

# Community Health Improvement Plan 2025

September 28, 2021



Natalie Talis, MPH

Population Health Manager, Alexandria Health  
Department

Allen Lomax

Chair, Partnership for a Healthier Alexandria



# Starting with Data

The top 10 health issues identified in the City of Alexandria, listed alphabetically, are:



Chronic Conditions



Neighborhood and Built Environment



Economic Stability



Obesity, Nutrition, and Physical Activity



Healthcare Access



Oral Health



Injury and Violence



Sexual and Reproductive Health



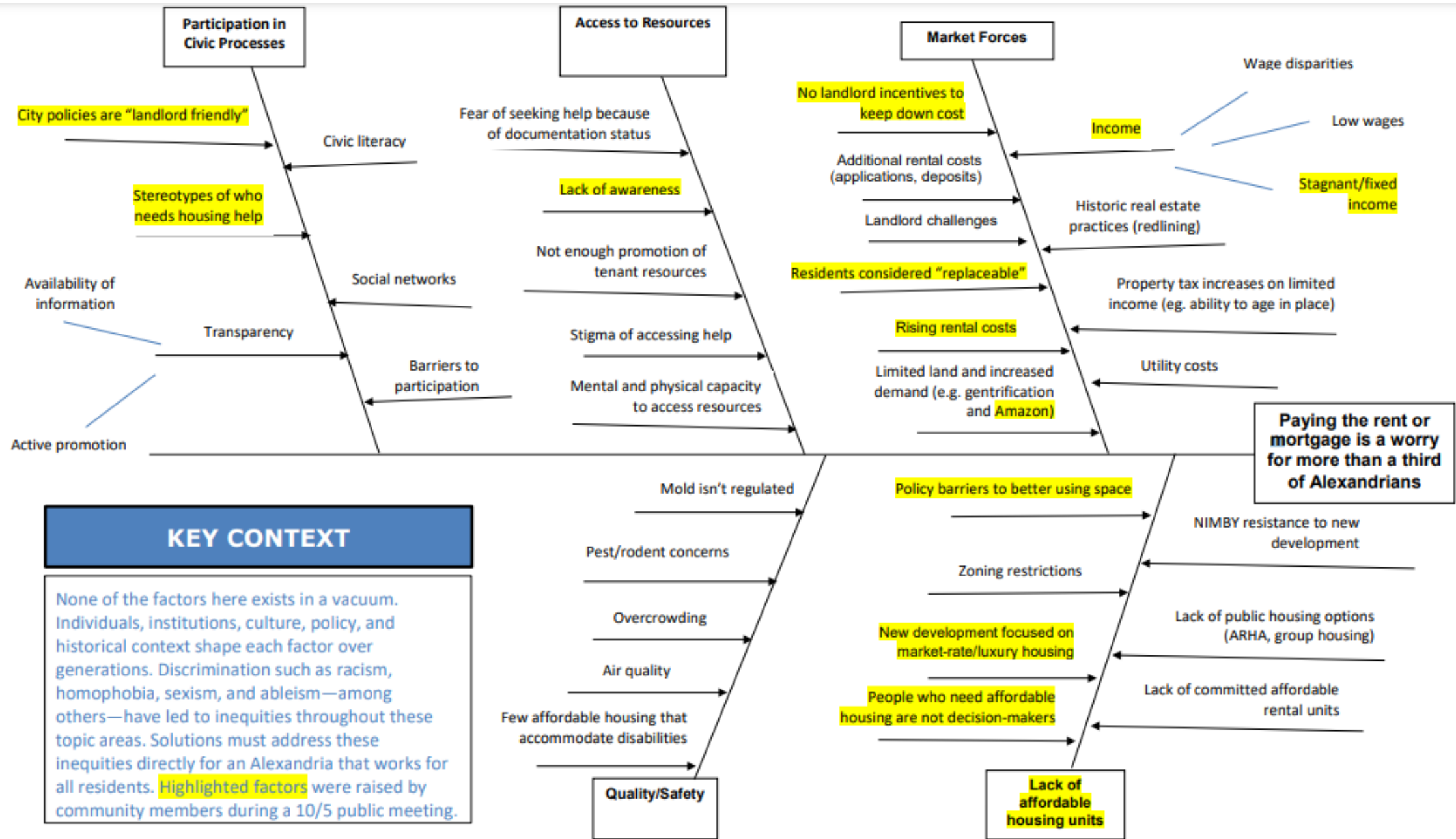
Mental Health



Tobacco and Substance Use

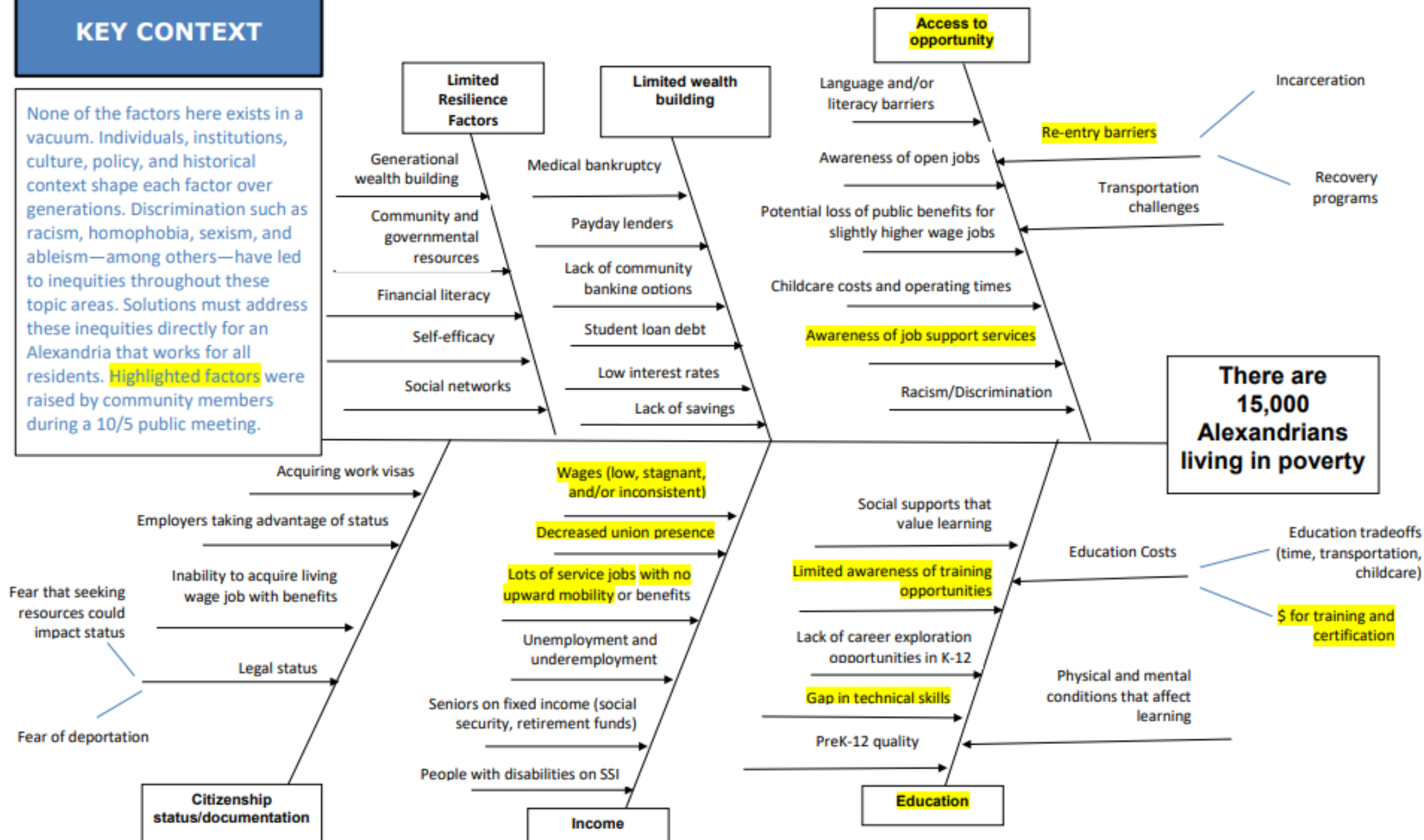
# Community Members Select the Priorities

- Mental health
  - Accessible, culturally appropriate, and normalized
- Housing
  - Affordable, safe, and high-quality housing
- Poverty
  - Wealth building opportunities for all



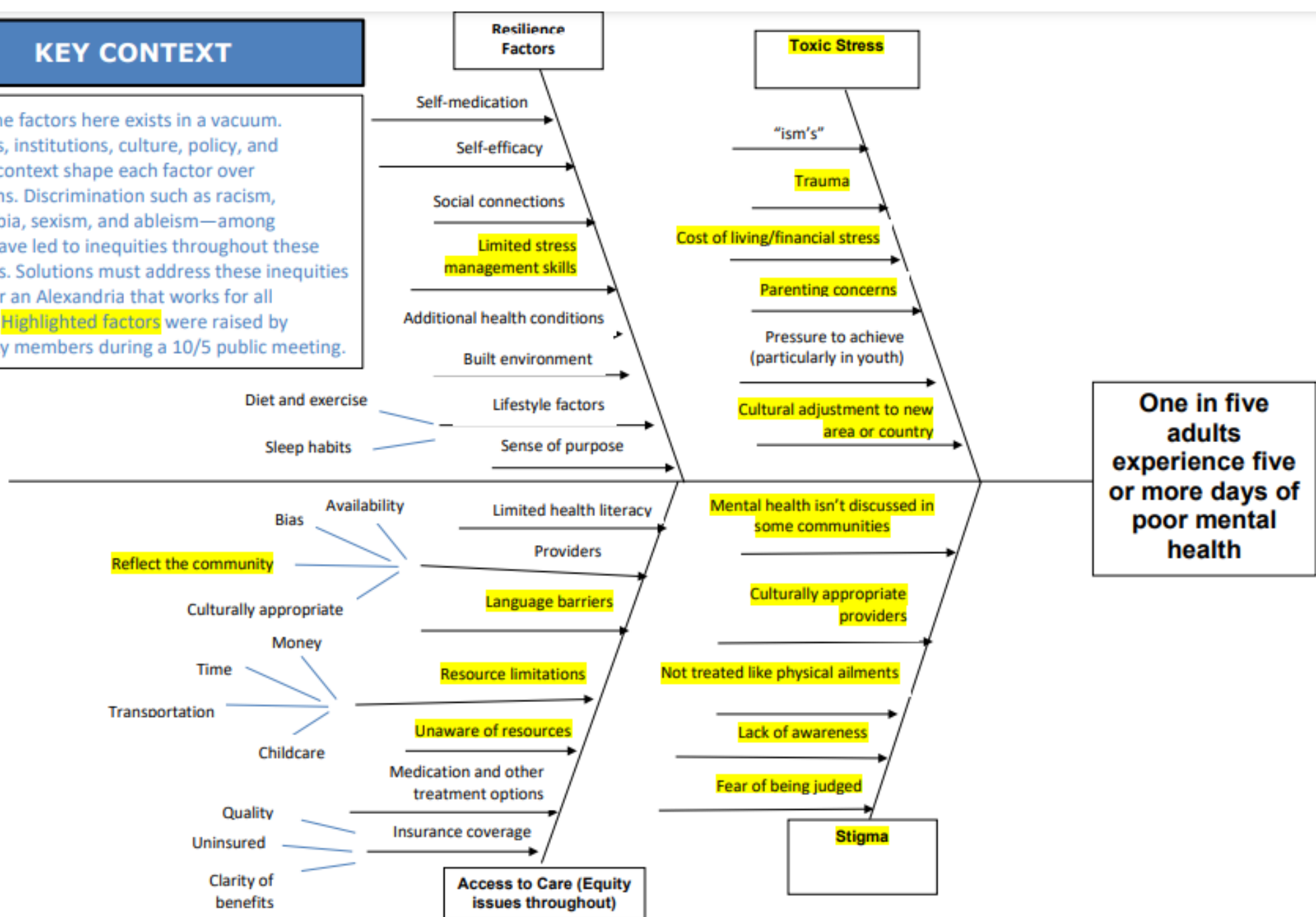
## KEY CONTEXT

None of the factors here exists in a vacuum. Individuals, institutions, culture, policy, and historical context shape each factor over generations. Discrimination such as racism, homophobia, sexism, and ableism—among others—have led to inequities throughout these topic areas. Solutions must address these inequities directly for an Alexandria that works for all residents. **Highlighted factors** were raised by community members during a 10/5 public meeting.



## KEY CONTEXT

None of the factors here exists in a vacuum. Individuals, institutions, culture, policy, and historical context shape each factor over generations. Discrimination such as racism, homophobia, sexism, and ableism—among others—have led to inequities throughout these topic areas. Solutions must address these inequities directly for an Alexandria that works for all residents. Highlighted factors were raised by community members during a 10/5 public meeting.



# Who Was Involved

Hundreds of individuals shaped the CHIP and took ownership

- City agencies
- Business leaders
- Faith leaders
- Civic associations
- Boards and commissions
- Residents
- Nonprofits
- Schools



# Root Cause Solutions

- Mental health
  - Resident mental health education, faith partnerships, funding advocacy, systems and gaps assessment, physical activity
- Housing
  - Eviction prevention, zoning changes, affordable housing funding, offering services by housing, healthy homes coordination, homelessness supports
- Poverty
  - Criminal justice reforms, expanded employment services, digital equity, affordable childcare, increased community banking, living wage policies, wellness hubs



# Next Steps

- Implementation, monitoring, and reporting
- Coordination with Children and Youth Master Plan, and ACPS 2025 Plan
- Adjustments as needed