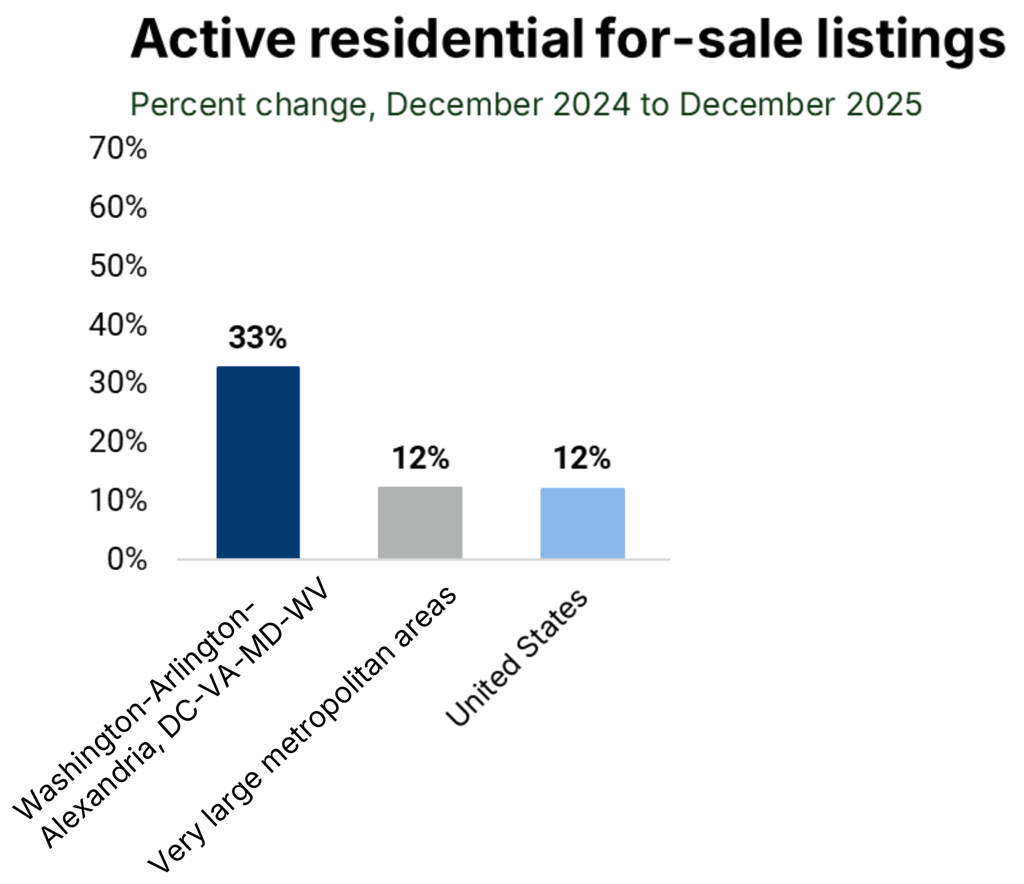
The visitor economy has also taken a disproportionate hit



Are workers leaving? Homes for sale in the DMV have climbed to the highest level since COVID, even as interest rates remain unchanged



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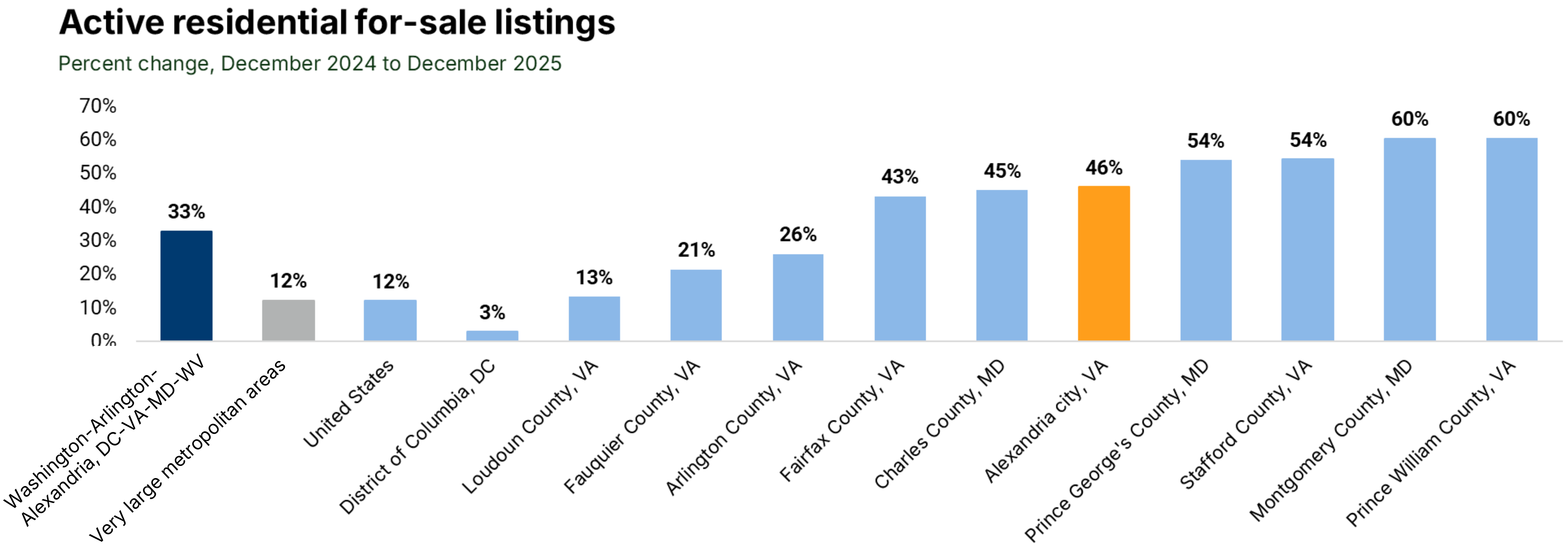
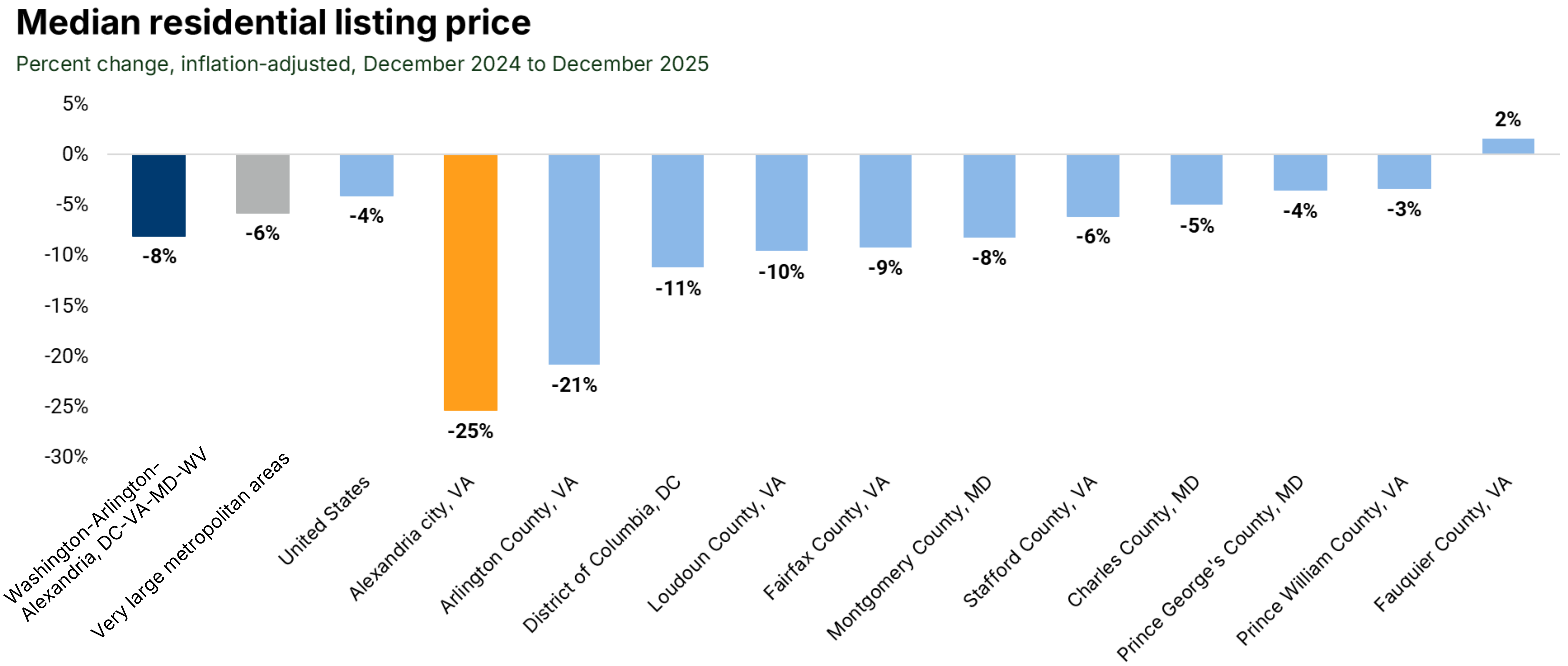


Source: Realtor.com Economic Research

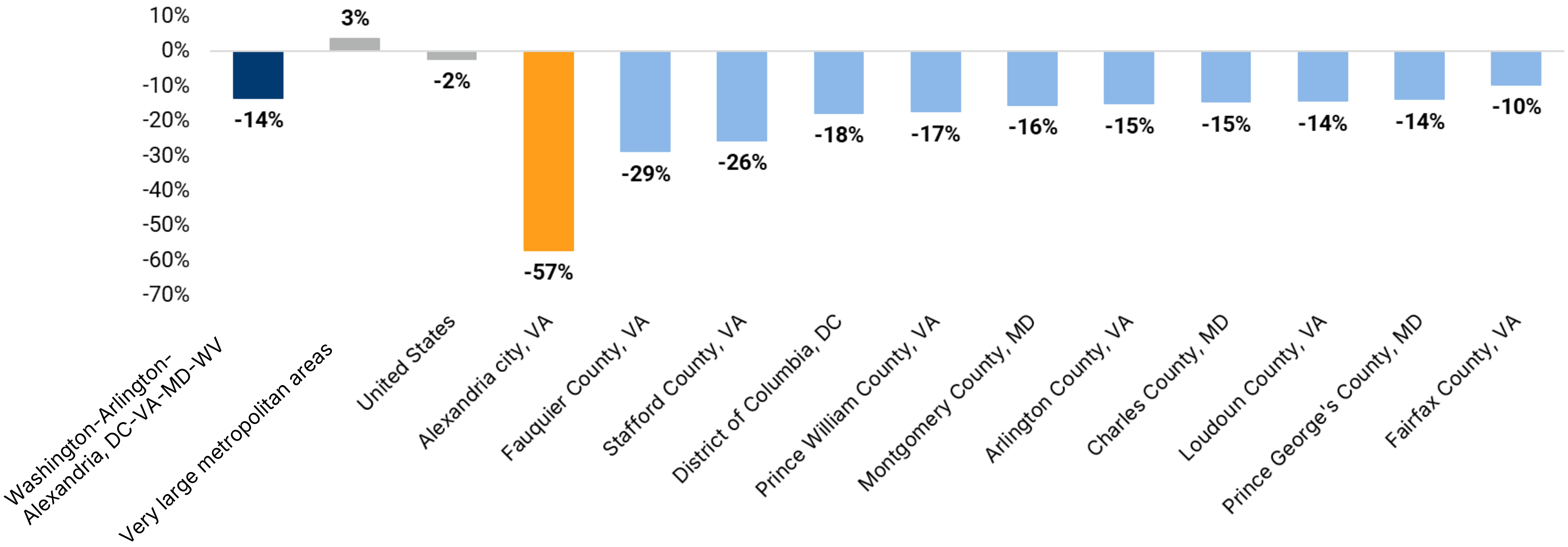
Are workers leaving? Homes for sale in the DMV have climbed to the highest level since COVID



Good news: Crime is down in every jurisdiction in the region since November of last year

Total, all major crimes

Number of major criminal incidents reported per 100,000 people, Percentage change, November 2024 to November 2025



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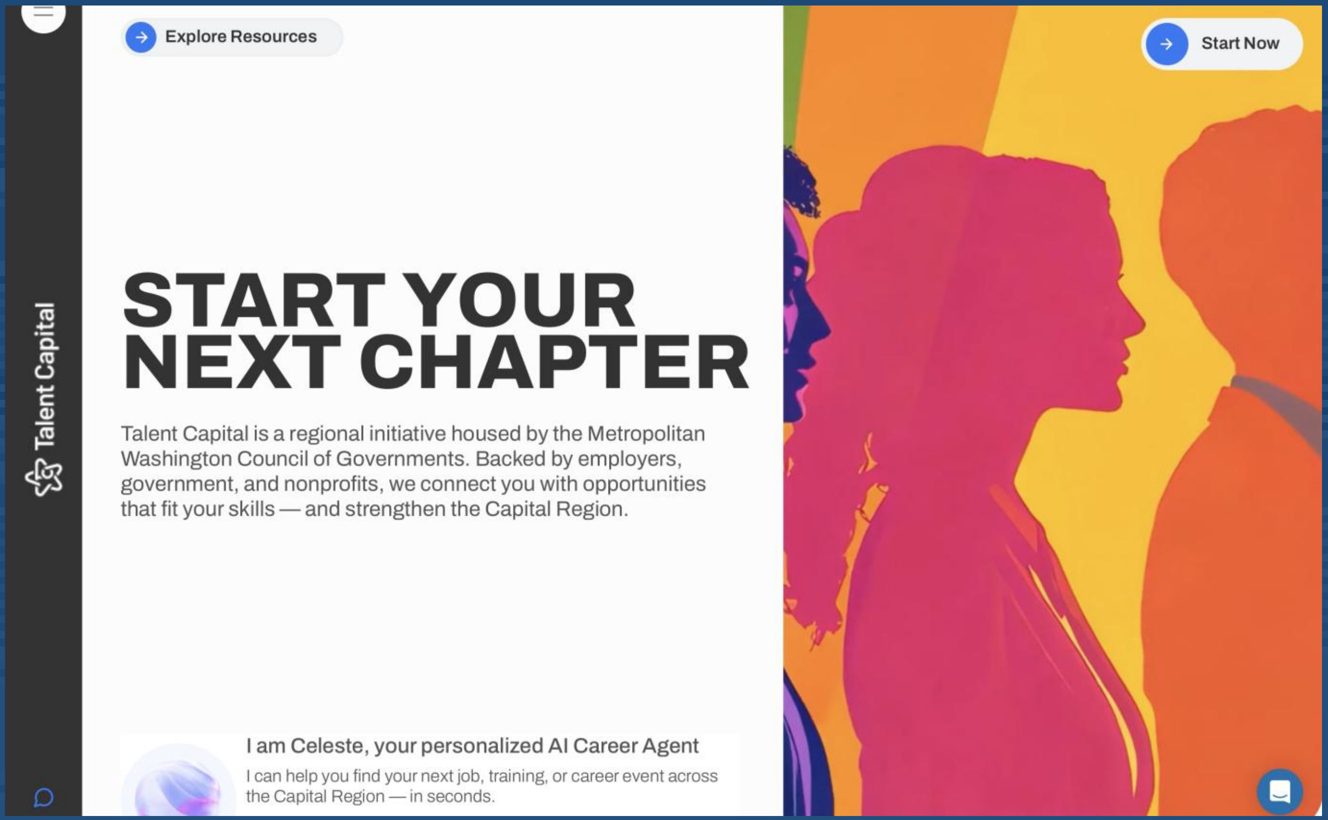
Regional Insights

Talent Capital.AI



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DMV Monitor – key findings for the region

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