

PROCLAMATION

OF MARCH 2026 AS A MONTH CELEBRATING SENIOR NUTRITION PROGRAMS

WHEREAS, Meals on Wheels programs like that of the City of Alexandria, which is managed by Senior Services of Alexandria and the City’s Division of Aging and Adult Services, provide nutritious home-delivered meals to seniors throughout Alexandria City that help them maintain their health and independence; and

WHEREAS, Meals on Wheels programs in the City of Alexandria, Virginia have served our community admirably since 2002; and

WHEREAS, volunteers are the backbone of Meals on Wheels programs in the City of Alexandria, Virginia, delivering nutritious meals to seniors and individuals with disabilities who are at significant risk of hunger and isolation with caring concern and attention to their welfare; and

WHEREAS, Meals on Wheels programs in the City of Alexandria, Virginia, offer a powerful opportunity for social connection for hundreds of seniors to help combat the negative health effects and economic consequences of loneliness and isolation; and

WHEREAS, the senior population is substantially increasing – nearly 14 million seniors in the United States are still threatened by or experience hunger, and action is needed now to support local Meals on Wheels programs through federal, state and local funding; volunteering; donations; and raising awareness to ensure these vital services can continue to be delivered for years to come; and

WHEREAS, Meals on Wheels programs from across the country are joining together this March and beyond to celebrate their collective success and to generate the support needed to ensure these critical programs can continue to address food insecurity and malnutrition, combat social isolation and loneliness, enable independence and improve health outcomes.

NOW, THEREFORE, I, ALYIA GASKINS, Mayor of the City of Alexandria, Virginia, and on behalf of the Alexandria City Council, do hereby proclaim the month of March 2026 as a:

“Month Celebrating Senior Nutrition Programs”

In the City of Alexandria and urge every community member to take this month to honor our senior nutrition programs, the individuals they serve and the volunteers who care for them. We hereby recognize, the Older Americans Act Nutrition Program and Meals on Wheels programs for their heroic efforts to help combat senior hunger and isolation in America.

IN WITNESS WHEREOF, I have hereunto set my hand and caused the Seal of the City of Alexandria to be affixed this 24th day of March 2026.

MAYOR ALYIA GASKINS
On behalf of the City Council
of Alexandria, Virginia

ATTEST:

Gloria A. Sitton, CMC City Clerk