



Health and Hope

A VERY SPECIAL THANK YOU GOES TO

Alfred Street Baptist Church for the generous donation of a free Thanksgiving Turkey to each attendee (one per family)

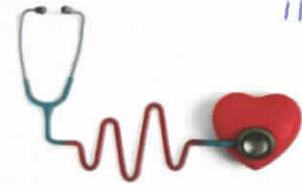
"Alexandria Cares for the Uninsured" for covering the cost of a visit for teeth cleaning for 25 attendees at the NVCC Dental Hygiene Clinic

The following health care providers for donating their time and skills to the Health Fair:

- o Babak Salahbbin, D.D.S.
- o Ramineh Kangarloo, D.D.S.
- o Azita Moalemi, M.D.
- o Timothy Yun, PT, DPT

In addition, we wish to acknowledge the contributions of the following organizations that helped spread the word about the Health Fair and encouraged people to attend:

ACT for Alexandria, ALIVE!, ARHA, Carpenter's Shelter, Community Lodgings, Friends of GUEST HOUSE Virginia, Hopkins House, Lazarus Ministry at Christ Church, Senior Services of Alexandria, and Volunteer Alexandria.



27
11-10-15

Key Community Resources Contact information

Neighborhood Health
www.neighborhoodhealthva.org
703.535.5568

Enroll Virginia
<http://enroll-virginia.com/ev>
1-888-392-5132

**Dept. Community and
Human Services**
<https://commonhelp.virginia.gov>
703.746.5700

Inova Alexandria Hospital
<http://www.inova.org/iah>
703-504-3000

Alexandria Health Department
<http://www.alexandriava.gov/Health>
703.746.4996

**"Bringing Health and Hope to
Alexandria's Uninsured"**

FIRST ALEXANDRIA COMMUNITY HEALTH FAIR

Saturday, Nov. 14, 2015
9 a.m. to 4 p.m.
Francis Hammond Middle School
4646 Seminary Rd. Alexandria

Hosted by:

City of Alexandria

Neighborhood Health

Alexandria City Public Schools

INOVA Alexandria Hospital

Alexandria Health Department



SCHEDULE

9:00 am – 4:00 pm



Health Screens & Services

- Anemia screening
- Blood Pressure
- Body Mass Index
- Dental education
- Flu shots
- HIV tests & counseling
- Hypertension
- Mental Health
- Physical therapy
- Tests for diabetes
- Vision and hearing

EVENTS/ACTIVITIES

9:00 am to 3:00 pm

- Tour the WOW Bus
- Tour a Fire engine



9:00 a.m. to 2:00pm

- Free massages for kids and adults
- Yoga for kids and adults
- Fitness and games for kids

2:00 pm to 3:00 pm

- Tai Chi Instruction for Kids & Adults

HEALTH PROVIDERS AND COMMUNITY RESOURCES

- AARP Virginia
- Alexandria City Public Schools
- Alexandria Health Department
- Alexandria Host Lions Club
- Alfred Street Baptist Church
- Anthem HealthKeepers Plus
- Consumer Voices in Health
- Department of Community and Human Services
- Department of Recreation, Parks and Cultural Activities
- Enroll Virginia
- INTotal Health
- Kaiser Permanente
- MedTech
- Mental Health America
- Neighborhood Health
- NOVA Dental
- NovaSalud
- The Libre Initiative
- Virginia Interfaith Center
- Walgreens
- PIES Fitness Yoga Studio

