

AFHS FY 2019 - FY 2021 Funding Recommendations						
Organization	Program Title	Outcome	FY16 - FY18 Funding	FY19 - FY21 Request	FY19 - FY21 Award Amount	Summary
ACT For Alexandria (on behalf of the Quality Collaborative)	Quality Collaborative - Phase 2	1	\$ 88,055	\$ 99,320	\$ 88,055	The Quality Collaborative is an ongoing system-building professional development project that supports the "alignment of, and access to, an early care and education system that prepares young children to enter kindergarten" through improving the quality of teaching that happens in the preschool classrooms serving the city's most vulnerable children. Building on the lessons learned and activities of the Quality Collaborative project (initially funded by the AFHS in 2015), which is a key initiative of the Alexandria Early Care and Education Workgroup (ECEW) 'Common Agenda', this "Phase Two" project of the Quality Collaborative would: (1) Continue the most successful professional development components of the Quality Collaborative pilot project (2) Add components designed to build on the initial Quality Collaborative experiences and the current priorities of participating partner programs. (3) -Be informed by a Professional Development Council (to be established through this project) that would provide ongoing input and feedback on the direction of professional learning experiences for a broader set of professionals than the original project partner organizations.
Alexandria Housing Development Corporation	Resident Services Program - Health and Wellness	4	\$ -	\$ 75,000	\$ -	The Alexandria Housing Development Corporation (AHDC) proposes to provide access to health and wellness opportunities for residents of its current and future properties, by: (1) providing free produce and activities from our onsite community gardens, (2) facilitating gym access with low cost memberships, and (3) organizing health and wellness education (i.e., smoking cessation, diabetes intervention, and healthy cooking). As an affordable housing provider, AHDC has a unique opportunity to partner with their residents and provide these services. This program will serve Alexandrian families making less than 80% of the area median income (AMI), though half of AHDC residents make less than 40% AMI. AHDC anticipates serving 101 people in FY19 (July 2018-June 2019) and 195 people in FY20 and FY21. Services will be located either on AHDC properties, or at the appropriate fitness center.
Alexandria Seaport Foundation	Apprentice Program	1	\$ 16,250	\$ 30,000	\$ -	The Apprentice Program is a workforce development apprenticeship for at-risk young adults between the ages of 18-22 who are in need of purpose and direction. Through the building of wooden boats and adult mentoring, apprentices gain career, life and academic skills important to becoming motivated and successful adults. This hands-on job training program uses a four-level achievement tracking system and takes approximately 6-8 months to complete, depending upon the individual needs of the apprentice. The Apprentice Program is located on Alexandria's waterfront adjacent to Founder's Park in the James McIlhenny Seaport Center.

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ALIVE!	ALIVE! Food and Emergency Financial Assistance Project	5	\$ 30,000	\$ 50,000	\$ 30,000	ALIVE! is the oldest and largest private safety net for individuals and families living in poverty and with hunger in the City of Alexandria. Through the Food and Financial Emergency Project, ALIVE! provides emergency and basic needs support to thousands of children, families and individuals facing crises each month. ALIVE!, the largest food provider in Alexandria, feeds over 2,500 people each month through four assistance programs: (1) Last Saturday Food Distribution, a mass food distribution held at three sites in the City, 11 months a year, provides 5-day supplies of food; (2) The Home Deliveries Program provides 3- to 5-day supplies of food, Monday through Saturday, to seniors, individuals with disabilities and low-income households; (3) The School Weekend Food Program, operated in partnership with Alexandria City Public Schools (ACPS), provides weekend supplies of supplemental food for children living with food insecurity and their families during the academic school year; and the Partners Program provides community-based partners with food each week for on-site distribution. For Alexandrians in crisis or facing emergency financial situations, ALIVE! provides monetary assistance for rent, utilities, medical and other urgent needs. Referrals for financial assistance are received on the 1st, 11th and 21st of the month, 12 months per year.
Arm & Arm Inc.	Arm & Arm 2.0	4	\$ -	\$ 86,747	\$ -	Arm & Arm is a non-profit that provides holistic "mind-body" services to returning citizens and veterans as they re-enter society. Delivered during high-risk transition periods, the goal is to truly change individuals view of themselves, their families and their communities. This is accomplished by addressing thinking, behavior, past trauma, and helping to improve resilience by using leading edge Cognitive and Somatic recovery techniques that can be self-sustained over time. The approach is peer-led to ensure engagement, and provides ongoing support post-release to help members stay the course. Arm & Arm currently serves the District of Columbia, Maryland and Virginia (DMV). Through peer-to-peer training, and exemplifying the importance of ongoing personal involvement, Arm & Arm prepares participants using various evidence-based techniques including Rational Emotive Behavior, Criminal Thinking Errors, Self-Analysis, etc. These self-empowering tools help participants begin to separate constructive from destructive values by looking at where they came from and why one acts or feels a particular way in certain conditions and under certain circumstances. Arm & Arm 2.0 focuses on the core values of Arm & Arm which are Transparency, Empathy, and Love. Arm & Arm's unique post transition groups further empower participants to use learned knowledge, skills and abilities when faced with life's challenges.
Best Buddies Capital Region	Best Buddies Middle School and High School Project	2	\$ 10,000	\$ 10,000	\$ -	Best Buddies provides opportunities for friendship, leadership and inclusion for children and adults with intellectual and developmental disabilities. The Best Buddies Alexandria Middle and High School Project proposes to serve a minimum of 60 Alexandria households, with a focus on friendship, training, and inclusive activities. The program will match 20 students in one-to-one friendships and 50 students will attend inclusive school-based and community events.

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Boys & Girls Clubs of Greater Washington - Dunbar Alexandria-Olympic Branch	Project Learn	2	\$ 22,965	\$ 48,000	\$ 24,698	The Dunbar Alexandria-Olympic Branch of Boys & Girls Clubs of Greater Washington (BGCGW) proposes to continue to implement "Project Learn," a successful strategy to develop responsible behavior in at-risk youth through positive role models and a comprehensive blend of evidence-based programs including Power Hour, Goals for Graduation, SMART (Skills Mastery and Resistance Training) Moves, SMART Girls, Passport to Manhood, Torch and Keystone Clubs, and Triple Play/Healthy Habits. These programs address academic performance and dropout rates, teen pregnancy, and gang involvement, promote positive youth development and leadership, and address youth fitness and health issues.
Brain Injury Services	Comprehensive Services for Survivors of Brain Injuries in Alexandria	5	\$ 26,058	\$ 50,360	\$ 26,058	Brain Injury Services provides community-based case management, education and support to adults living with brain injuries. Through case management, these survivors will be assisted in utilizing and coordinating all available programs in the community along with the unique programs provided by Brain Injury Services. As a result, these residents will be assisted in living safely, stably, healthfully, productively and as connected to the community as possible.
Bridges to Independence	Alexandria Rapid Re-Housing Program (formerly Alexandria Adopt-A-Family Program)	5	\$ 30,000	\$ 44,930	\$ 32,264	The Rapid re-Housing Program focuses, Housing First model, with no barriers to entry. The goal is to permanently house individuals and families as quickly as possible with a level and duration of support that is tailored to meet the needs of each client. Program activities include: (1) Housing Stabilization Case Management. Our community-based case management services include connection to mainstream benefits, housing identification and landlord mediation, financial assistance, and referral to community resources. (2) Housing Identification. Through the agency's partnerships with landlords in the community, families are able to secure and maintain a lease in their own names, which assists them in establishing a foundation for good rental history and credit. (3) Move-in and Rental Assistance. Move-in and rental assistance helps cover the cost of moving participant families into permanent housing, including utility and security deposits, rental arrears, and rental subsidies. (4) Employment Services. The Bridge to Work Program focuses on helping participants achieve career-oriented employment that will provide them upward mobility. By improving their career prospects, participants will be better positioned to earn higher wages, be less dependent on public assistance, and become economically self-sufficient.

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Bridges to Independence	Pathways to a Better Future - Creating Tomorrow's Citizens Today	2	\$ 17,186	\$ 25,118	\$ 18,483	The Pathways to a Better Future Program proposes to engage 25-30 vulnerable Alexandria youth (ages 13-21) in the following out-of-school time activities: (1) Monthly educational workshops on topics selected by the youth (e.g. time management, career exploration, public speaking, and CPR training) in a supportive, peer-led environment. (2) Four group service projects which benefit the local community and teach youth the importance of giving back. (3) Bridges Runs, a weekly running club which helps youth train for and run in local 5K races, while they learn how to set and achieve health/fitness goals. (4) Two 4-H overnight retreats and other 4-H activities designed to teach decision-making, leadership and responsibility. 5. A structured job shadowing program or internship, imparting youth with important career and workplace knowledge. Together, these activities comprise the Bridges to Independence/4-H "Youth Leadership Academy." The program has seen over the past four years, this program leads youth to make tremendous strides in self-esteem, leadership skills, goal-setting and confidence.
Capital Youth Empowerment Program	Fathers in Touch	5	\$ 30,418	\$ 55,000	\$ -	Capital Youth Empowerment Program's (CYEP) Fathers in Touch (FIT) program addresses the fatherless home and the factors associated with child abuse and neglect. FIT's target population are fathers aged 15 and older who are victims and/or offenders in abuse and neglect cases, domestic violence cases, child protective services, custody battles, substance abuse treatment and child support cases within the purview of Alexandria's court systems and Department of Community and Human Services (DCHS). Fathers can volunteer for FIT, but they are typically mandated to attend the program through the court system. The FIT program utilizes a comprehensive combination of classroom learning, one-on-one coaching and supervised visitation activities to achieve the desired outcome, a reduced risk for abuse and neglect. FIT also utilizes evidence-based best practices including culturally appropriate teaching methods and materials, high staff-to-participant ratio, and well-defined goals determined by pre and post inventory surveys.
Capital Youth Empowerment Program	Project Success	2	\$ 19,608	\$ 34,000	\$ 19,608	Capital Youth Empowerment Program's (CYEP) Project Success is a comprehensive teen pregnancy prevention, HIV/AIDS and Sexually Transmitted Infection (STI) risk reduction program that promotes positive youth development and healthy lifestyle choices for students. Project Success uses the evidence-based curriculum, Be Proud!, Be Responsible! which is predicated on the belief that in order to elicit behavior change, adolescents need information and a perception of personal vulnerability coupled with the skills and confidence to make responsible decisions about their safety. Project Success will be administered at Northern Virginia Juvenile Detention Center, Sheltercare Program facility, the Alexandria Boys and Girls Club, the Alexandria Department of Recreation, Parks and Cultural Activities community center (site to be determined), TC Williams High School and Community Lodgings. Project Success is administered after school hours between the hours of 3:30-9:00PM on Tuesday, Wednesday or Thursday of each week. Groups meet two times per week for 1-1.5 hours each session for three weeks, for a total of approximately nine hours per Project Success course. The exact day and time is coordinated with each site. Each Project Success group is comprised of approximately 5 to 15 youth; for FY19, Project Success proposes to serve 75 Alexandria youth.

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Carpenter's Shelter	Emergency Shelter and Post Shelter Support Programs	5	\$ 58,000	\$ 102,366	\$ 58,000	Carpenter's Shelter supports the homeless in the City of Alexandria to achieve sustainable independence through shelter, guidance, education and advocacy. Last year, our Emergency Shelter provided 241 homeless families and single adults with integral services and resources that enable them to become self-sufficient and achieve permanent housing. With ongoing services through our Post Shelter Support program, 95% of the 149 shelter graduates remained permanently housed for at least a year following their shelter stay. This is done through individualized case management, education and employment programs, and housing services. In FY2019, Carpenter's Shelter anticipates serving 230 people in the Emergency Shelter and 135 in the Post Shelter Support programs. During the majority of the grant period, Carpenter's Shelter will operate from a temporary location at Landmark Mall due to the redevelopment of our current shelter property. Though the organization will be in a different space for two of the three years, the full array of services will remain constant.
Carpenter's Shelter	Mental Health Support Program	4	\$ -	\$ 98,413	\$ 49,207	Carpenter's Shelter supports homeless and formerly homeless individuals and families in achieving and maintaining permanent housing. In recent years, approximately 83% of clients that that organization interacts with through its various shelter programs show signs of or self-report mental illness, severe substance abuse, or both. Carpernter's Shelter also operate under the assumption that if someone is homeless, he/she has experienced trauma. Because the vast majority of our clients are in need of mental health services, it is apparent that resources on-site are needed in order to best meet the needs of those the organization serves.
Catholic Charities Diocese of Arlington	Christ House	5	\$ 35,913	\$ 60,000	\$ -	Catholic Charities Christ House serves homeless and low income individuals and families in Alexandria. Its staff and programs strive to reflect the Church's teaching on social justice, honoring and respecting the dignity of each individual. Christ House runs a transitional housing program for homeless men. The program has a work requirement; all residents must be willing to gain and keep employment. The housing program focuses on individualized workforce and career development and psychological reinvigoration and personal growth with the aim of helping participants obtain the self-knowledge and workplace skills for long-term employment, social success and self-sufficiency. Christ House also runs a nightly evening meal. Hot, nutritious meals are served for up to 90 people 365 days a year. Dinner guests include single men, single women, families with children and seniors. Many homeless individuals count on the evening meal for their main meal of the day. Other individuals and families whose incomes are not enough for them to sustain themselves count on the supplement of the Christ House evening meal to help them maintain their housing. Christ House also houses a Catholic Charities emergency assistance office and takeout food pantry which serve hundreds of additional Alexandria Residents in need.

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Catholic Charities of the Diocese of Arlington	St. Martin de Porres Senior Center	5	\$ 19,250	\$ 19,250	\$ 19,250	St. Martin de Porres Senior Center provides culturally sensitive activities and services that support clients with basic needs such as recreation, socialization, congregate meals, food commodities, ESL classes, exercise, health education, nutritional education, blood pressure checks, intergenerational visits, arts/crafts and painting classes, field trips, volunteer opportunities, educational presentations, weekly outings and assistance obtaining basic social services.
Center for Alexandria's Children, Inc.	Children's Advocacy Center - CAC	5	\$ 17,000	\$ 17,000	\$ 14,450	A Child Advocacy Center (CAC) is a unique program in any community and is a nationally recognized model in use in more than 800 communities. Previously, following a disclosure or allegation of abuse, the child, sometimes in the company of the alleged perpetrator, was taken from agency to agency in the community's child welfare and law enforcement systems for multiple interviews. Interviews by people without specialized forensic training often confused, frightened, and further traumatized the child. Cases fell through the cracks. There was a better way. The CAC model brings the system to the child through a partnership. A Multidisciplinary Team (MDT) of professionals (staff and decision-makers in child welfare, law enforcement, prosecution, victims' advocacy, mental health, and medical services) coordinate their work from a single, safe, child-friendly facility in which the safety and comfort of the child is paramount. The CAC process, led by the non-profit Center's staff experts, follows the child from disclosure or allegation through crisis response, investigation, and case adjudication to resources and referrals to help the child and family heal and prevent recurrence.
Center for Alexandria's Children, Inc.	Learn & PlayGroup Program	1	\$ 13,500	\$ 15,000	\$ 11,475	Increasingly, research and experience show how family strengthening activities and interventions early in a child's life are important for success in school as well as later in life. In recognition of this and in hand with the mission of preventing violence against children, the Center for Alexandria's Children (CAC) started hosting playgroups shortly after we opened our doors. (CAC) launched a city-wide Playgroup Initiative in 2009 in partnership with the City of Alexandria, the Giving Circle of Alexandria and ACT for Alexandria with the goal of increasing parent knowledge, skills and involvement in order to strengthen families and enhance early child development within vulnerable populations in the City. The current Learn & Play Group program operates weekly, providing children 0-5 (accompanied by their parents and/or caregivers) with developmentally appropriate, play-based learning experiences. The program is unique and innovative in its focus on caregiver-child-community attachment, fostering positive parent/child relationships and interactions; connecting parents with community resources; providing information about child development and positive parenting strategies; and building supportive relationships among parents as well. The LPG program therefore supports multiple goals ranging from increased parenting knowledge to increased community and civic engagement, as well as decreased isolation of families and child abuse reports in the longer term.

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Child & Family Network Centers (on behalf of the Alexandria Child Care Directors Association)	FAMILY SUPPORT PROJECT	1	\$ 178,500	\$ 305,709	\$ 178,500	Family Support Workers provide culturally competent, comprehensive supportive services addressing the individual needs of families. Services include home visits; developmental and health screening; individual, family and group counseling; social skills groups; play therapy; parent education; advocacy; case management; support in addressing family issues (i.e., need for housing, financial help, information on job training); and linking families to the available network of community services.
Child and Family Network Centers	Preschool Program	1	\$ 225,250	\$ 257,200	\$ 225,250	The Child & Family Network Centers (CFNC) provides caring, high-quality, free early education and related services to at-risk children and their families in their own neighborhoods in order to prepare them for success in school and life. CFNC operates eight preschool classrooms at five sites in Alexandria's poorest neighborhoods, including the West End and Arlandria. CFNC proposes to serve 138 four-year-old children and their families annually who live at or below 250% of poverty ; the vast majority (74%) live at or below 130% of the federal poverty line. The school year runs from September to June, and our classrooms are open from 8:00am to 3:00pm, with optional aftercare from 3:00pm to 6:00pm. CFNC preschools are accredited by the National Association for the Education of Young Children (NAEYC). CFNC's students carry all three major risk factors for kindergarten failure: they live in poverty; they live in households where both parents have less than a high school education; and they have parents who speak limited English or do not speak English at all. CFNC's programs neutralize these risk factors so that learning can occur, laying the groundwork for robust academic achievement later in life.
Community Lodgings	Community-Lodgings' Youth Education Programs	1	\$ 37,500	\$ 50,000	\$ 37,500	Community Lodgings (CL) proposes to provide after-school, mentoring, and summer programs in the Arlandria section of Alexandria, zip code 22305, across three sites for approximately 150 students from 1st through twelfth grades. The programming will be based on the school curriculum providing expert support to students on literacy skills and science, technology, engineering and math while providing social, emotional, and physical support to the students.
Community Lodgings	Transitional Housing Program for Homeless Families	5	\$ 22,000	\$ 40,000	\$ -	Community Lodgings' (CL) Transitional Housing Program provides subsidized housing and supportive services to homeless families in the City of Alexandria. The program is designed to help families learn the skills needed to live independent lives and can accommodate six homeless families at a time for up to two years. Services offered include budget mentoring, therapy, employment counseling, GED tutoring, parenting classes, financial education classes and a variety of life skills workshops on topics such as budgeting, nutrition, stress management and household management. Residents pay a program fee of 30% of their monthly income and put aside an additional 5% in savings each month. A case worker assists families to develop an individual service plan with goals for self-sufficiency in key areas including education, employment, child care, transportation and family stability. Weekly case management meetings ensure that clients are progressing forward with their goals. As part of the road to independence, CL requires adults in the Transitional Housing Program to attain or maintain full-time employment. An employment counselor works with families to conduct job searches, complete applications and practice job interview techniques. The ultimate goal is for families to exit the program within two years and move into permanent housing.

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Computer CORE	Career & Educational Pathways to Economic Security	3	\$ 14,040	\$ 22,500	\$ 14,040	This Computer Core program trains low-income City residents in basic computer and job seeking skills. The organization is unique in that its program is part-time, so the working poor as well as the unemployed are served. Computer Core also provides individualized training/support, so we serve those in need from diverse professional/educational backgrounds - with a goal to help move all onto a career pathway that will be sustainable for long-term economic security.
Concerned Citizens Network of Alexandria (CCNA)	Reach and Rise for Excellence (RARE)	1	\$ 29,250	\$ 112,000	\$ -	Established in 2011, RARE is a after-school mentoring and tutoring program serving Alexandria's primarily west-end at Hammond and TC Williams students focused on low academic achievement and high dropout rates among male and female African American, Latino and other ethnicities ages 12-18. Students meet at Hammond M-Th for 2 hrs after school (3:15 pm-5:15 pm), focusing on: Academic Achievement, Leadership Development, Cultural Education and Parent Involvement. For the new grant, we are expanding our program to provide students starting at the 9th & 10th grade, as after-school and 1-2 weekend support at TC Williams. RARR proposes to provide services for 60-65 student current and new students up to the 12th & engage parents to obtain the best outcomes for career-ready and/or college-ready. The after-school meal (snack) provided is vital to many students. The certified teachers along with industry skilled volunteer tutors and former (retired) teachers provide both group and individualized instructions in Math, Language Arts (Reading and Writing), Computer Concepts, and career opportunities and requirements. The curriculum incorporates: homework help, financial literacy, appropriate behavior, guest speakers/short films on careers & other life skills. The only limitation is the need for after-school classroom space.
Educacion Para Nuestro Futuro Founded By Escuela Bolivia (DBA Edu-Futuro)	Project LIFTS (Leading Immigrant Families to Success) Alexandria	1	\$ -	\$ 244,853	\$ -	Edu-Futuro's mission is to empower under-resourced Latino and immigrant youth and their parents through education, leadership development, and family engagement, to become the next generation of professionals who transform their communities. Project LIFTS (Leading Immigrant Families to Success) is the agency's multi-generational engagement model successfully reaching and empowering under-resourced youth and parents. Project LIFTS provides educational, workforce development, and social services to Alexandrians through proven effective, culturally sensitive, bilingual, multi-generational programs designed to meet specific needs of Alexandria's immigrant community: The Emerging Leaders Program (ELP) consists of three after-school programs: ELP Robotics Club for middle school students is STEM-focused; ELP I for high school students is focused on youth development and academics; and ELP II guides rising high school seniors through the college application process. Parent Empowerment Services (PES) include: PARTICIPA and Padres Comprometidos helping parents navigate the U.S. school system so they can advocate for their children; Strengthening Families provides support for parents with children ages 10-14; Immigrant Families Reunite assists with difficult immigration processes for parents of pre-K to 12th graders; Workforce Development helps parents obtain job skills and new jobs; and Parent Support Services provides assistance with citizenship applications, referrals to counseling/therapy and other sensitive family needs.



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ENDependence Center of Northern Virginia	ENDependence for Alexandrians	5	\$ 23,400	\$ 36,000	\$ -	The ENDependence Center of Northern Virginia is a resource and advocacy center for people with disabilities in Northern Virginia. The services provided include independent living services, independent living skills training, advocacy and outreach, information and referral, peer counseling, systems advocacy, travel training, Medicaid waiver service facilitation, and a personal assistant registry. We use a peer-based, consumer-controlled, cross-disability and self-advocacy approach.
Friends of Guest House	Friends of Guest House	3	\$ 45,000	\$ 49,500	\$ 45,000	The Friends of Guest House help Alexandria women succeed at the difficult transition from incarceration back into the community--reducing re-offense rates from 70% (women without reentry assistance) to less than 10% (Guest House graduates). With AFHS funding during FY2019-2021, the organization proposes to provide housing, employment, educational, asset-building, health and crisis services: a combination that is key to successful prisoner reentry. AFHS beneficiaries will be 123 Alexandria women (41 per year). Those adult women include seniors. Also benefiting will be the Alexandria women's 162 children (54 per year). Services are provided on a mobile basis throughout the region as well as at four Alexandria locations: the Guest House headquarters on East Luray Ave. (administrative, case management, classes, meetings and 10 Residential Program beds), a nearby apartment complex on Sheffield Ct. (16 Residential Program beds), a house on Gordon St. (Second Chance Community: transitional housing for 8 Aftercare/Outreach Program clients) and the Good Shepherd Lutheran Church on Luray Ave. (Workforce and Life Development Program classes/meetings; other client groups such as AA/NA).
George Mason University Foundation	Early Identification Program	1	\$ -	\$ 58,162	\$ 43,622	The Early Identification Program (EIP) serves as Mason's college access and preparation program. In partnership with Alexandria City Public Schools George Mason University proposes to provide educational resources to middle and high school students throughout Alexandria City. EIP takes a holistic approach in working with our students and their families. Students are identified and nominated to participate in the program while in the seventh grade. Selected students enter the EIP Prep while in the eighth grade and continue to receive services until the twelfth grade. Students who successfully complete the EIP with a 3.2 grade point average are automatically admitted into George Mason University. Students who complete the program and graduate high school with a 3.5 grade point average or higher, are invited to apply for several need/merit based scholarships, four of which are full tuition scholarships to help pay for their studies at Mason. Further, EIP offers yearlong programming which includes family seminars, after school tutoring, mentoring, success coaching, STEM enrichment, leadership development, service learning, and a rigorous three- week Summer Academy which takes place at Mason's Fairfax campus

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Global Center for Refugee Education and Science	Pipeline to Employment	3	\$ -	\$ 120,000	\$ -	The Global Center for Refugee Education and Science (GCRES) provides intensive English classes for adult refugees. The students will be adults 18 years of age and older. GCRES instruction consists of three eight-week training modules: Introductory (which focuses on basic ESL, phonics, survival English), Intermediate (which expands on introductory English training and computer literacy), and Advanced/Applied (which focuses on occupational English and partners with organizations and businesses around Alexandria to provide students with applied internships and apprenticeships to gain job exposure for resumes). All modules combine in-class instruction with practical out of class lessons (e.g. field trips to local libraries, grocery stores, etc.) that allow students to apply their in-class learning to real world challenges. GCRES' classrooms are located at the Beth El Hebrew Congregation on Seminary Road. GCRES currently operates one classroom. This class consists of approximately 17 Afghan women on SIVs referred by the City of Alexandria's Workforce Development Center. Classroom instruction hours are from 9:00 AM until 1:00 PM Monday - Friday (i.e. 20 hours per week of instruction). Together, the three training modules run for a total of 24 weeks. With grant funding we will operate two 24-week Pipeline to Employment programs in a given year, serving a total of 30-35 refugees.
Global Innovative Health Services	Youth Empowerment and Life's Direction of Drug Freedom	2	\$ -	\$ 275,000	\$ -	Global Innovative Health Services proposes to accomplish the following: Increase access to, and participation in, quality out of school time programs. Decrease gang incidents. Increase access and involvement in youth mentoring programs. Increase number of youth who feel encouraged by an adult. Reduce occurrences of risky behaviors in adolescents, including substance use and abuse, risky sexual behavior, and violence. Decrease adolescents pregnancy rate. Increase community and civic engagement by youth and families. The proposed Youth Empowerment and Life's Direction of Drug Freedom program is designed to provide a case management led comprehensive set of individualized, integrated, and culturally competent individuals. The program's approach will be based on Appreciative Inquiry & Motivational Interview counseling and intervention approach needs assessment, science and evidence based Fact Sheet led Health Education and with Pre and Post Intervention ABC/Attitude, Behavior, Condition/Practice change MDS/Minimum Data Set tracking and consistent compliance at >90% Measure of Success that meets vulnerable Alexandria residents eligible for our services. The organization proposes to serve 325 vulnerable Alexandria youth to improve their social connection, prevent risky behaviors, violence, gang incidences.

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HIGHER ACHIEVEMENT PROGRAM INC	Higher Achievement's Alexandria Achievement Center	2	\$ 13,600	\$ 20,000	\$ 14,626	Higher Achievement provides quality year-round academic and enrichment programming including mentoring, homework help, seminars, college trips, field trips, and preparation for high school honors and advanced placement, to Alexandria's minority and economically disadvantaged middle school students. The Alexandria program is open to all residents and is based at Hammond Middle School. The program serves approximately 90 students in grades 5-8 each year and plan to serve 100 in the upcoming year. The highly-structured, outcomes-based program has three components: Summer Academy, Afterschool Academy, and High School Readiness. The program begins with a six-week Summer Academy, operating Monday through Friday from 8:30 a.m. to 4 p.m. The second component is a 25-week Afterschool Academy which operates from October to May. Scholars attend the program Monday and Tuesday from 3:00 p.m. to 7:45 p.m. and Thursday from 3:00 p.m. to 6 p.m. The third component is the High School Readiness program which takes place during a scholars' rising 8th grade summer and 8th grade school year and is woven into the Summer and Afterschool Academies. Scholars dedicate 3-4 years in the program and commit to over 530 hours a year outside of the classroom in a safe, supportive, and structured learning environment.
Hopkins House	ECLI - Early Childhood Learning Institute	1	\$ 54,188	\$ 97,000	\$ 54,188	The Early Childhood Learning Institute (ECLI) is a workforce development and post-secondary education program. Its goal is to promote economic self-sufficiency and independence among low-income teens and young adults through post-secondary education and professional development. This goal is accomplished by assisting program participants to earn college credits toward an Associate degree, competency based, stackable professional certifications, practical work experience, and career placement in the Early Childhood Education field. Through individualized and group academic and career counseling, professional development workshops, internships, college fellowships, and wrap-around supports (i.e. tutoring, childcare, access to computers, and books), the ECLI helps low-income, first-generation college bound Alexandria teens and young adults become college and career ready. And, in partnership with Northern Virginia Community College, T.C. Williams High School, JobLink, and local child care partners, the ECLI helps these teens and young adults leverage their college credits and degrees, and competency based professional certifications into long-term careers in the Early Childhood Education and/or Elementary Education field that support long-term economic security for themselves and their families.

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Latino Economic Development Corporation of Washington, DC	Alexandria City Entrepreneurial Services for Low to Moderate Income Residents	3	\$ -	\$ 50,000	\$ -	LEDC respectfully requests a total of \$150,000 over three years (\$50,000/ per fiscal year) to provide comprehensive economic development services to build the economic security of individuals, families, and seniors via entrepreneurship/small business ownership in Alexandria City. Over a three-year period, with AFHS funding, LEDC will provide a total of 120 residents (40/year) with: 1) one-on-one small business development technical assistance and workshops; 2) courses specifically targeting low-income women and providing specialized entrepreneurship and leadership training, and; 3) access to low-cost microloan capital for business launch and growth or to build/repair credit. These efforts will create opportunity for economic security among undeserved low to moderate income residents who lack wealth, the knowledge and access to mainstream financial institutions. LEDC serves everyone who comes through its doors regardless of race and ethnicity. Our clients are primarily low to moderate income and from underserved communities (Latino and African-American). The majority of the work will be carried out in locations that are most convenient to residents through partnerships in the community. LEDC currently does not have an office in Alexandria City, but has two offices in the northern Virginia region (one in Crystal City and one in Herndon).
Learn and Live Wholistic Community	Community Access Program	4	\$ -	\$ 100,000	\$ -	The Learn and Live Wholistic Community provides services to individuals, families and seniors to have access to health and mental health resources. The program proposes to accomplish the following: (1) Improve health behaviors; (2) Decrease low weight births; (3) Increase healthy births; (4) Increase access to, and participation in prevention and early intervention services; and (5) Increase number of uninsured/under-insured people accessing prevention and treatment for dental, mental health, and physical health care. The program is designed to provide a case management led comprehensive set of people-centered, individualized, integrated, linguistically and culturally competent health and human services. Our approach will be based on a creative synthesis of Appreciative Inquiry & Motivational Interview counseling and intervention approach needs assessment, science and evidence based Fact Sheet led Health Education and Health Promotion Activities with Pre and Post Intervention ABC/Attitude, Behavior, Condition/Practice change MDS/Minimum Data Set tracking and trending over time to ensure sustainable and consistent compliance at >90% Measure of Success that meets the changing needs of our most vulnerable and mobile Alexandria residents eligible for our services in the comfort of wherever they maybe including but not limited to home, school, work or community/facility.
Legal Services of Northern Virginia	Legal Services for Low-Income, Elderly, and Disabled Residents of the City of Alexandria	5	\$ 88,000	\$ 160,000	\$ 88,000	Legal Services of Northern Virginia proposes to bridge the justice gap for low-income residents of the City of Alexandria by providing legal services. For 38 years, LSNV has been a safety net that helps our less fortunate neighbors secure or maintain critical needs. LSNV's programs and services make a difference in people's lives, as we strive to enhance self sufficiency, alleviate crises, and promote family and individual stability.

Organization	Program Title	Outcome	FY16 - FY18 Funding	FY19 - FY21 Request	FY19 - FY21 Award Amount	Summary
Liberty's Promise	Helping Immigrant Youth in Alexandria Succeed	2	\$ 37,500	\$ 50,000	\$ 37,500	Liberty's Promise offers two after-school programs of civic engagement for low-income, immigrant youth, ages 15-21, which help them learn about the Alexandria community through field trips, presentations from local community members, and participating in volunteer opportunities in the community. One, called Civics and Citizenship, is conducted for youth with good English-language skills whereas the other, Civic Engagement for Beginning English Language Learners (CE-BELL), serves youth with little or no knowledge of English. After participating in the programs, youth tend to improve their school performance, attending school more often and producing better grades. As funding allows, the organization proposes to also offer a professional internship program for the youth, which allows them to develop their job skills and become familiar with the American workplace and its customs, while also exploring potential career opportunities.
Linden Resources/Melwood	Linden JOBS Program	3	\$ 70,999	\$ 97,775	\$ 70,999	The Linden JOBS program proposes to provide increased access to and participation in career or job readiness and employment services for Alexandria residents who (1) are currently receiving case management services within the City of Alexandria; (2) have a disability or are suspected of having a disability; and (3) demonstrate that this disability has negatively impacted their ability to secure and maintain competitive employment within the community. Services provided may include, but are not limited to (1) administration of comprehensive career and ability assessments; (2) coordination of efforts with partners/outside resources; (3) use of a holistic approach to resolve barriers, and strengthen and empower individuals and families; (4) assisting participants in resolving barriers and addressing employment, family, and personal development needs; (5) enhancing life management skills, job preparedness, job retention and advancement skills; (6) helping participants develop a long-term vision & career path and (7) achieving placement in livable wage employment.
Literacy Council of Northern Virginia	Destination Workforce	3	\$ -	\$ 40,000	\$ 30,000	LCNV's Destination Workforce® program is designed through partnerships with local entities to deliver targeted, intensive, and customized English language, literacy and workforce readiness instruction to help the most beginning level adult learner get on a fast track to employment. This class was developed with the City of Alexandria Workforce Development Center, which expressed an unmet need for intensive language and workplace soft skills training for their most beginning-level clients who have little or no formal education and are largely unable to read and write in their native language(s).
Literacy Council of Northern Virginia	Family Learning Program	1	\$ 10,000	\$ 25,000	\$ 10,000	The Literacy Council of Northern Virginia's Family Learning Program will provide English literacy instruction for a minimum of 60 low-income, immigrant parents and their dependent children in a classroom environment at two Community Lodging Family and Community Engagement Centers located at Brookside Apartments and Brent Place. These programs emphasizes the goal of increasing parental engagement in their children's educational activities. Children participate in literacy-related activities and homework help. Their parents learn English as it relates to schools, health, nutrition, finance, and community, empowering them to be their children's first teachers.

Organization	Program Title	Outcome	FY16 - FY18 Funding	FY19 - FY21 Request	FY19 - FY21 Award Amount	Summary
Local Motion Project	Alexandria Dance Initiative	2	\$ -	\$ 19,015	\$ -	Local Motion Project's Alexandria Dance Initiative proposes to increase access to quality dance education and increase the number of local children and youth who feel encouraged by an adult. This program will impact 55 City of Alexandria residents ages 3-18 and will offer need-based scholarships to students for enrollment at Local Motion Project's dance school. We will provide satellite dance programs free-of-charge to 40 students after school in Alexandria City Public School middle and/or high schools. All Alexandria Dance Initiative participants will participate in a spring dance showcase open to the public. The program will distribute 55 complimentary showcase tickets to dancers and work with them to ensure they have at least one adult attending the spring showcase. The anticipated outcomes expected from these programs relate directly to developing children and youth who are socially connected, emotionally secure, and culturally competent. The Local Motion Project's mission is to bring meaningful experiences to people's lives through the art of dance and other innovative movement arts. The progressive dance curriculum emphasizes creative and collaborative processes, as students work together to develop choreography. Through the dances they develop for our showcase, students make authentic connections with the audience and one another.
Lutheran Social Services for the National Capital Area (LSS/NCA)	Refugee Immigrant Services (RIS)	3	\$ -	\$ 65,500	\$ 49,125	Lutheran Social Services for the National Capital Area (LSS/NCA) resettles refugees in Alexandria by helping them gain access to services that meet their basic needs and attain self-sufficiency. Last year, LSS/NCA worked with clients from Afghanistan, Iraq, Iran, and El Salvador. LSS/NCA provides year round services, beginning when refugees step off the plane. Once LSS/NCA receives a refugee assignment, a Case Manager and Job Developer are assigned to work with refugees to accomplish the following steps: (1) conduct intake/assessment; (2) create family self-sufficiency plan and comprehensive job search plan; (3) conduct detailed affordable housing search/placement; (4) attend Cultural Orientation and Housing Orientation programs; (5) provide emergency housing/utility assistance; (6) link clients to supportive services (i.e., ESL/GED classes, vocational training courses); (7) assist in enrolling children/ youth into schools and linking youth to after school, activities, tutoring/mentoring; and (8) provide job search/placement services for U.S. workplace. Funding helps refugees with emergency rental/utility assistance, after school youth activities engagement, case management, and financial assistance (i.e., ESL, GED, vocational training classes) with services occurring at LSS/NCA offices, local provider locations, and in the community. Refugees are connected to volunteers/community partners who help them become self-sufficient, successful, and contributing members of Alexandria. LSS/NCA anticipates resettling approximately 250 individuals in Alexandria in FY19.

Organization	Program Title	Outcome	FY16 - FY18 Funding	FY19 - FY21 Request	FY19 - FY21 Award Amount	Summary
Metropolitan Washington Ear	Access to news and information for those impacted by vision loss	5	\$ -	\$ 12,694	\$ -	For over 43 years, the Metropolitan Washington Ear's services have been provided free of charge. The Radio broadcast and telephone Dial-In service are available 24 hours a day, seven days a week. We currently serve over 5,200 people including 264 Alexandria residents who are blind, have low vision or have a physical disability which prevents them from reading print. (1) Radio broadcast and webcast 24 hours a day, seven days a week, using special pre-tuned radios, and a subcarrier station provided by public broadcast station WETA-FM. (2) Telephone Dial-In service 24 hours a day, seven days a week that allows callers to skip and scan the paper and choose what they wish to listen to just as a sighted person would do. (3) Audio description of live performances at ten theaters in the Metropolitan Washington area. (4) Evening look-up service, including classified ads, stock quotes, sports scores, or any other information that may be requested. (5) Current local news and information necessary to everyday living such as election guides, TV listings, theater schedules, food and general shopping ads, and public service announcements. (6) Email newsletter, "MWE Updates," for listeners. The listeners have unlimited access to our services in their homes.
Northern Virginia Dental Clinic, Inc.	Northern Virginia Dental Clinic	4	\$ 36,125	\$ 42,500	\$ 36,125	The Northern Virginia Dental Clinic (NVDC) provides access to comprehensive oral health care services to low-income and uninsured residents (adults) of the City of Alexandria. Services include: Comprehensive Examinations with digital intraoral and 3D panoramic radiographs; Oral Cancer Screenings; Detailed Treatment Planning; Restorative (fillings); Oral Surgery (extractions, oral tori reduction, alveoloplasty, cyst/tumor removal, etc.); Hard and Soft Tissue Biopsies; Endodontics (root canal therapy); Periodontics (soft tissue management); Prosthetics (full and partial dentures, crowns, occlusal night guards, etc.); Oral Prophylaxis (cleanings); Emergency Services, and Patient Education. The ultimate goal of the NVDC is to restore individuals to an infection free and functional state of oral health. We also strive to educate individuals on the importance of maintaining good oral health; the effects of poor oral health on overall health conditions; the detrimental effects of alcohol, tobacco, and drug use; dietary and nutritional information; and proper home care techniques to empower individuals to maintain an optimal state of oral health.
Northern Virginia Family Service	Alexandria Intervention, Prevention and Education (IPE) Program	2	\$ 42,500	\$ 50,000	\$ 42,500	Northern Virginia Family Services' Alexandria Intervention, Prevention and Education (IPE) Program is designed to empower youth ages 8 -21 who are at risk for gang involvement, or who are already gang involved and want to leave, to make safe choices and to develop pro-social activities that will allow them to become productive members of their communities. The IPE program ensures that youth who are vulnerable to recruitment by gangs are able to develop the skills necessary to resist joining and that their parents and community members are able to provide the support and structure needed to keep these vulnerable youth safe from the negative influence of gangs.

Organization	Program Title	Outcome	FY16 - FY18 Funding	FY19 - FY21 Request	FY19 - FY21 Award Amount	Summary
Northern Virginia Family Service	Healthy Families Alexandria	1	\$ 263,082	\$ 321,657	\$ 263,082	Healthy Families (HF) Alexandria is an accredited, evidence-based home visiting program model that provides overburdened families who are at-risk for adverse childhood experiences, including child maltreatment, with the education, community resources and tangible support they need to thrive. Home visiting services include: family assessment and goal planning; parenting education and assessments; maternal and child health education; child development screenings; school readiness activities; mental health screenings and therapeutic services; and referrals to a wide array of community resources.
OAR of Arlington, Alexandria and Falls Church	Income Security for Individuals Formerly Incarcerated Returning Home to Alexandria	3	\$ 78,200	\$ 95,000	\$ 78,200	This program aims to serve at least 100 individuals returning to the City of Alexandria from local jails and state/federal prisons who need assistance to become economically secure. OAR will work with the Alexandria Sheriff's Office to offer pre-release case management inside the Alexandria Detention Center to help individuals develop a plan in advance of their release about housing, employment, family reunification, and more. OAR will also work with individuals inside Coffeewood Correctional Center (the state prison where Alexandria residents go within 12 months of their release) to offer these same pre-release services. Additionally, OAR will work with the Alexandria Probation and Parole Office to offer post-release services to individuals who were incarcerated in any facility but are returning home to live in the City of Alexandria. Post-release services include case management, transportation assistance, food, clothing, obtaining identification, housing referrals, and employment support. The overall goal is to ensure these individuals are work-ready and that they secure employment so they can make a successful transition from incarceration to the Alexandria community, ensuring their economic security, and making Alexandria safer and more welcoming for all.
PRS, Inc.	PRS CrisisLink	5	\$ 15,000	\$ 30,760	\$ -	PRS CrisisLink provides 24/7 hotline and textline services for crisis intervention, suicide prevention, and support to individuals in order to foster self-sufficiency by providing problem-solving skills and information on community resources. Our services are provided remotely to clients through telephone or text contact at any time of day or night. None of the PRS CrisisLink programs or services have a specific location for service as the program is telephone/telehealth based. In addition to crisis services, PRS CrisisLink operates an outbound telephone reassurance program for isolated older adults at risk of depression, suicide and physical health problems. Phone calls are provided to clients for social support while also assessing risk for depression, suicide and cognitive decline through scheduled contacts either daily or several times throughout the week. Currently CareRing serves 10 residents within the City of Alexandria. In FY19, with additional funding, the organization will add 10 additional clients bringing our total served to 20 clients. In FY20, services will expand to 30 total clients served annually. PRS CrisisLink also expects to serve a total of 1,200 Alexandria city residents each fiscal year with the crisis intervention, suicide prevention and information and referral services.



Organization	Program Title	Outcome	FY16 - FY18 Funding	FY19 - FY21 Request	FY19 - FY21 Award Amount	Summary
Rebuilding Together Alexandria	Safe and Healthy Homes	3	\$ 11,250	\$ 15,000	\$ 10,000	Rebuilding Together's seeks funding for Safe and Healthy Homes, its cornerstone program. This program focuses on stabilizing items that drastically improve living conditions for a home's residents, and saves thousands in healthcare costs. This program targets low-income persons living in older or substandard housing who are disproportionately affected by home hazards. Grant funds would support year round projects in our Safe and Healthy Homes program that include safety- and health-related modifications and energy efficiency upgrades. Rebuilding Together, in partnership with the National Center for Healthy Housing, developed a check list that helps ensure a home's health and safety. All of the funds from this grant will be used to purchase needed materials for volunteers and/or licensed contractors to complete repair tasks needed at any given property. The program help clients save money not only on actual home repairs (as they are provided for free), but on utility bills, too. Many older U.S. homes are so leaky that 33-50% of the home's heat loss comes from air leaks. Of the most recent eight homes that the program performed pre- and post-blower door tests to measure airflow/leakage, there were increased efficiencies by 35.6%.
Regratifying Foundation	NOW (Navigate, Opportunity, Worth)	1	\$ -	\$ 10,000	\$ -	The Regratifying Foundation's NOW program, launched in March 2018, is designed to encourage foster care youth to continue their education, learn about and consider professional careers and set future personal and career goals before they age out or emancipate from foster care. Participants will learn about various professions, as well as how to improve social and communication skills, problem solving, and self-confidence. To encourage participation, the program will actively engage and provide personal incentives to each participant. In this inaugural year, the program proposes to recruit and support up to 10 foster youth between the ages of 16-20 from Alexandria. NOW participants will complete a sequence of community-based experiences and learning activities designed to foster and cultivate the soft skills young adults need to successfully transition into the workforce, build community and network, and gain exposure to innovative and growing industries.
SCAN of Northern Virginia, Inc.	Court Appointed Special Advocate (CASA) Program	5	\$ 16,250	\$ 24,000	\$ 16,250	SCAN's Alexandria Court Appointed Special Advocate (CASA) Program promotes the protection, health, and social welfare of vulnerable children in the City of Alexandria. The goal of this program is to ensure that each child who is appointed to SCAN's CASA Program by the Judges of the Alexandria Juvenile and Domestic Relations Court (Alexandria J&DR Court) resides in a safe, permanent home and has opportunities for future well-being. SCAN's CASA Program recruits, trains, and supervises citizen volunteers to advocate for the best interests of Alexandria children who are victims of abuse and neglect. It is the only program of its kind in the City of Alexandria. It works for the Alexandria J&DR Court Judges providing an objective summary, through SCAN-trained CASA volunteers and their written reports, on the needs of each child and options for the child's future stability and permanency of a home placement. The Alexandria CASA Program proposes to serve at least 70 Alexandria children in FY19.

Organization	Program Title	Outcome	FY16 - FY18 Funding	FY19 - FY21 Request	FY19 - FY21 Award Amount	Summary
SCAN of Northern Virginia, Inc.	Parent Education Program	5	\$ 42,500	\$ 50,000	\$ 42,500	SCAN's Parent Education Program which endeavors to reduce child abuse and family conflict while promoting healthy development of children and youth in our City. SCAN's Parent Education Program is the only program of its kind in the City of Alexandria which implements family education classes utilizing evidence-based and evidence-informed educational curricula designed to engage parents in learning how to more effectively communicate with, discipline, and guide their children through non-violent strategies and to engage youth in building life skills that help them avoid risky behaviors and become more resilient in the face of challenges. Through this funding, SCAN's Parent Education program can educate parents and strengthen families in ways that foster school and life successes and build resilience among their children. For parents, knowing how to seek help and where to find it are key to ensuring their capacity to build and sustain a stable family environment for their children, reduce the possibility of abuse or neglect, and minimize the risks and consequences of poverty and violence.
Senior Services of Alexandria	Senior Nutrition Program	5	\$ 12,691	\$ 15,000	\$ -	Senior Services of Alexandria's (SSA) Senior Nutrition Program is a unique, comprehensive program providing home-delivered meals and groceries to homebound seniors. The Senior Nutrition Program is comprised of two main services-- Meals on Wheels and Groceries to Go. SSA coordinates over 350 Meals on Wheels volunteers who deliver over 48,000 meals 365 days a year, including weekends and holidays. This program provides daily meals to seniors who would otherwise go without nutritious food, hot food, or even food at all. The Groceries to Go program affords seniors the ability to prepare their own meals while maintaining a sense of independence. The Groceries to Go Program manages volunteers who call seniors for their grocery order, shop, and deliver bi-weekly groceries to seniors who are homebound or have limited mobility. While the Senior Nutrition Program addresses the critical need for seniors' food and nutrition, Senior Services recognizes that its role is actually more than that. For the vulnerable senior population, Senior Nutrition Program volunteers are sometimes the only people on the lookout and stopping by. This program is not just about nutrition, but about a safety support system that acts as the eyes and ears of our seniors.
Tenants and Workers United	Youth Educated and Active (YEA)	2	\$ 18,900	\$ 28,000	\$ 18,900	Youth Educated and Active (YEA) provides high-quality out of school time services for middle and high school youth, engaging youth ages 12 to 18 in workshops and trainings on critical topics; develops the leadership skills of youth, and offers opportunities to practice those skills; provides academic support, and orientation to and support for the college application process; connects youth with adult mentors who provide guidance and support; and offers opportunities for youth to engage with their communities. YEA annually serves 60 non-repeated youth, at both the Arlandria Community Center (home to Tenant's and Workers United) and T.C. Williams High School. Though open to all students, the majority of participants identify as Latino/a, Black, or Middle Eastern, and many of them are first-generation immigrants. The majority of youth come from low-income families. Most youth participate at least one day per week during the academic year, and then for two intensive weeks during the summer.

Organization	Program Title	Outcome	FY16 - FY18 Funding	FY19 - FY21 Request	FY19 - FY21 Award Amount	Summary
The Alexandria Tutoring Consortium	Book Buddies Kindergarten Tutoring Program for ACPS	1	\$ -	\$ 12,050	\$ 10,000	The Alexandria Tutoring Consortium (ATC) tutors kindergarten and first grade students in the Alexandria City Public Schools (ACPS) using the Book Buddies program, developed at the University of Virginia's Curry School of Education. ATC trains community volunteers in the Book Buddies method who are then matched with students and meet twice weekly throughout the school year for 45 minute sessions of one-on-one tutoring. Coordinators, who are certified reading and/or education specialists, write individualized, weekly lesson plans for each student and oversee the program. Student progress is monitored throughout the year and measured in May through ACPS assessments.
The Arc of Northern Virginia	The Arc of Northern Virginia	1	\$ 15,000	\$ 15,860	\$ 12,750	The ARC of Northern Virginia proposed project components include: (1) Trained disability professionals to use two curriculum apps to teach to students with intellectual, cognitive, and developmental disabilities so that they are supported by "virtual travel trainers" and "virtual job coaches." (2) Students use of TravelMate and EmployMate to help them navigate transit, soft skills, and job tasks. (3) Workshops to provide a broad range of information for students and families on post-secondary education and employment opportunities, resources, and supports. (4) Comprehensive guides for parents to help their child with a disability be prepared for school and careers. (5) Special workshops in Spanish, Arabic, and Amharic and translated materials (Early Intervention, Employment, and Futures Planning) to provide access to parents who are not fluent in English.
The Art League, Inc.	Space of Her Own (SOHO) Del Ray and West End	2	\$ 17,000	\$ 22,010	\$ 17,000	Space of Her Own is an art-based mentoring community outreach project that has operated through a partnership with the Alexandria Court Service Unit (CSU) since 2002. In a study of our community's court-involved families, The Department of Juvenile Justice in Alexandria found that young girls from these families have substance abuse issues, truancy problems, are economically disadvantaged and tend to lack both positive role models and a sense of space and/or place strong indicators that a child will become court-involved. Each year, The Art League serves 12 fifth-grade girls from Alexandria identified by the CSU, and other community agencies as being at risk for delinquent behavior. Participants and their mentors are brought to The Art League School for special art projects taught by professional artist faculty. They receive healthy dinners and CSU program managers provide relevant life skills classes addressing personal power, relationships, refusal skills, manners, nutrition, and anger management. Upon completion of the program, girls and mentors re-design the girls' personal spaces in their home, using artworks produced, and demonstrating concepts learned in the program, the new spaces provide ample lighting, study space, and, ultimately, a "space of her own".

Organization	Program Title	Outcome	FY16 - FY18 Funding	FY19 - FY21 Request	FY19 - FY21 Award Amount	Summary
The Campagna Center	Building Better Futures	1	\$ 25,500	\$ 25,500	\$ 25,500	For the past 15 years, Building Better Futures (BBF) has provided a range of services that help immigrant and/or low-income students develop the academic, social and life skills needed to be successful in high school and post-secondary education/workforce settings. BBF proposes to serve at least 130 students annually through four core components: 1) targeted one on one and group tutoring, 2) enrichment opportunities to provide exposure to leadership and career awareness experiences that support development of 21st Century skills; 3) engagement in civic and community service; and 4) parent engagement in student education and support at the high school level. Sixty-four sessions (2/week for 32 weeks) of tutoring will take place at T.C. Williams and is offered individually and in small groups. Enrichment is also provided over the course of the year through educational workshops, guest speakers and Career Exploration Externships (CEEs) for high school students. Twenty-three enrichment sessions will be offered to high school students through a seminar series targeting specific topics over a three to five week period. CEEs are week-long job shadowing experiences that will be offered three times throughout the year (spring break and two weeks in the summer). Other activities include field trips such as college visits.
The Campagna Center	New Neighbors English Language Learners and Family Literacy Program	3	\$ 36,125	\$ 46,328	\$ -	New Neighbors provides English language training to help adult Alexandria immigrants become self-sufficient, fully participating, and ultimately economically secure members of the community. The program provides two 14-week terms of rigorous English teaching (3 half days/week) to provide students the language skills they need to enter the workforce and communicate effectively within their community. The program evaluates language proficiency and provides ten levels of teaching that meet each student at their own level and support increasing proficiency. To further encourage the success of our students, we provide on-site child care while parents are learning English, family literacy activities that contribute to English language skills for parents and children, and access to information about numerous city services to support employment and overall well-being. The program is based in Alexandria and proposes to serve 260 adult Alexandria residents and 100 of their children in the coming year.
The Campagna Center	Wright To Read	1	\$ 13,813	\$ 14,500	\$ 11,741	Wright to Read (WTR) has worked with Alexandria elementary school children in need since 1979. On September 1, 2017, WTR became a program of The Campagna Center, effectively dissolving its 501c3 status through an asset transfer agreement. For decades WTR has offered free tutoring and mentoring for students who are reading at least one year below grade level. Trained tutor/mentors meet with the students weekly for an hour of literacy tutoring. The weekly tutoring is comprised of reading instruction (phonics and sight words), vocabulary development, reading practice, reading comprehension and writing. The tutor/mentors meet with the students after school or on the weekends, thus not taking them out of the classroom and having them miss important lessons during the school day. Tutoring takes place in one of the four public libraries in Alexandria. WTR currently serves 100 students. The program proposes to serve 20 additional students who are enrolling in kindergarten through a pilot program that will provide intensive reading support to help them become proficient readers by third grade.

Organization	Program Title	Outcome	FY16 - FY18 Funding	FY19 - FY21 Request	FY19 - FY21 Award Amount	Summary
The Northern Virginia Urban League	Alexandria Resource Mothers Program	1	\$ -	\$ 110,000	\$ -	The Alexandria Resource Mothers project provides comprehensive and intensive case management, mentoring, advocacy and intervention services for first-time pregnant and parenting teen girls and their infants with limited support systems. The project promotes healthy birth outcomes and positive development of newborns; encourages effective parenting among teens mothers and their partners; encourages appropriate family planning and assists teen mothers to stay in school. Case managers provide a continuum of prenatal and postnatal support services.
Together We Bake	Job training and personal development	3	\$ -	\$ 25,000	\$ -	Together We Bake is a low barrier entry, gender focused workforce training program in the City of Alexandria. TWB's innovative job training and personal development program revolves around a small baking business. TWB holds four 8-week sessions per year (Winter, Spring, Summer and Fall). A team of 10-12 women participates in each session where they learn and master skills to prepare them for employment. The program also covers soft skill development through daily empowerment and life skills groups. A lack of employable skills, limited education, and resume gaps are barriers faced by many TWB team members. TWB addresses these challenges through hard and soft skill development, hands-on experience, and psychosocial support. Along with our curriculum based training, team members develop workforce-readiness skills highlighting the importance of punctuality, attendance, communication, cooperation and teamwork. TWB provides the chance to learn how to be successful in the workplace. TWB's empowerment groups help the women develop healthy coping strategies to support positive life choices which lead to stability. TWB provides post program support to alumni through phone calls, texts, emails and social media posts. The program holds bi-monthly alumni gatherings to provide an opportunity for the women to maintain connection and support with their TWB family.
UpCycle Creative Reuse Center	It's Tinker Time: Creative Aftercare Programs and Materials for Alexandria's Youth	2	\$ -	\$ 10,000	\$ 10,000	UpCycle's proposes that it's Tinker Time: Creative Aftercare Programs and Materials for Alexandria's Youth will enhance the quality of the aftercare program experience for the more than 1200 children enrolled in the City of Alexandria Recreation Department's Out of School Time programs. The project implementation includes: Placing Tinker Carts and supplies in ten recreation centers (5 carts placed in year one, 5 in year two), Providing five creative reuse programs at each site (25 programs annually during years one and two, 50 programs in year three), Training staff to incorporate reuse materials in their weekly activities (2 trainings for 100 staff members annually), Providing supply memberships to UpCycle's materials center so staff may obtain free supplies for their other aftercare activities (10 site memberships included annually, serving 1200 students and their 100 aftercare teachers) Providing punch card vouchers for students to obtain materials from UpCycle for school assignments (100 provided annually, serving 100 children and their families).
Upwardly Global	Employment Services for LMI Skilled Immigrants and Refugees in Alexandria	3	\$ -	\$ 88,500	\$ -	Upwardly Global proposes to empower 50 Alexandria job seekers to pursue a US-style job search via our training platform each year, for a total of 150 over three years. We would also place 20 job seekers in year 1, with 25 each in years 2 and 3 of the project's duration, for a total of 70 skilled immigrants and job seekers placed in economically securing and professionally relevant positions.

Organization	Program Title	Outcome	FY16 - FY18 Funding	FY19 - FY21 Request	FY19 - FY21 Award Amount	Summary
Urban Alliance	Northern Virginia High School Internship Program	1	\$ 24,750	\$ 25,000	\$ 24,750	Targeting low-income high school seniors from Alexandria City, Arlington County and Fairfax County, the Northern Virginia High School Internship Program is a year-long initiative that combines 1) skill training, 2) paid professional internships, 3) mentoring, and 4) case management. The overarching goal of the High School Internship Program is to equip youth to transition to self-sufficient adulthood. We accomplish this by helping economically-disadvantaged high school seniors achieve the following: 1) improve skills linked to increased academic achievement, employability, and earnings; 2) graduate from high school; 3) enroll in college or a training program; 4) identify employment opportunities; and 5) connect to long-term employment.
Volunteer Alexandria	Breaks with Impact - Doing Good in the Neighborhood	2	\$ -	\$ 12,500	\$ 10,000	Volunteer Alexandria's "Breaks with Impact" program focuses on providing youth with community service education and projects. It will also build three important developmental assets for participating youth that will allow them to feel more empowered. The program consists of separate sessions for middle and high school (ages 11-18) Alexandria youth during school breaks. A one day session will be held during spring break and a three day session will be held during summer break. There will be a total of 14 session days per year; two one-day sessions and four three-day sessions. About 105 youth will participate in the program each year. Session days, starting at about 8:00am and ending at about 6:00pm, will consist of discussions about issues facing Alexandria, the role of nonprofits, discussions with nonprofit clients or staff, hands-on service projects, and journaling, reflection and evaluation of their day. Middle and high school youth will participate in separate groups with different educational goals adjusted to meet their developmental needs. Middle schoolers will develop their leadership and character skills while high schoolers will learn about social entrepreneurship and possible careers. Three months after completing their session, youth will receive an invitation to continue to volunteer in Alexandria.
Volunteers of America Chesapeake, Inc.	ACS (Alexandria Community Shelter) Supported Employment and Life Skills Program	3	\$ -	\$ 154,470	\$ 77,235	Volunteer of America Chesapeake, Inc. proposes to enhance services to fifty (50) residents at the Alexandria Community Shelter through evidence based supported employment and life skills services. The goal is to improve the residents' economic situation thereby strengthening their housing stability.
Wesley Housing Development Corporation of Northern Virginia	Housing Stability Initiative	3	\$ -	\$ 26,000	\$ -	Wesley Housing's Housing Stability Initiative (HSI) is a housing-based program that addresses risk and resilience factors of low-income individuals and families residing in Alexandria. The program proposes to provide residents access to on-site services designed to provide crisis intervention and foster self-sufficiency. Wesley Housing's resident services staff will respond to the varying needs of residents by providing quality, culturally sensitive educational opportunities, social services, and access to community resources to promote greater economic independence and community participation.

**AFHS Priority Outcomes are:**

1. Children and youth are school and career ready.
2. Children and youth are socially connected, emotionally secure and culturally competent.
3. Individuals, families and seniors are economically secure.
4. Individuals, families and seniors have access to health and mental health resources.
5. Individuals, families and seniors are assisted in preventing and remedying crises.