## PROCLAMATION

**WHEREAS**, 1 in 6 people will have a stroke in their lifetime, 1 in 4 strokes is fatal, and 80% of families are affected by the disease, strokes are a leading cause of death and disability that devastates individuals and families in our communities; and

**WHEREAS**, there are life-saving treatments that must be administered within 3-4 hours once symptoms begin, but less than 10% of patients get to a hospital within this time due to the vast majority of people not knowing how to spot a stroke and the importance of calling 911 when symptoms are recognized; and

**WHEREAS**, Alan Stillman, a 30-year resident of Alexandria, who lost his grandmother Rose to a stroke and subsequently his devastated mother Helen as well, has started a "Spot-a-Stroke, Stop-a-Stroke, Save-a-Life" campaign to raise stroke awareness among the citizens of Alexandria; and

**WHEREAS**, the City of Alexandria is committed to educating city employees, including but not limited to, the Health Department, Fire Department, and Community & Human Services about how to spot a stroke; and

**WHEREAS**, as a Primary Stroke Center, Inova Alexandria Hospital was one of the first hospitals in the Washington, D.C. metro area to receive The Joint Commission's Gold Seal of Approval for stroke care, and was awarded The Gold Plus Award for outstanding specialized stroke treatment by The American Heart Association (AHA) and the American Stroke Association (ASA). The hospital's "Get with the Guidelines" designation indicates that its stroke assessment and services provide patients with the best chance of survival; and

**WHEREAS**, Alexandria public and private schools will be encouraged to make "Spot-a-Stroke, Stopa-Stroke, Save-a-Life" part of their training to all their students; and

**WHEREAS**, all Alexandria health-focused entities, including hospitals, clinics, doctors, pharmacies, coalitions, etc. will be urged to participate in improving the city's stroke literacy; and

**WHEREAS**, in addition, the greater Alexandria community, including businesses, civic organizations, senior services, houses of worship, and inhabitants, will be encouraged to participate and contribute to the Spot-a-Stroke, Stop-a-Stroke, Save-a-Life campaign through active citizenship efforts; and

**WHEREAS**, the goal is to educate everyone in the City of Alexandria about stroke, and therefore reducing the Onset-to-911 time, to be measured by the Alexandria Fire Department; and

**WHEREAS**, the "Spot-a-Stroke, Stop-a-Stroke, Save-a-Life" campaign will make Alexandria a model for other communities, cities, counties, states and the nation.

**NOW, THEREFORE, I, ALLISON SILBERBERG**, Mayor of the City of Alexandria, Virginia, and on behalf of the Alexandria City Council, in support of upcoming World Stroke Day 2017, do hereby proclaim October 10, 2017 as a:

## **"STROKE SMART CITY"**

*IN WITNESS WHEREOF*, I have hereunto set my hand and caused the Seal of the City of Alexandria to be affixed this 10<sup>th</sup> day of October, 2017.

MAYOR ALLISON SILBERBERG On behalf of the City Council of Alexandria, Virginia

ATTEST:

Gloria A. Sitton, CMC City Clerk