

From: Mark Cattell via Call.Click.Connect.
<CallClickConnect@alexandriava.gov>
Sent: Thursday, May 04, 2017 5:17 PM
To: City Council; City Council Aides; Jackie Henderson; Call Click
Connect; Gloria Sitton
Subject: Call.Click.Connect. #120386: Mayor, Vice Mayor, City Council My
name is Mark Cattell. I'm applying fo

Dear *Call.Click.Connect.* User

A request was just created using *Call.Click.Connect.* The request ID is 120386.

Request Details:

This is a "private" request. Information should only be provided to the original customer or those who know the full Call.Click.Connect. request number for this, which is "120386-8B6B3B".

- Name: Mark Cattell
- Approximate Address: No Address Specified
- Phone Number: (202) 423-6045
- Email: markcattell@gmail.com
- Service Type: Mayor, Vice Mayor, City Council
- Request Description: My name is Mark Cattell. I'm applying for the citizen vacancy on the Community Criminal Justice Board. I am an attorney, a husband, an attorney, and a precinct captain for the Charles Houston precinct in the City of Alexandria. I am also a recovering addict and alcoholic, which, I believe, will give me a unique perspective to the board, if I am honored to be selected on May 9.

This is my story.

My father is a recovering alcoholic with nearly 30 years of sobriety. My sister is a recovering addict and alcoholic with five years' sobriety. I had an uncle with a brilliant mind die of alcoholism, so I can tell you from experience addiction runs in families, and society's failure to comprehensively confront it comes at a terrible cost in lost lives and human dignity.

My counselor, a retired Secret Service agent who've I've been seeing for three years now, tells me that I may have been self-medicating to deal with the pain from traumatic events in my childhood, including bullying, and sexual abuse by an authority figure. But whatever the cause, it took me a long time before I dealt with my addictions. I'm glad I did, because I'm a very grateful and happy person now. My addictions made me miserable.

I had my first drink when I was thirteen. I followed it within minutes with a second, and a third, and a fourth. No doubt, I had a love affair with alcohol. It grew into a love affair with pills after 2005, after filling a prescription for benzodiazepines from my physician I used to think, "Thank goodness for this stuff. I don't know how I could cope without it." Now I know those substances were the cause of, and not the cure for, my suffering.

I entered a thirty-day rehab in 2009, after going cold-turkey off pills and booze failed. I had asked other addicts at Narcotics Anonymous meetings, "What's the most difficult stuff to beat?" Every one of them said the same thing: "opiates and benzos." I had stayed away from the former, and the use of any illegal substance harder than a few encounters with marijuana in college, but the benzodiazepines had their meat hooks in me.

They were right. Even though a physician titrated my dose of benzodiazepines downward every three days by a quarter-milligram, my brain kept screaming for the stuff every waking minute. My hands shook, and I tossed and

turned from stark anxiety and fear. But I kept with it, and I left the program clean. Another addict there who had accepted remaining on a controlled dose of "benzos" for the rest of his life gave me the most treasured praise I've ever received: "Mark, you are Rocky Balboa tough."

And while I never touched benzodiazepines again, I gradually went back to alcohol. I thought I could handle it. I couldn't. After celebrating St. Patrick's Day weekend with some friends in Nashville in 2013, I came to my senses in a jail cell, after having been arrested for DUI.

I was terrified. I could have killed someone. I could have killed myself. My sister had been in a coma for six weeks just a few years earlier after crashing her truck while intoxicated. And I had no idea what the District of Columbia Bar would do with me.

So I went to the Lawyer's Assistance Program of the DC Bar. I started counseling, and stuck with it. I resolved to stay sober, and stay away from alcohol. And I have. The last drink I ever had was that fateful night. And I've stayed with counseling too: I will be beginning to attend a group therapy program for survivors of childhood sexual abuse next week.

After being diagnosed with the disease that would kill him, Lou Gehrig told a sold-out crowd at Yankee Stadium, "Today I consider myself the luckiest man on the face of the earth." Lou's gone, and someday I will be too. But I also consider myself the luckiest man on the face of the earth. I was a model probationer, discharged early by my probation officer. The weekend I spent in jail gave me a perspective of what it's like to be on the other side of the law, after years defending others in front of juries and judges. And that is a very lucky break, considering what could have happened. I didn't waste it.

Today I may be the happiest man on the planet: I have a truly wonderful wife who loves me and a life that gives me meaning. I know there are some fine people who have submitted their names to the city council for appointment to the board. Any one of them will make an excellent addition to it. But I've put my hat in the ring because of the experiences I've had. And I can assure you no one will work harder or with greater passion to fulfill the board's mission.

Thanks so much for your help.

Mark

Attached: Letter from DC Bar Counsel, 4/29/2017

- Attachment: [Letter from DC Bar Counsel 4.29.14.pdf](#)
- Expected Response Date: Thursday, May 11

Please take the necessary actions in responding, handling and/or updating this request at [the **Call.Click.Connect.** staff interface.](#)

If you need assistance with handling this request, please contact CallClickConnect@alexandriava.gov or call 703.746.HELP.

This is an automated email notification of a **Call.Click.Connect.** request. Please do not reply to this email.

May 1, 2017

Alexandria City Clerk and Clerk of Council
Gloria Sitton, Deputy Clerk
301 King Street, Room 2300
Alexandria, VA 22314

Dear Deputy Clerk Sitton,

I am writing on behalf of Mark Cattell who has applied for a position on the Alexandria Community Criminal Justice Board. I understand that City Council members will vote on the position/s on May 9, 2017.

I know Mark through the Alexandria Democratic Committee (ADC) where he is a fellow member. He has recently taken on the responsibility of Precinct Captain for the Charles Houston Recreation Center precinct, #110. I know Mark to be knowledgeable; to be actively involved in several aspects of work for the ADC and the candidates it supports; and to be willing to take on additional work when he sees a need.

I believe that Mark would be a contributing member and an asset to the Community Criminal Justice Board.

Yours truly,

A handwritten signature in cursive script, reading "Marianne M. Anderson". The signature is written in dark ink and is positioned below the "Yours truly," text.

Marianne M. Anderson
1224 Michigan Court
Alexandria, VA 22314
703-582-6811

Regina Dubey
208 E. Duncan Avenue
Alexandria, VA 22301

May 5, 2017

Ms. Gloria Sitton
Deputy City Clerk
Alexandria, Virginia

Re: Letter of Reference in Support of Mr. Mark Cattell's Application to the Community Criminal Justice Board

Dear Ms. Gloria Sitton:

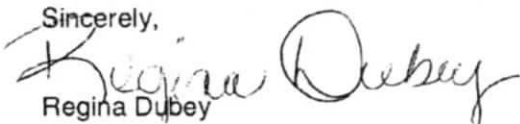
It is with great pleasure that I write this letter in support of Mr. Mark Cattell's application to the Community Criminal Justice Board of the City of Alexandria. I had the distinct privilege to work with Mr. Cattell on the Clinton campaign in 2016, where he served as a member of our leadership team as the voter registration captain. Subsequently, the precinct field director selected him for a special position as the captain for multi-unit buildings. As an event captain myself and later the staging location director in Alexandria, I can attest to his qualifications and contributions, which are transferable and relevant to the Community Criminal Justice Board. As such, I strongly endorse, without reservation, Mr. Cattell for consideration to this prestigious institution.

In his capacity as the voter registration captain, Mr. Cattell ably led a team of volunteers that exceeded our precinct goals week-after-week. But, that is not what set him apart from the field of volunteers. It was his enduring commitment to ensuring that *all* eligible citizens had the opportunity to vote. He quickly became a "household name" across the precincts in Alexandria, earning him the trust and confidence of his peers and our leadership and resulting in a special appointment as the captain of multi-unit buildings—the only position of its kind. His tenacity and charisma enabled access to these impenetrable buildings time-after-time. Where others failed, he succeeded, enabling conversations about the issues that mattered most to our neighbors and leading to an endorsement of our candidate. Mr. Cattell's contributions were both measurable and repeatable. For the thousands of volunteers that I had the privilege of leading over the course of the campaign, Mr. Cattell stands heads and shoulders above them all.

As a veteran campaign volunteer, he knows that community is the foundation upon which everything is built. He used this lesson to build a career founded on the same principle. Mr. Cattell not only embodies the mission of the Community Criminal Justice Board but lives it, making him eminently qualified to advance its mission. As a legal advocate on behalf of our children and an assistant public defender, he has demonstrated an enduring commitment to representing the interests of our citizens. Beyond his professional experience, Mr. Cattell's personal experience with substance abuse and his courageous recovery will bring a balanced perspective to the Board, who faces the challenge of breaking the link between substance abuse and crime.

I not only welcome the opportunity to work with Mr. Cattell again, but I strongly urge this selection committee to confirm his appointment to the Community Criminal Justice Board without reservation. Towards that end, please contact me at 703 973 4189 or via email at regina.dubey@gmail.com should you like to discuss his qualifications and experiences further.

Sincerely,


Regina Dubey

Jackie Henderson

From: Gloria Sitton
Sent: Monday, May 08, 2017 11:43 AM
To: City Council; City Council Aides
Subject: Postcards for supporting Mark Cattell (Community Criminal Justice Board)
Attachments: Boards Commissions Support Cards.pdf

We have received several postcards from citizens supporting Mark Cattell, an applicant for the Community Criminal Justice Board. Please see the attached cards for names.

Thanks!

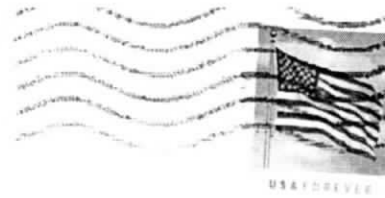
Gloria Sitton
Deputy City Clerk
City of Alexandria, Virginia
703-746-4550 (office)
gloria.sitton@alexandriava.gov



I Support
Mark Cattell
for the
Alexandria Criminal
Justice Board

NO VA 270

03 MAY 2017 PM 7.1



Mary Kent

722 N. Overlook Dr

Alexandria, Virginia

22305

Alexandria City Council
301 King Street
Alexandria, VA 22314



03 MAY 2017 PM 7.1



Natalie Talis

1401 Oranoco St.

Alexandria, Virginia

22314

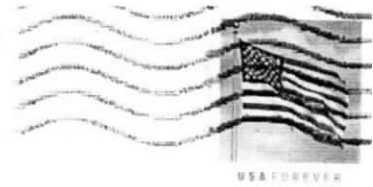
Alexandria City Council
301 King Street
Alexandria, VA 22314



**I Support
Mark Cattell
for the
Alexandria Criminal
Justice Board**

NO VA 220

03 MAY 2017 PM 5 L



STEVE VERDIER
4633 SEMINARY Rd
#304

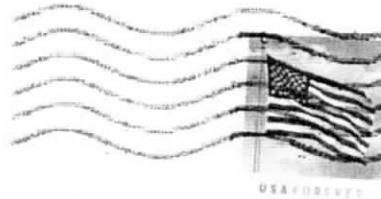
Alexandria, Virginia

Alexandria City Council
301 King Street
Alexandria, VA 22314

22304

NO VA 220

03 MAY 2017 PM 5 L



Holly Wallace

1339 Chetworth Ct

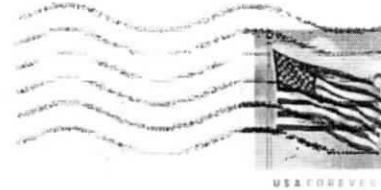
Alexandria, Virginia

Alexandria City Council
301 King Street
Alexandria, VA 22314

22214

NO VA 220

03 MAY 2017 PM 7 L



Nancy MORGAN

1410 Roundhouse Lane

Alexandria, Virginia

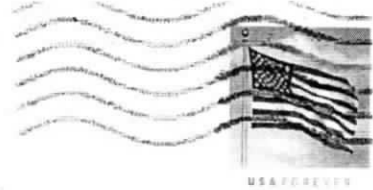
Alexandria City Council
301 King Street
Alexandria, VA 22314

22314



NOVA 220

03 MAY 2017 PM 51



JEN RUNKLE

610 S ST ASH ST

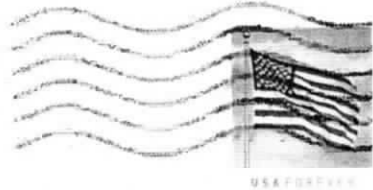
Alexandria, Virginia

22314

Alexandria City Council
301 King Street
Alexandria, VA 22314

NOVA 220

03 MAY 2017 PM 51



Sharon Widmayer

214 B E Windsor Ave

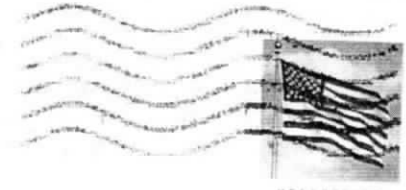
Alexandria, Virginia

AA 11 11 7 72-1

Alexandria City Council
301 King Street
Alexandria, VA 22314

NOVA 220

03 MAY 2017 PM 71



Pf Johnson

2151 Johnson Ave

Alexandria, Virginia

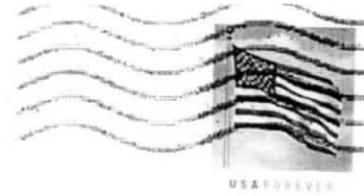
22314

Alexandria City Council
301 King Street
Alexandria, VA 22314



NO VA 220

03 MAY 2017 PM 5:1



JOSEPH JONES

610 S. SAINT ASAPH ST.

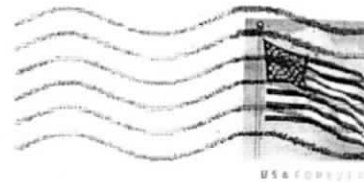
Alexandria, Virginia

22314

Alexandria City Council
301 King Street
Alexandria, VA 22314

NO VA 220

03 MAY 2017 PM 5:1



GLENN KLUVS

802 JUNIOR ST.

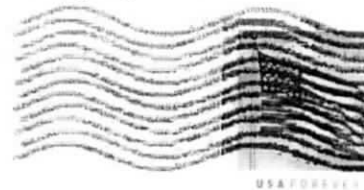
Alexandria, Virginia

22301

Alexandria City Council
301 King Street
Alexandria, VA 22314

NO VA 220

03 MAY 2017 PM 5:1



3901 Cameron Mills

22305

Alexandria, Virginia

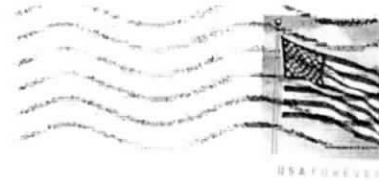
Taylor Sinclair

Alexandria City Council
301 King Street
Alexandria, VA 22314



NO VA 220

03 MAY 2017 PM 7 L



Marcia Carpentier

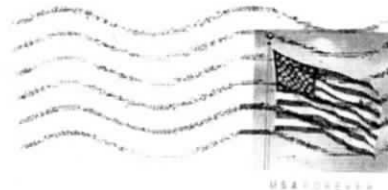
200 E. Glendale Ave. #4

Alexandria, Virginia

Alexandria City Council
301 King Street
Alexandria, VA 22314

NO VA 220

03 MAY 2017 PM 7 L



Jennifer Strand

5477 Fillmore Ave.

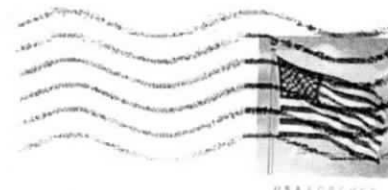
Alexandria, Virginia

Alexandria City Council
301 King Street
Alexandria, VA 22314

22311

NO VA 220

03 MAY 2017 PM 7 L



Bill Wisniewski

5477 Fillmore Ave.

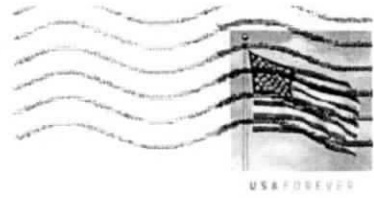
Alexandria, Virginia

Alexandria City Council
301 King Street
Alexandria, VA 22314

22311



NO VA 220



Matthew S.A. Feely
308 Wolfe Street

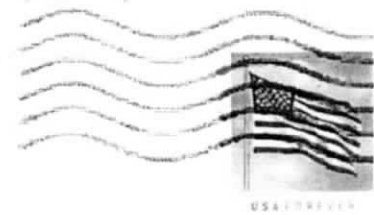
Matthew Feely

Alexandria, Virginia

22314

Alexandria City Court
301 King Street
Alexandria, VA 22314

NO VA 220



03 MAY 2017 PM 5:1

Gabriel Morey

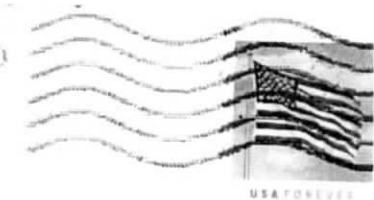
2661 Aulan Ct. #202

Alexandria, Virginia

22314

Alexandria City Council
301 King Street
Alexandria, VA 22314

NO VA 220



03 MAY 2017 PM 5:1

Isaac Moran

416 Haggard Dr.

Alexandria, Virginia

22305

Alexandria City Council
301 King Street
Alexandria, VA 22314



197 VA 220

03 MAY 2017 PM 7 L



Alma Amaya
4502 Lantern Pl.

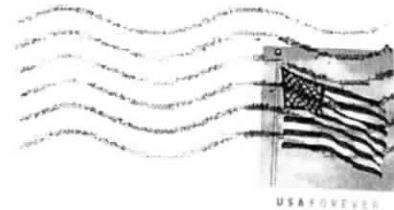
Alexandria, Virginia

22306

Alexandria City Council
301 King Street
Alexandria, VA 22314

197 VA 220

03 MAY 2017 PM 7 L



MARGARET GERLACH

APT 307

640 John Carlyle St

Alexandria, Virginia

22314

M Gerlach

Alexandria City Council
301 King Street
Alexandria, VA 22314

197 VA 220

03 MAY 2017 PM 5 L



Benjamin Cooper

3540 Holmes Run Pkwy #1104

Alexandria, Virginia

22304

Alexandria City Council
301 King Street
Alexandria, VA 22314



Jackie Henderson

From: Greg Parks via Call.Click.Connect.
<CallClickConnect@alexandriava.gov>
Sent: Tuesday, May 09, 2017 5:11 PM
To: City Council; City Council Aides; Jackie Henderson; Call Click
Connect; Gloria Sitton
Subject: Call.Click.Connect. #120704: Mayor, Vice Mayor, City Council I am
writing to express my support for M

Dear *Call.Click.Connect.* User

A request was just created using *Call.Click.Connect.* The request ID is 120704.

Request Details:

This is a "private" request. Information should only be provided to the original customer or those who know the full Call.Click.Connect. request number for this, which is "120704-76DDAB".

- Name: Greg Parks
- Approximate Address: No Address Specified
- Phone Number: 202-251-4058
- Email: jgregoryparks@mac.com
- Service Type: Mayor, Vice Mayor, City Council
- Request Description: I am writing to express my support for Mr. Mark Cattell's application to serve on the City of Alexandria's Community Criminal Justice Board. I believe Mr. Cattell's personal background, as well as his professional experience, education, and training would bring both relevant skills, and a true commitment to the Board's mission.

Mr. Cattell has a professional background as a public defender. As he lays out in his personal statement, he has also struggled with, and overcome, significant personal and family history with addiction and other issues. I believe both of those traits in his background would bring valuable skills and insight to the Board. I have known Mr. Cattell as a fellow member of the Alexandria Democratic Committee where I have seen first hand his boundless energy and enthusiasm. He has always volunteered to help with any task and has always made good his commitments.

I am a recent appointee to the Alexandria's Economic Opportunities Commission, representing the Commonwealth's Attorney. In this position I believe it is part of my responsibility to be sensitive to criminal justice issues as they impact economic opportunities in the city. I believe Mr. Cattell's unique background positions him to appreciate those same issues as they impact our city and he has expressed to me his strong desire to work with the EOC and other city stakeholders to help make Alexandria an even better place to live and work.

Sincerely
Greg Parks

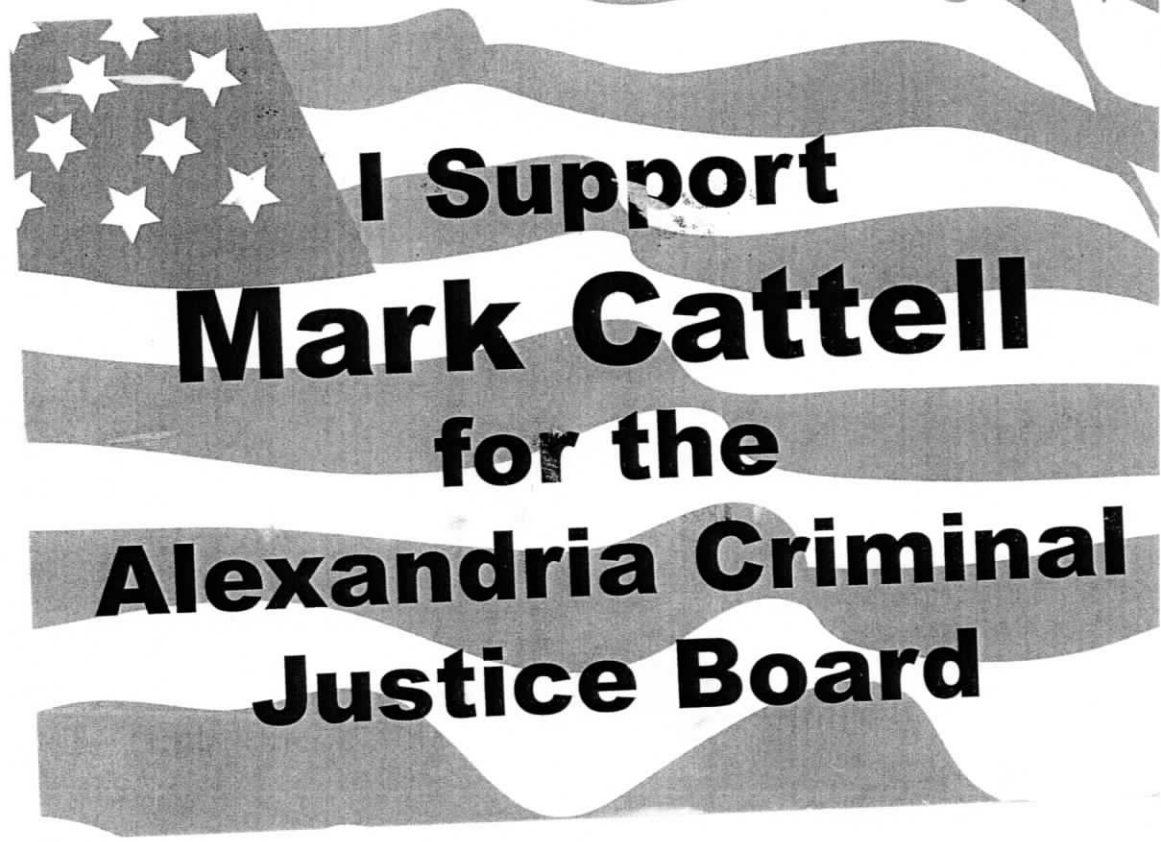
- Expected Response Date: Tuesday, May 16

Please take the necessary actions in responding, handling and/or updating this request at [the *Call.Click.Connect.* staff interface.](#)

If you need assistance with handling this request, please contact CallClickConnect@alexandriava.gov or call 703.746.HELP.

This is an automated email notification of a *Call.Click.Connect.* request. Please do not reply to this email.

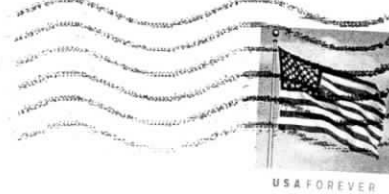
18
5-9-17



I Support
Mark Cattell
for the
Alexandria Criminal
Justice Board

NOVA 220

03 MAY 2017 PM 7:1



Mary Kent

722 N. Overlook Dr

Alexandria, Virginia

22305

Alexandria City Council
301 King Street
Alexandria, VA 22314



03 MAY 2017 PM 7:1



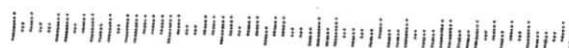
Natalie Talis

1401 Cronoco St.

Alexandria, Virginia

22314

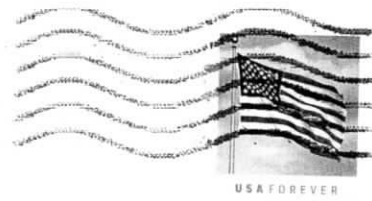
Alexandria City Council
301 King Street
Alexandria, VA 22314



**I Support
Mark Cattell
for the
Alexandria Criminal
Justice Board**

NO VA 220

03 MAY 2017 PM 5 L



STEVE VERDIER
4633 SEMINARY Rd
#304

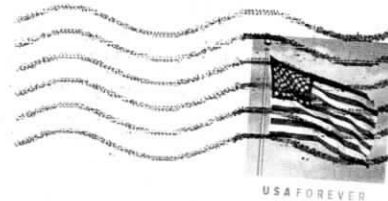
Alexandria, Virginia

Alexandria City Council
301 King Street
Alexandria, VA 22314

22304

NO VA 220

03 MAY 2017 PM 5 L



Holly Wallace

1339 Chetworth Ct

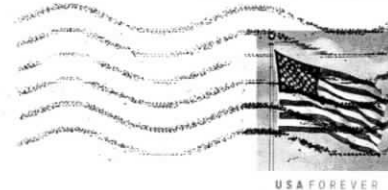
Alexandria, Virginia

Alexandria City Council
301 King Street
Alexandria, VA 22314

22214

NO VA 220

03 MAY 2017 PM 5 L



Nancy MORGAN

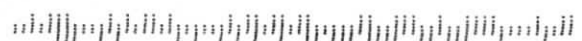
1410 Roundhouse Lane

Alexandria, Virginia

Alexandria City Council
301 King Street
Alexandria, VA 22314

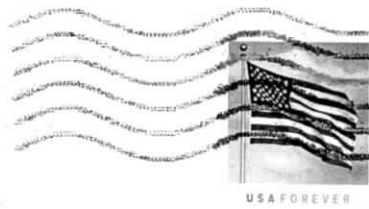
22314

22314-321101



NO VA 220

03 MAY 2017 PM 5 L



JEN RUNKLE

610 S ST ASH ST

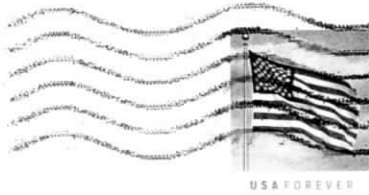
Alexandria, Virginia

22314

Alexandria City Council
301 King Street
Alexandria, VA 22314

NO VA 220

03 MAY 2017 PM 5 L



Sharon Widmayer

214 B E Windsor Ave

Alexandria, Virginia

NOVA 220

Alexandria City Council
301 King Street
Alexandria, VA 22314

NO VA 220

03 MAY 2017 PM 7 L



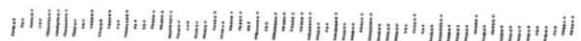
Pf Johnson

2151 Johnson Ave

Alexandria, Virginia

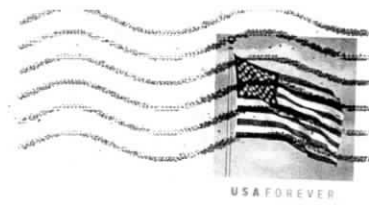
22314

Alexandria City Council
301 King Street
Alexandria, VA 22314



NO VA 220

03 MAY 2017 PM 5 L



JOSEPH JONES

610 S. SAINT ASAPH ST.

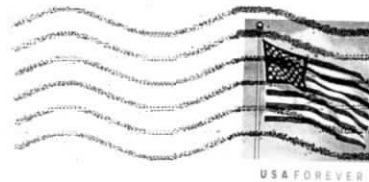
Alexandria, Virginia

22314

Alexandria City Council
301 King Street
Alexandria, VA 22314

NO VA 220

03 MAY 2017 PM 5 L



GLENN KLUVS

802 JUNIOR ST.

Alexandria, Virginia

22301

Alexandria City Council
301 King Street
Alexandria, VA 22314

NO VA 220

03 MAY 2017 PM 5 L



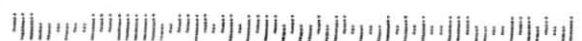
3901 Cameron Mills

22305

Alexandria, Virginia

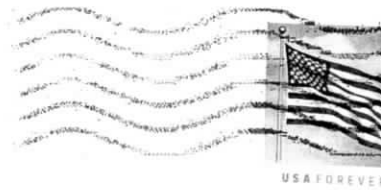
Taylor Sinclair

Alexandria City Council
301 King Street
Alexandria, VA 22314



NO VA 220

03 MAY 2017 PM 7 L



Marcia Carpentier

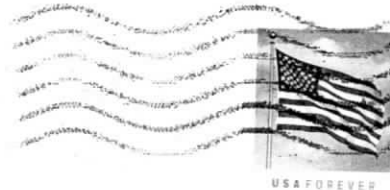
200 E. Glendale Ave. #4

Alexandria, Virginia

Alexandria City Council
301 King Street
Alexandria, VA 22314

NO VA 220

03 MAY 2017 PM 7 L



Jennifer Strand

5477 Fillmore Ave.

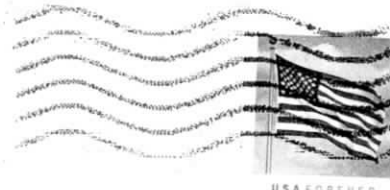
Alexandria, Virginia

Alexandria City Council
301 King Street
Alexandria, VA 22314

22311

NO VA 220

03 MAY 2017 PM 7 L



Bill Wisniewski

5477 Fillmore Ave.

Alexandria, Virginia

Alexandria City Council
301 King Street
Alexandria, VA 22314

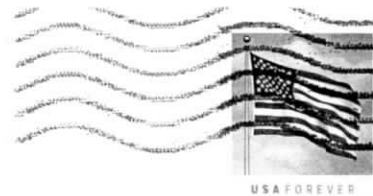
22311



NO VA 220

03 MAY 2017 PM 5 L

Matthew S.A. Feely
308 Wolfe Street



Matthew Feely

Alexandria, Virginia

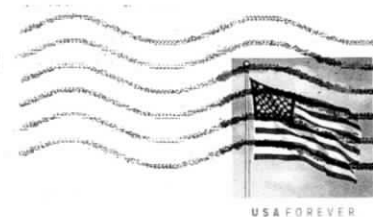
22314

Alexandria City Court
301 King Street
Alexandria, VA 22314

NO VA 220

03 MAY 2017 PM 5 L

Gabriel Morey



2661 Aulan Ct. #202

Alexandria, Virginia

22314

Alexandria City Council
301 King Street
Alexandria, VA 22314

NO VA 220

03 MAY 2017 PM 5 L

Laurel Moran



416 Argyle Dr

Alexandria, Virginia

22305

Alexandria City Council
301 King Street
Alexandria, VA 22314



150 VA 230
03 MAY 2017 PM 7 L
Alma Amaya
4502 Lantern Pl.

Alexandria, Virginia

22306

Alexandria City Council
301 King Street
Alexandria, VA 22314

150 VA 230
03 MAY 2017 PM 7 L
MARGARET GERLACH
APT 307
640 John Calixte Jr

Alexandria, Virginia 22314

M Gerlach

Alexandria City Council
301 King Street
Alexandria, VA 22314

150 VA 230
03 MAY 2017 PM 5 L
Benjamin Cooper

3540 Holmes Run Pkwy #1104

Alexandria, Virginia

22304

Alexandria City Council
301 King Street
Alexandria, VA 22314

