

## What is AMP?

The Alexandria Mentoring Partnership (AMP), formed in 2006, is composed of 10 local mentoring programs with the shared mission of ensuring that quality mentors and mentoring programs are Alexandria's youth and young adults in need. With guidance and resources from the Virginia Mentoring Partnership, AMP works to maximize mentor recruitment, screening, and training, and ensure best practice programs. We are available to support individuals and groups interested in starting new mentor programs.

The work of the Alexandria Mentoring Partnership ultimately supports close to 300 mentoring relationships each year by working with 10 diverse programs. Many entities are involved with the AMP, including local government, religious, and nonprofit organizations, as well as the Alexandria City Public Schools, foundations, businesses, local elected leadership, and individual community members.

## Why Mentor?

Mentoring benefits both mentor and mentee in a variety of ways. Mentoring participants report greater social connectedness, a boost in confidence, improved communication skills, opportunities to further network connections and much more.

Mentored youth are less likely to be depressed, use drugs or become court involved and more likely to participate in extracurricular activities, graduate and receive post-secondary education.



## How to Help

AMP relies on support from the community in a variety of ways:

- Mentors are needed to work one-to-one or in groups with youth.
- Volunteers can help with youth, program development and support, capacity building, events, and other duties.
- Businesses, foundations, community members, and others are invited to support mentoring in Alexandria through donations and partnerships.
- Mentoring programs, and organizations interested in creating a mentoring program, are invited to contact AMP in order to learn more about the requirements and benefits of an AMP membership.

*Be Someone Who Matters*

*To Someone Who Matters*

## Contact Us

Website

[www.alexandriava.gov/Mentoring](http://www.alexandriava.gov/Mentoring)

Email

[mentoring@alexandriava.gov](mailto:mentoring@alexandriava.gov)

Phone

703.746.4455

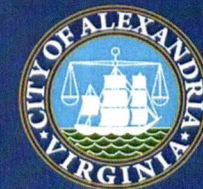


# ALEXANDRIA MENTORING PARTNERSHIP

*Mentor One Child,*



*Change Two Lives*







# Alexandria Mentoring Partnership

## Youth Mentoring Programs

### Wright to Read

Provides volunteer-based one-on-one sustained literacy tutoring & mentoring relationships, and collaborates with families, schools and community partners to create a comprehensive support network that guides each child to success.

**Who:** 1st to 5th graders

**When:** Flexible meeting times

**Where:** Alexandria Libraries



### Community Lodgings

Offers group mentoring in a safe, supportive, creative, and fun environment where students learn life skills, conflict resolution, and boundary-setting.

**Who:** Any ACPS 7th to 12th grader

**When:** Monday evenings

**Where:** Community Lodgings Classrooms



### Space of Her Own

Helps girls avoid delinquency, live healthfully, progress academically, and give back through one-on-one mentoring in a group setting. With visual arts, carpentry, and life skills classes, youth transform their bedrooms and build bright futures.

**Who:** 5th grade girls

**When:** Tuesday or Wednesday evenings

**Where:** George Washington Middle School



### Higher Achievement

Implements a learning environment, caring role-models, and culture of high expectations resulting in college-bound scholars with the character, confidence, and skills to succeed.

**Who:** 5th to 8th graders

**When:** Monday-Thursday evenings

**Where:** Francis Hammond Middle School



### The Untouchables

Directs attention on developing male youth of color into successful men who live healthy and productive lives by encouraging members to strive for excellence and make a positive impact on those around them.

**Who:** 2nd to 12th grade young men of color

**When:** Thursday evenings

**Where:** Charles Houston Rec Center



### Casa Chirilagua

Focuses on using the power of relational bridge building to holistically transform communities. A Christian non-profit based in the Latino neighborhood of Chirilagua/Arlandria which boosts confidence in academic skills and improves students' well-being.

**Who:** Elementary and Middle School students

**Where:** Flexible meeting times

**Where:** Casa Chirilagua Community Center



### BRYCE Project

*Bright Resilient Youth Committed to Enrichment*

Develops bright, resilient youth committed to enrichment by bridging cultural gaps, encouraging healthy peer relationships, fostering post-school development, and improving the community through group mentoring.

**Who:** High School Girls

**When:** Mondays after school, Saturdays

**Where:** Charles Barrett Rec Center



## RARE

*Reach And Rise for Excellence*

Empowers a comprehensive community wide effort to increase student achievement and reduce dropout rates. Targets "at promise" children and teaches mathematics, language arts, leadership and social skills, along with career exposure and field trips.

**Who:** 6th to 8th graders

**When:** Monday-Thursday after school

**Where:** Francis Hammond Middle School and George Washington Middle School



## Adult Mentoring Programs

### Alexandria Seaport Foundation

Guides disadvantaged youths through a paid, work-based apprentice program. Apprentices develop discipline, self-confidence, career and social skills.

**Who:** 18 to 22 year olds

**When:** Monday-Friday, work hours

**Where:** Alexandria Seaport Foundation



### Friends of Guesthouse

Furnishes residential and after-care programs including mentors who help women with life skills, professional development, and relationship building.

**Who:** Women transitioning to life after imprisonment

**When:** Flexible meeting times

**Where:** The Guest House





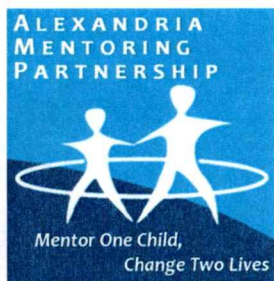
# Alexandria Mentoring Partnership Celebrates Alexandria Mentoring Month!

Be someone who matters  
to someone who matters  
in two ways:

## Open House

Thursday, January 17, from 6 to 8 p.m.  
The Lyceum, 201 S. Washington St.

- ◇ Discover the merits of mentoring
- ◇ Learn about our programs
- ◇ Hear from mentors and mentees
- ◇ Event is free



This January, the Alexandria Mentoring Partnership asks you to help us raise \$1,095 to "wrap" the rear of our City van with graphics to recruit new mentors.

To make a donation, visit  
[alexandriava.gov/Mentoring](http://alexandriava.gov/Mentoring)

To RSVP for the open house please email  
[azuree.bowman@alexandriava.gov](mailto:azuree.bowman@alexandriava.gov)  
or call 703.746.4478

*For reasonable disability accommodations, please email [vyvyanne.dilbert@alexandriava.gov](mailto:vyvyanne.dilbert@alexandriava.gov)  
or call 703.746.4144, Virginia Relay 711*





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SPACE OF HER OWN

CREATIVE MENTORSHIP

BECOME A MENTOR AND OPEN UP A WORLD OF NEW POSSIBILITIES



[recruitment@spaceofherown.org](mailto:recruitment@spaceofherown.org)



(703)746-4687



[www.spaceofherown.org](http://www.spaceofherown.org)



# Give the best gift TIME, CARE AND RESPECT



We value all youth and believe that with one-to-one mentoring coupled with opportunities for identifying strengths, thinking creatively, mastering social and academic skills and helping others, they will soar to bright futures.

Space of Her Own, Inc. (SOHO) is an award-winning Northern Virginia 501(c)(3) charitable organization committed to helping vulnerable preteen girls succeed in all areas of their lives. Matched with volunteer adult mentors, girls experience the arts as a means for self-expression and confidence. Through hands-on learning, they develop practical visual arts, carpentry and design skills. While girls work with their mentors to create and build lamps, shelves, and other items for their bedrooms, they learn life skills and healthy ways of interacting and collaborating with others. The first year of the program serves 5th graders and culminates in a bedroom makeover, giving each girl a personalized space of her own, which encourages creativity, conveys a sense of value and worth, and gives a daily reminder of her circle of support and care. SOHO has a lasting impact by fostering mentoring relationships and skill-building throughout the middle school years.

Research shows that with positive, caring relationships with adults, students:



Are more likely to graduate



Make healthier lifestyle choices



Build stronger relationships with parents, teachers and peers



Demonstrate improved social and emotional skills

## 4 EASY STEPS TO BECOME A MENTOR!

ATTEND AN ORIENTATION SESSION

FILL OUT AN APPLICATION

VISIT A SOHO PROGRAM NIGHT

COMPLETE AN INTERVIEW AND BACKGROUND CHECK

[WWW.SPACEOFHEROWN.ORG](http://WWW.SPACEOFHEROWN.ORG)

[RECRUITMENT@SPACEOFHEROWN.ORG](mailto:RECRUITMENT@SPACEOFHEROWN.ORG)





# casa Chirilagua

Developing relationships with families to see the Chirilagua neighborhood transformed by Christ.

## Our Story

Casa Chirilagua started in

2007

When 3 friends moved to Chirilagua



Parents in the community knew their children needed help



KIDS CLUB was created Casa's 1st. program.



### Did you know...

We serve 110 families.

375 volunteers help us.

A total of 8,700 hours of voluntary service were donated last year.

Equivalent to 196,000 dollars.

25 churches are involved.

We serve 100 adults in the community.

### Our Programs...

Youth:

- Teens Club
- Bible Study
- Summer Programs
- Mentoring

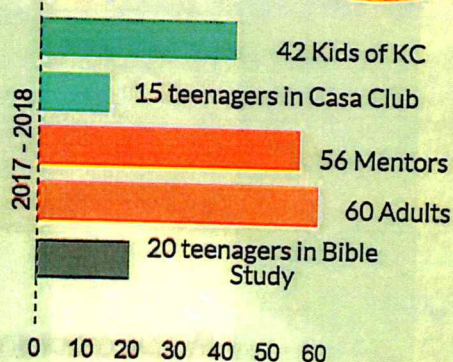
Children:

- Kids Club
- Summer Programs
- Mentoring

Adults:

- English classes
- Literacy classes
- Employment for young adults

## Participants



## Goals

Empowered Youth and Adults  
Spiritual Health  
Physical Health  
Strong Families  
Strong Community

Based on a  
Culture of Honor

# 85%

Weekly tuition discount for Kids Club participants.



# How does Casa Chirilagua work?

Board of  
Directors

Fundraising

Finance  
Committee

Strategic  
Address

I would like them to  
help my children  
with homework

I would like to  
learn English

Community ideas

Lets do it

Strategic Committee

Listen to the ideas of  
the Community

Select the  
proposals

Verify that ideas  
meet the organization's  
goals.

They look for  
donors that  
make the new  
program  
possible

Fundraising committee

They check that  
there is enough  
money to make  
the new programs

Finance committee

Staff,  
Volunteers and  
Community  
Members

Implement the Ideas  
through Programs

Use the funds  
collected for the  
Community

What would you  
like to see in the  
Community?



# MENTORING

At Casa Chirilagua our mission is **developing relationships with families to see the Chirilagua neighborhood transformed by Christ**. Relationship building is at the heart of our Mentoring program. By investing in the life of a young child, you become the hands and feet of Christ in a tangible way.

## OUR PROGRAM GOAL:

**Two lives transformed through one mentorship.**

## Frequently Asked Questions

### Who are Casa Chirilagua Mentors?

Casa Mentors are mature adults, 21 and older, who commit to maintaining a friendship with their mentee by meeting at least one hour a week for a minimum of one year.

### Who are Casa Chirilagua Mentees?

Casa Mentees are children in elementary and middle school (1st-8th grades). Casa Mentees live in the Chirilagua (Arlandria) neighborhood and participate in at least one Casa Chirilagua program (Kids Club, Teens Club, Bible Study). Most children are from immigrant families and of Central American descent.

### Do I need to speak Spanish?

Speaking Spanish is not a requirement. The majority of our mentees speak both English and Spanish. Your mentee and program staff can help you communicate with his or her family if you don't speak Spanish.

### How do I become a mentor?

Contact Adriana Gomez, Mentoring Director, to get started. Your first step will be to complete the screening process which includes a phone inquiry with Adriana, followed by an application, background check, personal interview, orientation and training.

### How long does the screening process take?

This is typically an eight week process, depending on the time in which an applicant completes all of the necessary paperwork and trainings and how long it takes for the fingerprint-based criminal background check to be completed.

### How do I get matched with a mentee?

After completing the screening process program staff will match you with a mentee based on age/gender preferences and interest/personality matches. We'll notify you of your match, notify the family, then arrange a time for everyone to meet and set a regular meeting time and location.

### When do mentoring sessions take place?

Mentors and mentees meet after-school, in the evening or on the weekends, depending on the preference of the mentor and mentee's family. It's best to set a regular time (Tuesdays at 6pm or Saturdays at

10am, for example), but schedules can be flexible as long as there is good communication between the mentor and the mentee's family and meetings are consistent.

### Where do mentoring sessions take place?

Our mentoring program is community-based, which means mentoring sessions take place in public places in the neighborhood (library, park, coffee shop, etc.). Mentoring sessions can take place in the mentee's home but during the first year, it is never okay to be alone with your mentee in his or her home or bring the mentee to your home.

### What kinds of things will my mentee and I do?

Each match is unique and how you spend your time will depend upon the interests and personality of your mentee. Some matches spend most of their time on reading and academic skills. Others enjoy doing projects together such as building a robot, learning sign-language, practicing a sport, etc. Some matches plan reward experiences like sporting events, movies, museum trips, etc.

### What kinds of trainings & support are available?

All mentors are required to complete an orientation, Child Protection Training and Child Sexual Abuse Prevention Training prior to being matched with their mentee. Additional trainings will be offered throughout the relationship of which mentors are encouraged to take advantage. Mentors will have monthly phone and email contact with program staff as a way of keeping staff informed of match progress.

### Is faith a required component of the program?

Casa Chirilagua is a faith-based organization and we openly teach biblical principles in many of our programs. However, claiming the Christian faith is not a requirement to become a mentor. We believe that as a mentor, your role is to share life with your mentee. If your faith is important to you feel free to share with your mentee, to the degree that you (and your mentee and his or her family) are comfortable.

### What are the benefits of mentoring?

The individualized interest and companionship that a child receives from a mentor makes a huge impact including reducing risky behaviors, increasing a youth's sense of well-being and improving his or her academic performance.