

## What is AMP?

The Alexandria Mentoring Partnership (AMP), formed in 2006, is composed of 10 local mentoring programs with the shared mission of ensuring that quality mentors and mentoring programs are Alexandria's youth and young adults in need. With guidance and resources from the Virginia Mentoring Partnership, AMP works to maximize mentor recruitment, screening, and training, and ensure best practice programs. We are available to support individuals and groups interested in starting new mentor programs.

The work of the Alexandria Mentoring Partnership ultimately supports close to 300 mentoring relationships each year by working with 10 diverse programs. Many entities are involved with the AMP, including local government, religious, and nonprofit organizations, as well as the Alexandria City Public Schools, foundations, businesses, local elected leadership, and individual community members.

## Why Mentor?

Mentoring benefits both mentor and mentee in a variety of ways. Mentoring participants report greater social connectedness, a boost in confidence, improved communication skills, opportunities to further network connections and much more.

Mentored youth are less likely to be depressed, use drugs or become court involved and more likely to participate in extracurricular activities, graduate and receive post-secondary education.



## How to Help

AMP relies on support from the community in a variety of ways:

- Mentors are needed to work one-to-one or in groups with youth.
- Volunteers can help with youth, program development and support, capacity building, events, and other duties.
- Businesses, foundations, community members, and others are invited to support mentoring in Alexandria through donations and partnerships.
- Mentoring programs, and organizations interested in creating a mentoring program, are invited to contact AMP in order to learn more about the requirements and benefits of an AMP membership.

*Be Someone Who Matters*

*To Someone Who Matters*

## Contact Us

### Website

[www.alexandriava.gov/Mentoring](http://www.alexandriava.gov/Mentoring)

### Email

[mentoring@alexandriava.gov](mailto:mentoring@alexandriava.gov)

### Phone

703.746.4455



# ALEXANDRIA MENTORING PARTNERSHIP

**Mentor One Child,**



**Change Two Lives**





# Alexandria Mentoring Partnership

## Youth Mentoring Programs

### Wright to Read

Provides volunteer-based one-on-one sustained literacy tutoring & mentoring relationships, and collaborates with families, schools and community partners to create a comprehensive support network that guides each child to success.

Who: 1st to 5th graders

When: Flexible meeting times

Where: Alexandria Libraries



### Community Lodgings

Offers group mentoring in a safe, supportive, creative, and fun environment where students learn life skills, conflict resolution, and boundary-setting.

Who: Any ACPS 7th to 12th grader

When: Monday evenings

Where: Community Lodgings Classrooms



### Space of Her Own

Helps girls avoid delinquency, live healthfully, progress academically, and give back through one-on-one mentoring in a group setting. With visual arts, carpentry, and life skills classes, youth transform their bedrooms and build bright futures.

Who: 5th grade girls

When: Tuesday or Wednesday evenings

Where: George Washington Middle School



### Higher Achievement

Implements a learning environment, caring role-models, and culture of high expectations resulting in college-bound scholars with the character, confidence, and skills to succeed.

Who: 5th to 8th graders

When: Monday-Thursday evenings

Where: Francis Hammond Middle School

### The Untouchables

Directs attention on developing male youth of color into successful men who live healthy and productive lives by encouraging members to strive for excellence and make a positive impact on those around them.

Who: 2nd to 12th grade young men of color

When: Thursday evenings

Where: Charles Houston Rec Center



### Casa Chirilagua

Focuses on using the power of relational bridge building to holistically transform communities. A Christian non-profit based in the Latino neighborhood of Chirilagua/Arlandria which boosts confidence in academic skills and improves students' well-being.

Who: Elementary and Middle School students

Where: Flexible meeting times

Where: Casa Chirilagua Community Center



### BRYCE Project

Bright Resilient Youth Committed to Enrichment

Develops bright, resilient youth committed to enrichment by bridging cultural gaps, encouraging healthy peer relationships, fostering post-school development, and improving the community through group mentoring.

Who: High School Girls

When: Mondays after school, Saturdays

Where: Charles Barrett Rec Center



### RARE

#### Reach And Rise for Excellence

Empowers a comprehensive community wide effort to increase student achievement and reduce dropout rates. Targets "at promise" children and teaches mathematics, language arts, leadership and social skills, along with career exposure and field trips.

Who: 6th to 8th graders

When: Monday-Thursday after school

Where: Francis Hammond Middle School and George Washington Middle School



## Adult Mentoring Programs

### Alexandria Seaport Foundation

Guides disadvantaged youths through a paid, work-based apprentice program. Apprentices develop discipline, self-confidence, career and social skills.

Who: 18 to 22 year olds

When: Monday-Friday, work hours

Where: Alexandria Seaport Foundation



### Friends of Guesthouse

Furnishes residential and after-care programs including mentors who help women with life skills, professional development, and relationship building.

Who: Women transitioning to life after imprisonment

When: Flexible meeting times

Where: The Guest House



Mentoring  
Proclamation

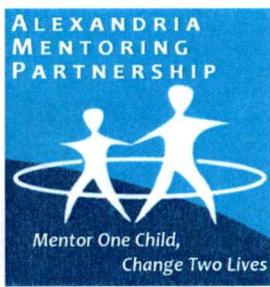
# Alexandria Mentoring Partnership Celebrates Alexandria Mentoring Month!

Be someone who matters  
to someone who matters  
in two ways:

## open HOUSE

Thursday, January 17, from 6 to 8 p.m.  
The Lyceum, 201 S. Washington St.

- ◊ Discover the merits of mentoring
- ◊ Learn about our programs
- ◊ Hear from mentors and mentees
- ◊ Event is free

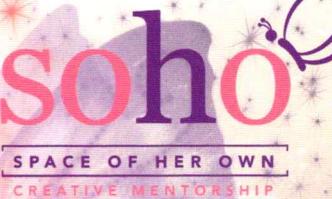


This January, the Alexandria Mentoring Partnership asks you to help us raise \$1,095 to "wrap" the rear of our City van with graphics to recruit new mentors.

To make a donation, visit  
[alexandriava.gov/Mentoring](http://alexandriava.gov/Mentoring)

To RSVP for the open house please email  
[azuree.bowman@alexandriava.gov](mailto:azuree.bowman@alexandriava.gov)  
or call 703.746.4478

For reasonable disability accommodations, please email [vyvonne.dilbert@alexandriava.gov](mailto:vyvonne.dilbert@alexandriava.gov)  
or call 703.746.4144, Virginia Relay 711



BECOME A MENTOR AND OPEN UP A WORLD OF NEW POSSIBILITIES



recruitment@spaceofherown.org



(703)746-4687



www.spaceofherown.org

Give the best gift

## TIME. care AND respect

We value all youth and believe that with one-to-one mentoring coupled with opportunities for identifying strengths, thinking creatively, mastering social and academic skills and helping others, they will soar to bright futures.

Space of Her Own, Inc. (SOHO) is an award-winning Northern Virginia 501(c)(3) charitable organization committed to helping vulnerable preteen girls succeed in all areas of their lives. Matched with volunteer adult mentors, girls experience the arts as a means for self-expression and confidence. Through hands-on learning, they develop practical visual arts, carpentry and design skills. While girls work with their mentors to create and build lamps, shelves, and other items for their bedrooms, they learn life skills and healthy ways of interacting and collaborating with others. The first year of the program serves 5th graders and culminates in a bedroom makeover, giving each girl a personalized space of her own, which encourages creativity, conveys a sense of value and worth, and gives a daily reminder of her circle of support and care. SOHO has a lasting impact by fostering mentoring relationships and skill-building throughout the middle school years.

Research shows that with positive, caring relationships with adults, students:



Are more likely to graduate



Make healthier lifestyle choices



Build stronger relationships with parents, teachers and peers



Demonstrate improved social and emotional skills

## 4 easy steps to become a mentor!

ATTEND AN ORIENTATION SESSION

FILL OUT AN APPLICATION

VISIT A SOHO PROGRAM NIGHT

COMPLETE AN INTERVIEW AND BACKGROUND CHECK

[www.spaceofherown.org](http://www.spaceofherown.org)

SOHO  
SPACE OF HER OWN  
CREATIVE MENTORSHIP



# casa Chirilagua

Developing relationships with families to see the Chirilagua neighborhood transformed by Christ.

## Our Story

Casa Chirilagua  
started in

2007

When 3 friends moved  
to Chirilagua



Parents in the community  
knew their children  
needed help



KIDS CLUB  
was created  
Casa's 1st.  
program.



### Did you know...

We serve 110 families.

375 volunteers help us.

A total of 8,700 hours of voluntary  
service were donated last year.

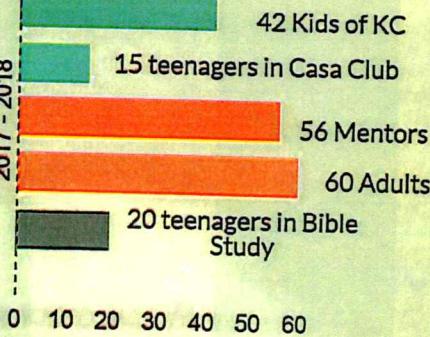
Equivalent to 196,000 dollars.

25 churches are involved.

We serve 100 adults in the  
community.

## Participants

2017 - 2018



## Youth:

- Teens Club
- Bible Study
- Summer Programs
- Mentoring

## Our Programs...

### Adults:

- English classes
- Literacy classes
- Employment for young adults

### Children:

- Kids Club
- Summer Programs
- Mentoring

## Goals

- Empowered Youth and Adults
- Spiritual Health
- Physical Health
- Strong Families
- Strong Community



85%

Weekly tuition discount for  
Kids Club participants.

# How does Casa Chirilagua

work?



I would like them to help my children with homework

I would like to learn English



Community ideas

Let's do it



Listen to the ideas of the Community



Select the proposals



Verify that ideas meet the organization's goals.

Strategic Committee

They look for donors that make the new program possible

Fundraising committee

They check that there is enough money to make the new programs

Finance committee

Staff, Volunteers and Community Members

Implement the Ideas through Programs

Use the funds collected for the Community

What would you like to see in the Community?

# MENTORING

At Casa Chirilagua our mission is **developing relationships with families to see the Chirilagua neighborhood transformed by Christ**. Relationship building is at the heart of our Mentoring program. By investing in the life of a young child, you become the hands and feet of Christ in a tangible way.

## OUR PROGRAM GOAL:

**Two lives transformed through one mentorship.**

## Frequently Asked Questions

### **Who are Casa Chirilagua Mentors?**

Casa Mentors are mature adults, 21 and older, who commit to maintaining a friendship with their mentee by meeting at least one hour a week for a minimum of one year.

### **Who are Casa Chirilagua Mentees?**

Casa Mentees are children in elementary and middle school (1st-8th grades). Casa Mentees live in the Chirilagua (Arlandria) neighborhood and participate in at least one Casa Chirilagua program (Kids Club, Teens Club, Bible Study). Most children are from immigrant families and of Central American descent.

### **Do I need to speak Spanish?**

Speaking Spanish is not a requirement. The majority of our mentees speak both English and Spanish. Your mentee and program staff can help you communicate with his or her family if you don't speak Spanish.

### **How do I become a mentor?**

Contact Adriana Gomez, Mentoring Director, to get started. Your first step will be to complete the screening process which includes a phone inquiry with Adriana, followed by an application, background check, personal interview, orientation and training.

### **How long does the screening process take?**

This is typically an eight week process, depending on the time in which an applicant completes all of the necessary paperwork and trainings and how long it takes for the fingerprint-based criminal background check to be completed.

### **How do I get matched with a mentee?**

After completing the screening process program staff will match you with a mentee based on age/gender preferences and interest/personality matches. We'll notify you of your match, notify the family, then arrange a time for everyone to meet and set a regular meeting time and location.

### **When do mentoring sessions take place?**

Mentors and mentees meet after-school, in the evening or on the weekends, depending on the preference of the mentor and mentee's family. It's best to set a regular time (Tuesdays at 6pm or Saturdays at

10am, for example), but schedules can be flexible as long as there is good communication between the mentor and the mentee's family and meetings are consistent.

### **Where do mentoring sessions take place?**

Our mentoring program is community-based, which means mentoring sessions take place in public places in the neighborhood (library, park, coffee shop, etc.). Mentoring sessions can take place in the mentee's home but during the first year, it is never okay to be alone with your mentee in his or her home or bring the mentee to your home.

### **What kinds of things will my mentee and I do?**

Each match is unique and how you spend your time will depend upon the interests and personality of your mentee. Some matches spend most of their time on reading and academic skills. Others enjoy doing projects together such as building a robot, learning sign-language, practicing a sport, etc. Some matches plan reward experiences like sporting events, movies, museum trips, etc.

### **What kinds of trainings & support are available?**

All mentors are required to complete an orientation, Child Protection Training and Child Sexual Abuse Prevention Training prior to being matched with their mentee. Additional trainings will be offered throughout the relationship of which mentors are encouraged to take advantage. Mentors will have monthly phone and email contact with program staff as a way of keeping staff informed of match progress.

### **Is faith a required component of the program?**

Casa Chirilagua is a faith-based organization and we openly teach biblical principles in many of our programs. However, claiming the Christian faith is not a requirement to become a mentor. We believe that as a mentor, your role is to share life with your mentee. If your faith is important to you feel free to share with your mentee, to the degree that you (and your mentee and his or her family) are comfortable.

### **What are the benefits of mentoring?**

The individualized interest and companionship that a child receives from a mentor makes a huge impact including reducing risky behaviors, increasing a youth's sense of well-being and improving his or her academic performance.

