



Department of Community and Human  
Services

# The Alexandria Age Friendly Plan

Alexandria's Strategic Plan on Aging

*Prepared by the Alexandria Commission on Aging*

March 24, 2026



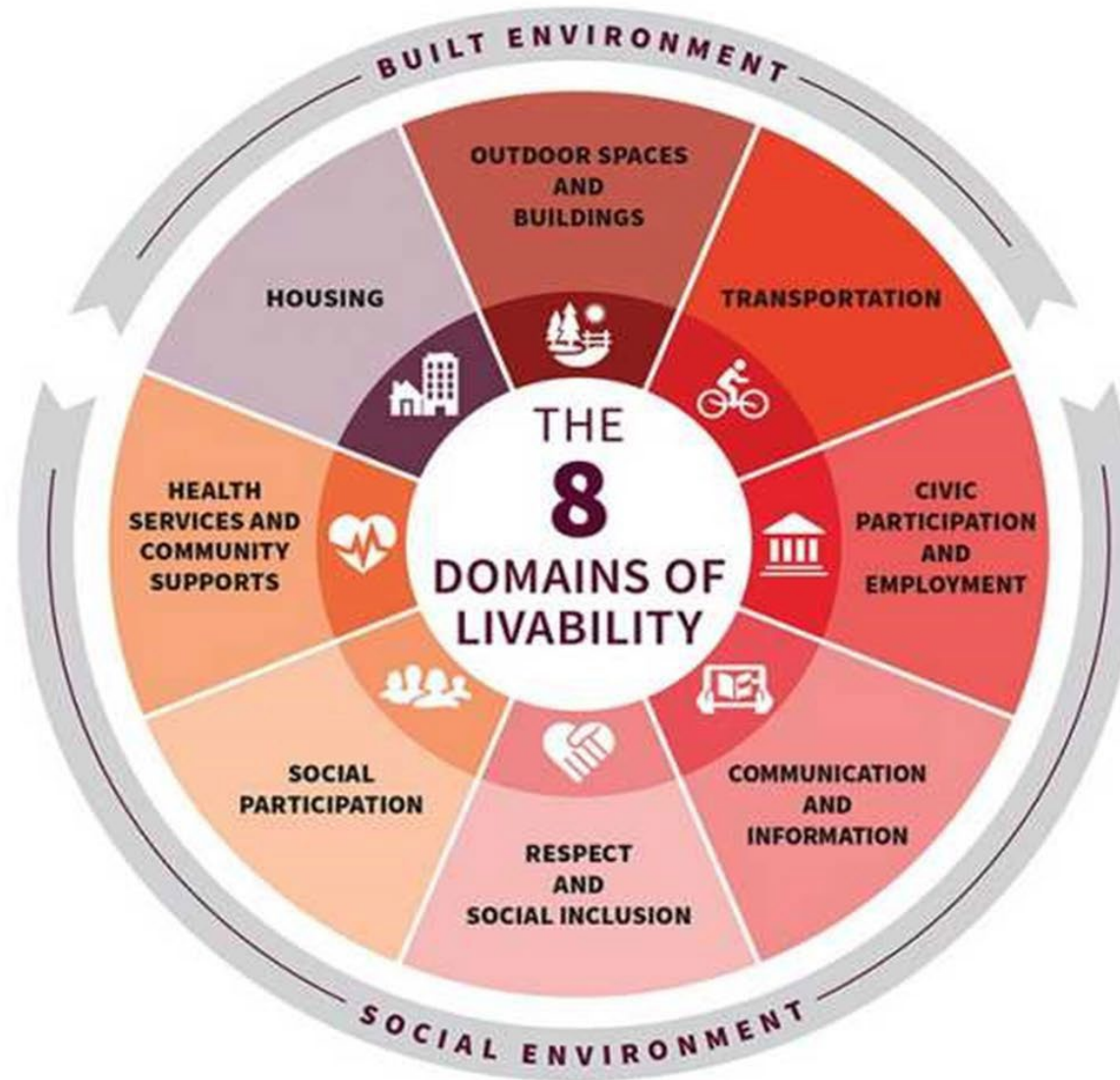
# AARP's Adoption of Age Friendly Communities

In 2012 AARP created a US-based affiliate of WHO's Global Network of Age-friendly Cities and Communities (GNAFCC).

GNAFCC invites cities around the world to use a foundation of eight "domains" to assess community needs and then develop a course of action over a five-year process to create a more age-friendly future for their communities.



# THE EIGHT DOMAINS OF LIVABILITY



# Alexandria's Adoption of AFP

- 2012 – City Council adopts Strategic Plan for Aging – 2013-2017
- 2017-2019 – Community engagement on new Age Friendly Plan – 500-Person phone survey
- November 2017 – AARP Virginia and Just Partners with the Commission on Aging hosted one-day workshop
- 2019 – City Council approved unanimously the current Age Friendly Plan (See Photo on lower right)
- 2024 – City Council approves AFP [Final Report](#)





# Key Outcomes of Current Age Friendly Plan

- Senior Services of Alexandria recruited over 120 Community Ambassadors
- COA participated in recommendations for developer affordable housing contribution policy
- COA completed 13 walkability audits with AARP
- Advocated in City Council for full-time WDC 55+ coordinator; free DASH rides; increase in Rent Relief for older adults; by-right ordinance for ADUs; expansion of Real Estate Tax Relief program
- Secured additional funding for outreach to underserved communities and for DAAS programs
- [Expanded outreach on LGBTQ+ issues](#)
- Developed concept of Mixed Income Affordable Assisted Living Facility (MIAALF)



# Process for Revised Age Friendly Plan

- January 17, 2025, Kick Off at Lee Center
- February- April - Group meetings at Ladrey, Claridge Towers, and Charles Houston Community Center
- February - [Age Friendly Community Survey launched](#)
- July 2 - Town Hall meeting on AFP and Area Agency on Aging Plan under the Older Americans Act
- Revised Plan – Fall/Winter 2025
- Spring 2026 - City Council Approval
- Spring 2026 - AARP Submission

A foundational aspect of the development of the plan was the intentional outreach to community partners and other Boards and Commissions to ensure the sharing and inclusion of key components respective strategic plans.

These plans include:

- ▶ Housing 2040
- ▶ Community Health Improvement Plan
- ▶ Vision Zero



# Key Goals of the Age Friendly Plan



# Housing Goals



Goal 1: Advocate for mixed income affordable assisted living facility (MIAALF) as approved in the COA Concept Plan for such a facility.



Goal 2: Enhance Housing affordability for older Alexandrians.



Goal 3: Prevent the unnecessary or unwanted institutionalization of older adults who could and would prefer to remain in their homes or in the community for as long as possible.



# Civic Engagement & Economic Security Goals

|          |   |
|----------|---|
| Expand   | Goal 1: Expand support for Workforce Development Center 50+ program   |
| Expand   | Goal 2: Expand Employment Opportunities for Older Alexandrians  |
| Increase | Goal 3: Increase Access to Food Assistance Services   |
| Advocate | Goal 4: Advocate for additional resources to fill any gaps created by potential cuts in the federal low-income Home Energy Assistance Program (LIHEAP) and Virginia Energy Assistance (EAP) |
| Increase | Goal 5: Increase Awareness of Companion and Other Socially Valuable Services Available for Alexandria Seniors   |



# Outreach Goals

Goal 1: People of diverse cultures, race, color, nationality, gender, age, sexual orientation, gender identity, and persons with disabilities in Alexandria have information about and access to the range of services available in the City and are engaged in civic life

Goal 2: Increase older LGBTQ+ community representation and programming, as well as training for organizations working with this population



# Communication and Collaboration Goals



Goal 1: Expand and support Senior Ambassador program



Goal 2: Support other COA committees by providing outreach support and communicating related information from other Commissions and Boards on their goals and objectives



# Transportation Goals



Goal 1: Assist the City to attain its Vision Zero goal of Eliminating all Traffic Deaths and Serious Injuries by 2028 through the Attainment of Interim Year Benchmarks



Goal 2: Promote frequent, reliable, and accessible transportation for the older adult community in Alexandria



# Health Goals

|                      |   |
|----------------------|---|
| Protect              | Goal 1: Protect Medicaid Eligibility for all Older Adults               |
| Promote              | Goal 2: Promote Wellness and Dementia-Friendly Supports                 |
| Support and Increase | Goal 3: Support and Increase Access to Dental Services for Older Adults |



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# Questions/Discussion



# Thanks!

Contact us:

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