

Commission for Women

City of Alexandria, VA | Generated 4/7/2026 @ 3:38:13 PM by OnBoardGOV - Powered by ClerkBase

Applicant	Date	Boards	Address	Contact	Status
Elizabeth Shea Harden	12/22/2025	Commission for Women Contested	Yes, I am a resident of the City of Alexandria. (NOTE: If your answer is no, a residency waiver is required for positions that are not specific to an organization or profession.): Yes		Validated
Mariah Healy	2/19/2026	Commission for Women Contested	Yes, I am a resident of the City of Alexandria. (NOTE: If your answer is no, a residency waiver is required for positions that are not specific to an organization or profession.): Yes		Validated
Courtney Lee	1/2/2026	Commission for Women Contested	Yes, I am a resident of the City of Alexandria. (NOTE: If your answer is no, a residency waiver is required for positions that are not specific to an organization or profession.): Yes		Validated
Jennifer Meffert	1/2/2026	Commission for Women Contested	Yes, I am a resident of the City of Alexandria. (NOTE: If your answer is no, a residency waiver is required for positions that are not specific to an organization or profession.): Yes		Validated
Kelly Pfeister	1/6/2026	Commission for Women Contested	Yes, I am a resident of the City of Alexandria. (NOTE: If your answer is no, a residency waiver is required for positions that are not specific to an organization or profession.): Yes		Validated
Mrs. Sharon Yvette Prince	3/25/2026	Commission for Women Contested	Yes, I am a resident of the City of Alexandria. (NOTE: If your answer is no, a residency waiver is required for positions that are not specific to an organization or profession.): Yes		Validated
Kate Randal	2/24/2026	Commission for Women Contested	Yes, I am a resident of the City of Alexandria. (NOTE: If your answer is no, a residency waiver is required for positions that are not specific to an organization or profession.): Yes		Validated
Victoria Randall	2/19/2026	Commission for Women Contested	Yes, I am a resident of the City of Alexandria. (NOTE: If your answer is no, a residency waiver is required for positions that are not specific to an organization or profession.): Yes		Validated
Dr Crystal Tramack	2/5/2026	Commission for Women Contested (RW)			Validated
Mrs. Kathleen Marie Williams	10/24/2025	Commission for Women Contested	Yes, I am a resident of the City of Alexandria. (NOTE: If your answer is no, a residency waiver is required for positions that are not specific to an organization or profession.): Yes		Validated
Miya Wiseman	3/18/2026	Commission for Women Contested	Yes, I am a resident of the City of Alexandria. (NOTE: If your answer is no, a residency waiver is required for positions that are not specific to an organization or profession.): Yes		Validated

Status

Name Elizabeth Shea Harden

Application Date 12/22/2025

Expiration Date 7/22/2026

Board Member [Elizabeth Shea Harden](#)

Status Validated BY: UNKNOWN USER @BEFORE 4/1/2026

Board	Vacancies	Status
Commission for Women	1	Contested

Basic Information

Name
Elizabeth Shea Harden

Date of Birth
REDACTED

Contact Information

Yes, I am a resident of the City of Alexandria. (NOTE: If your answer is no, a residency waiver is required for positions that are not specific to an organization or profession.)

Yes

Email
REDACTED

Phone
REDACTED

Occupation

Employer (student and youth applicants list school)
NA

New Applicant or Current Member

New Applicant

What seat are you applying for? (Ex: citizen, architect, youth member, etc.)

Commission for Women and appointment from that commission as rep for Commission on Aging

Do you currently live in the City of Alexandria? NOTE: If your answer is no, a residency waiver is required for positions that are not specific to an organization or profession.

Yes

Statement of Interest (Do not include personal information such as phone numbers, addresses, emails, etc.)

Statement of Interest from E. Shea Harden City of Alexandria, Virginia Commission for Women I am writing to express my strong interest in serving on the City of Alexandria Commission for Women and to respectfully request consideration for appointment to the Commission on Aging as well. I am committed to advancing initiatives that support women, older adults, and families across their lifespan. My professional background includes founding and working with two women-led startups, where I gained firsthand experience with entrepreneurship, leadership, and the challenges women face in building and sustaining successful ventures. This work has shaped my interest in policies and community efforts that promote women’s economic stability, professional development, and long-term security. I am also passionate about supporting young girls in athletics and education. While living in California, I founded and coached a girls’ lacrosse league that served hundreds of participants across varied demographics and I mentored middle school girls through a yearlong entrepreneurship program focused on business fundamentals and leadership development. In addition, I have been actively involved in fundraising and advocacy for patients and families affected by ALS. This experience exposed me to the profound impact of serious illness and caregiving responsibilities, particularly as families navigate complex healthcare systems and long-term care decisions, and strengthened my commitment to community-based support for patients, caregivers, and older adults. I currently work as a Certified Senior Advisor, supporting seniors and their families with care planning, housing transitions, resource coordination, and family decision-making. I am also an active volunteer with At Home in Alexandria, assisting older residents who wish to remain safely and comfortably in their homes. These roles have given me direct insight into the needs of Alexandria’s senior community and reinforced my interest in aging-in-place initiatives. Serving on the Commission for Women and the Commission on Aging would allow me to bring a practical, informed perspective to issues affecting women from adolescence through adulthood, particularly at the intersection of aging, caregiving, and health. I am prepared to dedicate the time and energy necessary to actively contribute to commission meetings, initiatives, and community engagement. Thank you for your thoughtful review. After more than a decade of visiting local family members, I am pleased to now call Alexandria my home. I would be honored to serve on either or both commissions and welcome the opportunity to contribute to the City of Alexandria in this capacity. Respectfully submitted, E. Shea Harden

Have you ever served the City of Alexandria in any capacity?

No

Have you ever attended a meeting of the Board or Commission for which you are applying?

No

Are you now paid by the City of Alexandria?

No

Do any of your immediate relatives or business associates now serve the City of Alexandria in any capacity?

No

Attendance Requirements: Sec. 2-4-7 of the City Code requires appointees to attend at least 75% of the yearly committee meetings. Absences may be excused because of personal illness or serious illness of members of the immediate family, death of a family member, unscheduled business trips and emergency work assignments only. All other absences are recorded as unexcused. In light of the aforementioned statement, will you be able to attend at least 75% of the regular meetings of the board which you may be appointed?

Yes

If applicable, will you comply with the provisions of the City's conflict of interest requirements in City Ordinance 2867 regarding the completion of a financial disclosure statement?

Yes

Educational Background

MBA, Stanford University BA, Dartmouth College CSA (Certified Senior Advisor) Certificate in gerontology, San Jose State University

Summary of Work and Experience

ELDER EDGE CONSULTING | Alexandria, VA and Silicon Valley, CA Founder and Executive Director 2024 – Present Provide personalized guidance, compassionate support, and trusted resources to help seniors and their families make confident decisions about care, finances, and quality of life issues. LEVITI, INC. | Silicon Valley, CA Executive Vice President, Operations & Finance 2022 – 2023 Responsible for designing, implementing, and managing all operational and financial processes for \$15M seed stage B2B corporate events startup. GFORCE | Los Altos, CA Founder and Executive Director 2016 – 2022 Created national ALS organization to raise funds, promote disease awareness, & advocate for patient needs. INYO NATURALS | Los Altos, CA President & Founder Launched LLC producing natural sunscreen in unique applicator. AT&T/LUCENT TECHNOLOGIES | Warren, NJ Strategy, Business Development, Product Management 1994 – 2001 GE MEDICAL SYSTEMS | Paris, France Financial Analyst

References - Please list names, phone number and/or email addresses of three references that support your application.

REDACTED

Would you like to complete the Supplemental Questions? Non-Discrimination Data Supplemental Questions For Applications to City Boards, Commissions, and Committees Confidential - NOT FOR PUBLIC INFORMATION Completion of this section is VOLUNTARY. When completed, the section is separated and redacted from your application prior to the application's submission to City Council. COUNCIL AND STAFF DO NOT USE THIS FORM IN DETERMINING APPOINTMENTS. Information provided in this section is treated confidentially and the information is forwarded to the Alexandria Office on Human Rights for compilation of statistics.

REDACTED

How did you hear of this vacancy?

REDACTED

Mariah Healy

City of Alexandria, VA | Generated 4/7/2026 @ 3:38 pm by OnBoardGOV - Powered by ClerkBase

Status

Name Mariah Healy
Application Date 2/19/2026
Expiration Date 9/19/2026
Board Member [Mariah Healy](#)
Status Validated BY: UNKNOWN USER @BEFORE 4/1/2026

Board	Vacancies	Status
Commission for Women	1	Contested

Basic Information

Name
Mariah Healy
Date of Birth
REDACTED

Contact Information

Yes, I am a resident of the City of Alexandria.
(NOTE: If your answer is no, a residency waiver is required for positions that are not specific to an organization or profession.)
Yes
Email
REDACTED
Phone
REDACTED

Occupation

Employer (student and youth applicants list school)
The New England Council
Job Title
REDACTED

New Applicant or Current Member

New Applicant

What seat are you applying for? (Ex: citizen, architect, youth member, etc.)

Citizen

Do you currently live in the City of Alexandria? NOTE: If your answer is no, a residency waiver is required for positions that are not specific to an organization or profession.

Yes

How long have you lived in Alexandria?

2.5 years

Statement of Interest (Do not include personal information such as phone numbers, addresses, emails, etc.)

To Whom it May Concern, Please accept my application to be a citizen representative on the Commission for Women for the City of Alexandria. As an Alexandria Virginia resident and a DMV native, I am uniquely positioned to understand the issues that face our region and subsequently am passionate about seeing Virginia thrive. Specifically being a woman who grew up in the region, I understand the ways in which we are both supported and could continue to grow. In my current role as Director of Federal Affairs for the New England Council I am our lead Higher Education, and Tech and Innovation lobbyist for the New England business community. While these are policy areas that are always evolving and facing challenges, this past year under the new Administration unprecedented challenges faced the Higher Ed and also Tech communities. I was able to work with our members to advocate for the Higher Ed and Tech industries in the reconciliation package, submit letters to the Department of Homeland Security on the "Duration of Stay" proposal, as well as weigh in during FY26 appropriations about the importance of funding research at colleges and universities across the country. My work as a federal lobbyist allows me to be comfortable speaking on issues with varied audiences. I think this will serve me well as a member of the Commission for Women as I will be able to present our ideas to different people in a way that will resonate with them. I also piloted and now lead our Young Professionals Network here in DC as well as piloted and now lead our fully funded Summer Fellows program. I have always been passionate about engaging and finding ways to better my community, whether that be through engaging young professionals and college students now or through my service as an AmeriCorps volunteer for two years in Boston. Community engagement is what drove me to my time as a Fellow for the former Secretary of Housing and Economic Development for the State of MA during which my passion for serving thy neighbor only grew. I hope to continue to work for the betterment of the community in which I live. I look forward to continued conversations and please let me know if there is any additional information I can provide. I appreciate your time and your commitment to the state of Virginia. Yours in service, Mariah Healy

Have you ever served the City of Alexandria in any capacity?

No

Have you ever attended a meeting of the Board or Commission for which you are applying?

No

Are you now paid by the City of Alexandria?

No

Do any of your immediate relatives or business associates now serve the City of Alexandria in any capacity?

No

Attendance Requirements: Sec. 2-4-7 of the City Code requires appointees to attend at least 75% of the yearly committee meetings. Absences may be excused because of personal illness or serious illness of members of the immediate family, death of a family member, unscheduled business trips and emergency work assignments only. All other absences are recorded as unexcused. In light of the aforementioned statement, will you be able to attend at least 75% of the regular meetings of the board which you may be appointed?

Yes

If applicable, will you comply with the provisions of the City's conflict of interest requirements in City Ordinance 2867 regarding the completion of a financial disclosure statement?

Yes

Educational Background

College of the Holy Cross (BA) Tufts University (MA)

Summary of Work and Experience

I work as Director of Federal Affairs for a DC based nonprofit representing the interests of New England businesses here in DC. I have always worked in a capacity of serving my community from my time as an AmeriCorps volunteer to a fellow for the Governor as MA.

References - Please list names, phone number and/or email addresses of three references that support your application.

REDACTED

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REDACTED

Gender

REDACTED

Sexual Orientation

REDACTED

Ethnicity

REDACTED

Do you have a disability?

REDACTED

How did you hear of this vacancy?

REDACTED

Status

Name Courtney Lee
Application Date 1/2/2026
Expiration Date 8/2/2026
Board Member Courtney Lee
Status Validated BY: UNKNOWN USER @BEFORE 4/1/2026

Table with 3 columns: Board, Vacancies, Status. Row 1: Commission for Women, 1, Contested

Basic Information

Name Courtney Lee

Contact Information

Yes, I am a resident of the City of Alexandria. (NOTE: If your answer is no, a residency waiver is required for positions that are not specific to an organization or profession.)
Yes
Email REDACTED
Alternate email REDACTED
Phone REDACTED

Occupation

Employer (student and youth applicants list school)
Department of Justice, Criminal Division
Job Title REDACTED

New Applicant or Current Member

New Applicant

What seat are you applying for? (Ex: citizen, architect, youth member, etc.)

citizen

Do you currently live in the City of Alexandria? NOTE: If your answer is no, a residency waiver is required for positions that are not specific to an organization or profession.

Yes

How long have you lived in Alexandria?

8 years

Statement of Interest (Do not include personal information such as phone numbers, addresses, emails, etc.)

I have a longstanding commitment to work that ensures all disadvantaged communities are fairly represented and protected by the law, and focused my legal education, explicitly, on upholding the rights of marginalized women. During the spring semester of my 1L year, I worked as a U.S. Policy and Advocacy legal extern with the Center where I analyzed federal legislation, conducted research in connection with federal policy issues, and drafted both policy and advocacy materials for use in lobbying and outreach to promote reproductive freedom and legal recognition of women's choices. As Symposium Co-Managing Editor for the Georgetown Journal of Gender and the Law, I organized a symposium entitled Dismantling Reproductive Injustices: The Hyde Amendment & Criminalization of Self-Induced Abortion. In selecting speakers and articles, I focused on the relationship between access to reproductive healthcare and poverty, and how the criminalization of self-induced abortion cuts across race, ethnicity, and culture, and particularly impacts minority women and tribal communities. With the Georgetown Domestic Violence Law clinic, I represented indigent survivors of family and intimate partner violence (IPV) seeking civil protection orders in D.C. Superior Court, where my clinic partner and I successfully litigated a stalking trial and obtained a judgment in favor of our client, developing strong advocacy and an initial understanding of family, criminal, and poverty law. In my professional career with the Department of Justice, I spent years advocating for intimate partner violence and family abuse survivors. As a senior Assistant United States Attorney (AUSA) in the Sex Offense and Domestic Violence Section (SODV) of the D.C. U.S. Attorney's Office, I chose to prosecute sex offenders because of my dedication to amplifying the voices of child and adult sexual abuse survivors. In this role, I routinely conducted complex grand jury investigations, authored numerous search warrants and subpoenas, secured and analyzed voluminous digital and forensic evidence, and managed comprehensive discovery productions. I also frequently liaised with local and federal law enforcement, advocacy organizations, and nonprofits in an effort to holistically pursue justice and support survivors through coalition building. I was also actively engaged in furthering the D.C. USAO's commitment to the impartial administration of justice by participating in both the Implicit Bias Working Group on Workplace Equality, and Social Justice committees where we focused on addressing race and equity issues in the workplace and the office's outreach to the diverse communities that we served in D.C. This dedication uniquely prepares me to advocate for women on the city commission.

Have you ever served the City of Alexandria in any capacity?

No

Have you ever attended a meeting of the Board or Commission for which you are applying?

No

Are you now paid by the City of Alexandria?

No

Do any of your immediate relatives or business associates now serve the City of Alexandria in any capacity?

No

Attendance Requirements: Sec. 2-4-7 of the City Code requires appointees to attend at least 75% of the yearly committee meetings. Absences may be excused because of personal illness or serious illness of members of the immediate family, death of a family member, unscheduled business trips and emergency work assignments only. All other absences are recorded as unexcused. In light of the aforementioned statement, will you be able to attend at least 75% of the regular meetings of the board which you may be appointed?

Yes

If applicable, will you comply with the provisions of the City's conflict of interest requirements in City Ordinance 2867 regarding the completion of a financial disclosure statement?

Yes

References - Please list names, phone number and/or email addresses of three references that support your application.

REDACTED

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REDACTED

Gender

REDACTED

Sexual Orientation

REDACTED

Ethnicity

REDACTED

Do you have a disability?

REDACTED

Generated 4/7/2026 @ 3:38 pm

Status

Name Jennifer Meffert
Application Date 1/2/2026
Expiration Date 8/2/2026
Board Member Jennifer Meffert
Status Validated BY: UNKNOWN USER @BEFORE 4/1/2026

Table with 3 columns: Board, Vacancies, Status. Row 1: Commission for Women, 1, Contested

Basic Information

Name Jennifer Meffert
Date of Birth REDACTED

Contact Information

Yes, I am a resident of the City of Alexandria. (NOTE: If your answer is no, a residency waiver is required for positions that are not specific to an organization or profession.)
Yes
Email REDACTED
Alternate email REDACTED
Phone REDACTED

Occupation

Employer (student and youth applicants list school) Deloitte Services, LLP
Job Title REDACTED

New Applicant or Current Member

New Applicant

What seat are you applying for? (Ex: citizen, architect, youth member, etc.)

Citizen

Do you currently live in the City of Alexandria? NOTE: If your answer is no, a residency waiver is required for positions that are not specific to an organization or profession.

Yes

How long have you lived in Alexandria?

19 months

Statement of Interest (Do not include personal information such as phone numbers, addresses, emails, etc.)

I am writing to express my strong interest in serving on the City of Alexandria Commission for Women. After moving to Alexandria and beginning to build my life and community here, I am eager to contribute my time, experience, and perspective to an organization dedicated to advancing equity and improving the lives of women and families across the city. My commitment to community service and to women's issues has been shaped by both personal experience and professional work. When my father passed away when I was fourteen, my mother became the sole caregiver and provider for our family, working multiple jobs to raise my siblings and me. Her strength, resilience, and dedication left a lasting impression on me and instilled a deep appreciation for the vital role women—particularly mothers—play in shaping strong, healthy communities. That understanding deepened years later when I returned home to Florida to help care for my mother as her health declined due to early-onset dementia. Alongside my sister, I supported her through the later stages of her illness until her passing in 2024. This experience gave me firsthand insight into caregiving, aging, health challenges, and the emotional and economic burdens that disproportionately affect women and families. It reinforced my belief that communities thrive when women are supported, valued, and empowered. I have consistently sought opportunities to serve and lead. As a Peace Corps volunteer, I worked closely with a community women's group and supported a woman-owned small business, while also working in education. These experiences strengthened my commitment to women's economic empowerment and community-based solutions. While pursuing my MBA at the University of Florida, I served as President of the National Association of Women MBAs chapter, helping to foster leadership, professional development, and mutual support among women. Professionally, my career has been primarily in human resources, where I have focused on organizational culture, employee support, and equity. In two organizations, I helped establish women's employee resource groups, creating spaces for connection, advocacy, and professional growth. These experiences align closely with the Commission's advisory and advocacy role and have prepared me to contribute thoughtfully to policy discussions and community initiatives. Since moving to Alexandria, I have actively sought ways to engage locally, including volunteering with ALIVE! and supporting local businesses and events through tours, lectures, and community programming. I believe deeply in the idea that "to whom much is given, much is expected," and I strive to live that principle every day. Serving on the Alexandria Commission for Women would be a meaningful way to give back to a community I am proud to call home. I would be honored to bring my lived experience, leadership background, and dedication to service to support the Commission's work and to help advance equity and opportunity for women and families throughout Alexandria. Thank you for your consideration.

Have you ever served the City of Alexandria in any capacity?

No

Have you ever attended a meeting of the Board or Commission for which you are applying?

No

Are you now paid by the City of Alexandria?

No

Do any of your immediate relatives or business associates now serve the City of Alexandria in any capacity?

No

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Yes

If applicable, will you comply with the provisions of the City's conflict of interest requirements in City Ordinance 2867 regarding the completion of a financial disclosure statement?

Yes

References - Please list names, phone number and/or email addresses of three references that support your application.

REDACTED

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REDACTED

Gender

REDACTED

Sexual Orientation

REDACTED

Ethnicity

REDACTED

Do you have a disability?

REDACTED

How did you hear of this vacancy?

REDACTED

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Kelly Pfeister

City of Alexandria, VA | Generated 4/7/2026 @ 3:38 pm by OnBoardGOV - Powered by ClerkBase

Status

Name Kelly Pfeister
Application Date 1/6/2026
Expiration Date 8/6/2026
Board Member Kelly Pfeister
Status Validated BY: UNKNOWN USER @BEFORE 4/1/2026

Board	Vacancies	Status
Commission for Women	1	Contested

Basic Information

Name
Kelly Pfeister
Date of Birth
REDACTED

Contact Information

Yes, I am a resident of the City of Alexandria.
(NOTE: If your answer is no, a residency waiver is required for positions that are not specific to an organization or profession.)
Yes
Email
REDACTED
Phone
REDACTED

Occupation

Employer (student and youth applicants list school)
N/A

New Applicant or Current Member

New Applicant

What seat are you applying for? (Ex: citizen, architect, youth member, etc.)

Commission For Women Member

Do you currently live in the City of Alexandria? NOTE: If your answer is no, a residency waiver is required for positions that are not specific to an organization or profession.

Yes

How long have you lived in Alexandria?

Four Months

Statement of Interest (Do not include personal information such as phone numbers, addresses, emails, etc.)

Dear City Council Members, I am writing to express my interest to serve on the Alexandria Commission for Women. Having recently relocated back to the U.S. from the United Kingdom, I am eager to deepen my connection to my new home by applying my background in women's empowerment and community programming to support the City's efforts in eliminating discrimination and ensuring equal opportunity. During my time in the UK I discovered a deep professional commitment to women's advocacy. This interest was crystallized through two experiences: my Master's dissertation research, which explored the intersection of digital narratives and survivor resilience, and my service work at New Beginnings Peer Support as a Volunteer Manager. These experiences highlighted the complex barriers women face regarding health and access to services, and solidified my desire to transition my career toward advocacy and policy guidance. My qualifications align directly with the Commission's mission to improve the lives of women through enhancing health, education, and community service: 1. Trauma-Informed Advocacy & Health Equity: I hold a Master of Arts with Distinction from the University of Leeds. My research gives me a theoretical framework for understanding women's trauma narratives, allowing me to offer evidence-based guidance on policy recommendations that prioritize psychological safety and inclusivity. Additionally, I have experience collecting and analyzing large datasets, a crucial skill for evaluating the impact of potential legislation and policy changes. 2. Program Execution & Accessibility: I bring a strong background in education and adaptability. As a teacher at Harrogate College, I tailored instruction for diverse learner cohorts, including students with English as a second language and varying skill levels. In my role as a Volunteer Manager and Program Facilitator for New Beginnings, I designed and led inclusive wellbeing workshops for high-need populations. I have a proven track record of adapting programming to ensure accessibility for women with physical and emotional limitations. I would bring this same lens of inclusivity to the Commission. 3. Economic & Workforce Insight: I deeply understand the challenges of workforce readiness for women, especially those who have faced health and financial instability. My experience mentoring volunteers, combined with my engagement with local organizations focused on women's workforce development, has provided me with practical insights into the economic hurdles facing women in our region today. As a new resident of Alexandria, I am keen to understand the needs of our city and help its women thrive. Thank you for your time and consideration.

Have you ever served the City of Alexandria in any capacity?

No

Have you ever attended a meeting of the Board or Commission for which you are applying?

No

Are you now paid by the City of Alexandria?

No

Do any of your immediate relatives or business associates now serve the City of Alexandria in any capacity?

No

Attendance Requirements: Sec. 2-4-7 of the City Code requires appointees to attend at least 75% of the yearly committee meetings. Absences may be excused because of personal illness or serious illness of members of the immediate family, death of a family member, unscheduled business trips and emergency work assignments only. All other absences are recorded as unexcused. In light of the aforementioned statement, will you be able to attend at least 75% of the regular meetings of the board which you may be appointed?

No

If applicable, will you comply with the provisions of the City's conflict of interest requirements in City Ordinance 2867 regarding the completion of a financial disclosure statement?

Yes

Educational Background

Master of Arts, Communication and Media, University of Leeds, 2023, Graduated with Distinction. Dissertation: How Do Female Survivors of Physical Trauma Use Photography on Instagram to Tell Their Stories of Healing and Survival? Bachelor of Arts, Communications, with concentrations in Journalism, Film and New Media, The College of Saint Rose, 2014, Graduated Cum Laude

Summary of Work and Experience

I am a Program Coordinator and Educator with over seven years of experience in operations, communications, and community engagement. Having recently relocated back to the United States from the United Kingdom, I am currently in a period of professional transition, dedicating my time to establishing roots in Alexandria and engaging with local advocacy organizations while pursuing my next permanent role. Most recently, during my time in the UK, I balanced two complementary roles focused on education and community support. As a Volunteer Manager and Program Facilitator for New Beginnings Peer Support, I directed a workforce of 20+ volunteers and led the operational strategy for client events. I also designed and facilitated adaptive wellbeing workshops, ensuring accessibility for trauma survivors. Concurrently, I served as an Adult Education Teacher at Harrogate College. In this capacity, I developed curriculum and managed course delivery for diverse cohorts of adult learners, tailoring instruction to meet varying skill levels and needs. Prior to my time in the UK, I worked in marketing, where I managed communication strategies, marketing teams, and event logistics. I hold a Master of Arts in Communication and Media (Distinction) from the University of Leeds, where my research, grounded in feminist theory, focused on the intersection of female digital narratives and survivor resilience. I combine this academic expertise with practical, operational discipline to build programs that support vulnerable populations.

References - Please list names, phone number and/or email addresses of three references that support your application.

REDACTED

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REDACTED

How did you hear of this vacancy?

REDACTED

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Mrs. Sharon Yvette Prince

City of Alexandria, VA | Generated 4/7/2026 @ 3:38 pm by OnBoardGOV - Powered by ClerkBase

Status		Board	Vacancies	Status
Name	Mrs. Sharon Yvette Prince	Commission for Women	1	Contested
Application Date	3/25/2026			
Expiration Date	10/25/2026			
Board Member	Sharon Yvette Prince			
Status	Validated BY: UNKNOWN USER @BEFORE 4/1/2026			

Basic Information

Name
Mrs. Sharon Yvette Prince

Date of Birth
REDACTED

Contact Information

Yes, I am a resident of the City of Alexandria. (NOTE: If your answer is no, a residency waiver is required for positions that are not specific to an organization or profession.)
Yes

Email
REDACTED

Alternate email
REDACTED

Phone
REDACTED

Occupation

Employer (student and youth applicants list school)
Prince Events Management, LLC.

Job Title
REDACTED

New Applicant or Current Member

New Applicant

What seat are you applying for? (Ex: citizen, architect, youth member, etc.)

Alexandria City Commission for Women

Do you currently live in the City of Alexandria? NOTE: If your answer is no, a residency waiver is required for positions that are not specific to an organization or profession.

Yes

How long have you lived in Alexandria?

4 years

Statement of Interest (Do not include personal information such as phone numbers, addresses, emails, etc.)

Statement of Interest Sharon Y. Prince I would like to serve as a member of the Alexandria Commission for Women because I admire the outstanding and very important work that the members of the Alexandria Commission for Women do to eliminate gender discrimination and promote equal opportunities for women in all aspects of life. I am deeply committed to advocating for women's rights and gender equality, focusing on issues such as maternal health care, domestic violence support, and access to affordable housing. As a Life member of NCNW, and 1st Vice President and Program Chair for the Northern Virginia Section of NCNW, for the past two years I have participated in the annual NCNW Policy Summit where I went to Capitol Hill and met with U.S. Senators, Congressman, and their staff members to advocate for women's rights, gender equality, maternal health care, domestic violence support, providing resources for women and girls, education, housing, eliminating gender discrimination and other issues which align with the purpose and goals of the Alexandria Commission for Women. As a current Program Chair of NoVA NCNW, I have experience implementing program initiatives for the core four focus areas of education, economic empowerment, international affairs, and social justice in the various communities that we serve in Northern Virginia. I am deeply committed to community service, advocacy, and supporting and engaging in initiatives to support women in Alexandria, VA. It would be an honor to serve as a member of the commission. If given the opportunity to serve as a member of the commission I would be committed to the mission, purpose, goals, and the work of the Alexandria Commission for Women. Sincerely, Sharon Y. Prince

Have you ever served the City of Alexandria in any capacity?

Yes (Please explain), Election Officer for the City of Alexandria

Have you ever attended a meeting of the Board or Commission for which you are applying?

No

Are you now paid by the City of Alexandria?

No

Do any of your immediate relatives or business associates now serve the City of Alexandria in any capacity?

No

Attendance Requirements: Sec. 2-4-7 of the City Code requires appointees to attend at least 75% of the yearly committee meetings. Absences may be excused because of personal illness or serious illness of members of the immediate family, death of a family member, unscheduled business trips and emergency work assignments only. All other absences are recorded as unexcused. In light of the aforementioned statement, will you be able to attend at least 75% of the regular meetings of the board which you may be appointed?

Yes

If applicable, will you comply with the provisions of the City's conflict of interest requirements in City Ordinance 2867 regarding the completion of a financial disclosure statement?

Yes

Educational Background

B.S. Business Administration

Summary of Work and Experience

Please see Resume enclosed

References - Please list names, phone number and/or email addresses of three references that support your application.

REDACTED

Would you like to complete the Supplemental Questions? Non-Discrimination Data Supplemental Questions For Applications to City Boards, Commissions, and Committees Confidential - NOT FOR PUBLIC INFORMATION Completion of this section is VOLUNTARY. When completed, the section is separated and redacted from your application prior to the application's submission to City Council. COUNCIL AND STAFF DO NOT USE THIS FORM IN DETERMINING APPOINTMENTS. Information provided in this section is treated confidentially and the information is forwarded to the Alexandria Office on Human Rights for compilation of statistics.

REDACTED

How did you hear of this vacancy?

REDACTED

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Kate Randal

City of Alexandria, VA | Generated 4/7/2026 @ 3:38 pm by OnBoardGOV - Powered by ClerkBase

Status

Name Kate Randal
Application Date 2/24/2026
Expiration Date 9/24/2026
Board Member [Kate Randal](#)
Status Validated BY: UNKNOWN USER @BEFORE 4/1/2026

Board	Vacancies	Status
Commission for Women	1	Contested

Basic Information

Name
Kate Randal
Date of Birth
REDACTED

Contact Information

Yes, I am a resident of the City of Alexandria. (NOTE: If your answer is no, a residency waiver is required for positions that are not specific to an organization or profession.)
Yes
Email
REDACTED
Alternate email
REDACTED
Phone
REDACTED

Occupation

Employer (student and youth applicants list school)
Thomson Reuters
Job Title
REDACTED

New Applicant or Current Member

New Applicant

What seat are you applying for? (Ex: citizen, architect, youth member, etc.)

Citizen

Do you currently live in the City of Alexandria? NOTE: If your answer is no, a residency waiver is required for positions that are not specific to an organization or profession.

Yes

How long have you lived in Alexandria?

9+ years

Statement of Interest (Do not include personal information such as phone numbers, addresses, emails, etc.)

I am a proud Alexandrian who has spent my career navigating male-dominated environments. After more than 15 years managing sensitive programs and conducting complex analysis at the FBI, I made the difficult decision to leave government service. It was not a choice I made lightly. I deeply believe in public service and in the responsibility we share to strengthen the institutions and communities around us. Over time, I realized I wanted to serve in a different way. I want my work to be rooted in the community I call home and aligned with the advocacy efforts that matter most to me. As I enter this next chapter of my life and career, I hope to apply my insight and experience to support women in Alexandria, ensuring equal rights, opportunity, and meaningful representation. I know what it feels like to be the only woman at the table. I know how much harder women often have to work to be heard and taken seriously. I also see how fragile progress can be, and how quickly gains for women can erode without sustained attention and advocacy. As the mother of two young sons, this work feels especially personal. I want them to grow up seeing a mother who stands up for equality and who shows up to make her community better. Serving on the Commission for Women would be an opportunity for me to contribute in a tangible way, using both my professional experience and my personal commitment to help ensure that Alexandria is a place where all women and girls can thrive.

Have you ever served the City of Alexandria in any capacity?

Yes (Please explain), I'm currently on the PTA at Lyles Crouch Traditional Academy (LCTA)

Have you ever attended a meeting of the Board or Commission for which you are applying?

No

Are you now paid by the City of Alexandria?

No

Do any of your immediate relatives or business associates now serve the City of Alexandria in any capacity?

No

Attendance Requirements: Sec. 2-4-7 of the City Code requires appointees to attend at least 75% of the yearly committee meetings. Absences may be excused because of personal illness or serious illness of members of the immediate family, death of a family member, unscheduled business trips and emergency work assignments only. All other absences are recorded as unexcused. In light of the aforementioned statement, will you be able to attend at least 75% of the regular meetings of the board which you may be appointed?

Yes

If applicable, will you comply with the provisions of the City's conflict of interest requirements in City Ordinance 2867 regarding the completion of a financial disclosure statement?

Yes

Educational Background

Masters (Forensic Psychology); Bachelors (Criminal Justice)

Summary of Work and Experience

I've spent the last 15+ years working in the federal government, tackling complex domestic and global challenges at the FBI. In a variety of roles, I conducted complicated analysis at the intersection of human rights, national security, and democracy. I led high-impact research, briefed senior leaders across the executive and legislative branches, and authored hundreds of intelligence products that helped shape federal policy. And all the while, I was often the only woman in the room -- doing twice as much work as my male colleagues, with half the recognition and respect. As I transition out of federal service and into this next chapter of my career, I want to use my extensive experience for mission-driven work more aligned with issues that matter to me.

References - Please list names, phone number and/or email addresses of three references that support your application.

REDACTED

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REDACTED

How did you hear of this vacancy?

REDACTED

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Status

Name Victoria Randall
Application Date 2/19/2026
Expiration Date 9/19/2026
Board Member [Victoria Randall](#)
Status Validated BY: UNKNOWN USER @BEFORE 4/1/2026

Board	Vacancies	Status
Commission for Women	1	Contested

Basic Information

Name
Victoria Randall
Date of Birth
REDACTED

Contact Information

Yes, I am a resident of the City of Alexandria.
 (NOTE: If your answer is no, a residency waiver is required for positions that are not specific to an organization or profession.)
 Yes
Email
 REDACTED
Alternate email
 REDACTED
Phone
 REDACTED

Occupation

Employer (student and youth applicants list school)
 Block
Job Title
 REDACTED

New Applicant or Current Member

New Applicant

What seat are you applying for? (Ex: citizen, architect, youth member, etc.)

Citizen member

Do you currently live in the City of Alexandria? NOTE: If your answer is no, a residency waiver is required for positions that are not specific to an organization or profession.

No

Statement of Interest (Do not include personal information such as phone numbers, addresses, emails, etc.)

I am seeking appointment to the Alexandria Commission for Women because I believe strong, inclusive communities are built through intentional leadership, equitable representation, and thoughtful governance. I am motivated to contribute my skills in strategy, cross-sector collaboration, and structured problem-solving to initiatives that strengthen outcomes for women and families in our city. Throughout my career, I have worked at the intersection of strategy, operations, and leadership by supporting senior leaders in navigating complex priorities and building systems that align action with impact. Earlier experiences in public service, including work with AmeriCorps and the U.S. Mission to the United Nations, shaped my enduring commitment to equity, representation, and institutional accountability. These experiences taught me that progress requires both principled vision and disciplined execution, qualities I would bring to this Commission. I am particularly interested in ensuring that diverse voices and lived experiences are meaningfully represented in conversations that shape policy and community priorities. Alexandria is a vibrant and evolving city, and I believe thoughtful civic engagement can help ensure that opportunity, safety, and well-being are accessible to all women and families. I would approach this role with humility, curiosity, and a commitment to listening and collaboration. It would be an honor to contribute my professional expertise and lived experience in service of Alexandria's women and the broader community.

Have you ever served the City of Alexandria in any capacity?

No

Have you ever attended a meeting of the Board or Commission for which you are applying?

Yes

Are you now paid by the City of Alexandria?

No

Do any of your immediate relatives or business associates now serve the City of Alexandria in any capacity?

No

Attendance Requirements: Sec. 2-4-7 of the City Code requires appointees to attend at least 75% of the yearly committee meetings. Absences may be excused because of personal illness or serious illness of members of the immediate family, death of a family member, unscheduled business trips and emergency work assignments only. All other absences are recorded as unexcused. In light of the aforementioned statement, will you be able to attend at least 75% of the regular meetings of the board which you may be appointed?

Yes

If applicable, will you comply with the provisions of the City's conflict of interest requirements in City Ordinance 2867 regarding the completion of a financial disclosure statement?

Yes

Educational Background

I am currently completing my MBA at the University of Virginia's Darden School of Business, where I have focused on leadership, strategy, and organizational effectiveness. I hold dual Bachelor of Science degrees in International Business and Spanish, which provided a strong foundation in global systems, cross-cultural communication, and economic development. Together, my academic experience has shaped my interest in how institutions operate across diverse communities and how thoughtful leadership can drive equitable and sustainable impact.

Summary of Work and Experience

I am a strategy and operations leader with experience spanning global public service and high-growth private sector organizations. In my current role, I partner with senior leaders to drive strategic planning, cross-functional alignment, and operational execution across complex, multi-stakeholder environments. My earlier experience includes service with AmeriCorps and work supporting the U.S. Mission to the United Nations, where I contributed to organizational coordination and institutional initiatives. Across roles, I have developed a strong foundation in structured problem-solving, collaboration across diverse groups, and translating priorities into actionable plans, all skills I am eager to apply in service of the Alexandria community.

References - Please list names, phone number and/or email addresses of three references that support your application.

REDACTED

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REDACTED

Gender

REDACTED

Sexual Orientation

REDACTED

Ethnicity

REDACTED

Do you have a disability?

REDACTED

How did you hear of this vacancy?

REDACTED

Status

Name Dr Crystal Tramack
Application Date 2/5/2026
Expiration Date 9/5/2026
Board Member Crystal Tramack
Status Validated BY: UNKNOWN USER @BEFORE 4/1/2026

Table with 3 columns: Board, Vacancies, Status. Row 1: Commission for Women, 1, Contested (RW)

Basic Information

Name Dr Crystal Tramack
Date of Birth REDACTED

Contact Information

Yes, I am a resident of the City of Alexandria. (NOTE: If your answer is no, a residency waiver is required for positions that are not specific to an organization or profession.)
No
Email REDACTED
Phone REDACTED

Occupation

Employer (student and youth applicants list school) Department of Defense
Job Title REDACTED

New Applicant or Current Member

New Applicant

What seat are you applying for? (Ex: citizen, architect, youth member, etc.)

citizen

Do you currently live in the City of Alexandria? NOTE: If your answer is no, a residency waiver is required for positions that are not specific to an organization or profession.

No

Statement of Interest (Do not include personal information such as phone numbers, addresses, emails, etc.)

Offer my insight, perspective, and share my experience. To help address and close gaps between our state and community. As a Virginia native, minority, former scholarship athlete, parent, leader, retired disabled veteran, and senior Civil Servant, I bring with me an invaluable background.

Have you ever served the City of Alexandria in any capacity?

No

Have you ever attended a meeting of the Board or Commission for which you are applying?

No

Are you now paid by the City of Alexandria?

No

Do any of your immediate relatives or business associates now serve the City of Alexandria in any capacity?

No

Attendance Requirements: Sec. 2-4-7 of the City Code requires appointees to attend at least 75% of the yearly committee meetings. Absences may be excused because of personal illness or serious illness of members of the immediate family, death of a family member, unscheduled business trips and emergency work assignments only. All other absences are recorded as unexcused. In light of the aforementioned statement, will you be able to attend at least 75% of the regular meetings of the board which you may be appointed?

Yes

If applicable, will you comply with the provisions of the City's conflict of interest requirements in City Ordinance 2867 regarding the completion of a financial disclosure statement?

Yes

Educational Background

B.S. Human Performance, M.A. Sports Administration, Doctor of Healthcare Administration

Summary of Work and Experience

US Army Retired 2016, Federal Civil Servant 2017-2018, 2019-PRES

References - Please list names, phone number and/or email addresses of three references that support your application.

REDACTED

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REDACTED

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Status

Name Mrs. Kathleen Marie Williams

Application Date 10/24/2025

Expiration Date 5/24/2026

Board Member [Kathleen Marie Williams](#)

Status Validated BY: UNKNOWN USER @BEFORE 4/1/2026

Board	Vacancies	Status
Commission for Women	1	Contested

Basic Information

Name
Mrs. Kathleen Marie Williams

Date of Birth
REDACTED

Contact Information

Yes, I am a resident of the City of Alexandria. (NOTE: If your answer is no, a residency waiver is required for positions that are not specific to an organization or profession.)

Yes

Email
REDACTED

Alternate email
REDACTED

Phone
REDACTED

Occupation

Employer (student and youth applicants list school)
Holy Trinity School

Job Title
REDACTED

New Applicant or Current Member

New Applicant

What seat are you applying for? (Ex: citizen, architect, youth member, etc.)

Citizen

Do you currently live in the City of Alexandria? NOTE: If your answer is no, a residency waiver is required for positions that are not specific to an organization or profession.

Yes

How long have you lived in Alexandria?

4 years

Statement of Interest (Do not include personal information such as phone numbers, addresses, emails, etc.)

I am writing to express my sincere interest in serving as a citizen member of the Alexandria City Commission for Women. As a proud Alexandria resident and the mother of a young daughter, I am deeply committed to contributing to the well-being and empowerment of women and girls in our community. Throughout my career in education, I have had the privilege of working in—and often leading—all-girls learning environments. These experiences have strengthened my understanding of the challenges and opportunities facing women and girls, and have fueled my passion for advocacy, equity, and mentorship. Prior to moving to Alexandria, I was appointed to the Citizens Review Panel for Child Welfare in Montgomery County, Maryland. My time on that panel was both rewarding and eye-opening, allowing me to engage meaningfully with civic processes and to gain a deeper appreciation for the dedicated public servants who work tirelessly, often behind the scenes, to support families and children. In addition to my professional and civic experience, I have served on several nonprofit boards, including the Board of Directors for Young Playwrights' Theater in Washington, D.C., as well as other volunteer organizations. While I took a brief step back from formal service after the birth of my now two-year-old daughter, I am eager to re-engage with my community in a way that combines my professional background, personal values, and civic dedication. It would be an honor to bring my perspective as an educator, a mother, and a committed Alexandrian to the Commission for Women. I am excited by the opportunity to contribute to the Commission's mission and to learn from others who are equally passionate about advancing equity and opportunity in our city. Thank you for your consideration. I would welcome the opportunity to discuss how I might best serve the Commission and the residents of Alexandria.

Have you ever served the City of Alexandria in any capacity?

No

Have you ever attended a meeting of the Board or Commission for which you are applying?

No

Are you now paid by the City of Alexandria?

No

Do any of your immediate relatives or business associates now serve the City of Alexandria in any capacity?

No

Attendance Requirements: Sec. 2-4-7 of the City Code requires appointees to attend at least 75% of the yearly committee meetings. Absences may be excused because of personal illness or serious illness of members of the immediate family, death of a family member, unscheduled business trips and emergency work assignments only. All other absences are recorded as unexcused. In light of the aforementioned statement, will you be able to attend at least 75% of the regular meetings of the board which you may be appointed?

Yes

If applicable, will you comply with the provisions of the City's conflict of interest requirements in City Ordinance 2867 regarding the completion of a financial disclosure statement?

Yes

Educational Background

MA, University of MD, Art History and Archaeology MA, Georgetown University, English AB, Georgetown University, English/Art History

Summary of Work and Experience

20 + years of experience in education serving as teacher, service director, counselor, dean, and principal. This work has taken place primarily in the Washington DC Metropolitan area, in a variety of K-12 school settings.

References - Please list names, phone number and/or email addresses of three references that support your application.

REDACTED

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REDACTED

Gender

REDACTED

Sexual Orientation

REDACTED

Ethnicity

REDACTED

Do you have a disability?

REDACTED

How did you hear of this vacancy?

REDACTED

Status

Name: Miya Wiseman
Application Date: 3/18/2026
Expiration Date: 10/18/2026
Board Member: Miya Wiseman
Status: Validated BY: UNKNOWN USER @BEFORE 4/1/2026

Table with 3 columns: Board, Vacancies, Status. Row 1: Commission for Women, 1, Contested

Basic Information

Name: Miya Wiseman
Date of Birth: REDACTED

Contact Information

Yes, I am a resident of the City of Alexandria. (NOTE: If your answer is no, a residency waiver is required for positions that are not specific to an organization or profession.)
Yes
Email: REDACTED
Alternate email: REDACTED
Phone: REDACTED

Occupation

Employer (student and youth applicants list school): U.S. National Science Foundation
Job Title: REDACTED

New Applicant or Current Member

New Applicant

What seat are you applying for? (Ex: citizen, architect, youth member, etc.)

Citizen

Do you currently live in the City of Alexandria? NOTE: If your answer is no, a residency waiver is required for positions that are not specific to an organization or profession.

Yes

How long have you lived in Alexandria?

Two years

Statement of Interest (Do not include personal information such as phone numbers, addresses, emails, etc.)

I am writing to express my strong interest in serving on the Commission for Women for the City of Alexandria, Virginia. I am deeply committed to advancing equity, opportunity, and well-being for women and girls in our community, and I am eager to contribute my time, perspective, and skills to this important work. My interest in this role is reinforced by my current professional experience serving in the federal government within my agency's Office of Civil Rights. In this capacity, I work on issues related to equity, compliance, and the protection of individuals from discrimination and harassment. This role has strengthened my understanding of civil rights frameworks, complaint processes, and the importance of proactive, community-centered approaches to advancing fairness and inclusion. In addition to my professional experience, I am an active and financial member of women-focused organizations, including Delta Sigma Theta Sorority, Inc. and the League of Women Voters. Through these affiliations, I have participated in initiatives centered on civic engagement, voter education, community service, and advocacy for policies that uplift women and underserved populations. These experiences have deepened my commitment to public service and strengthened my ability to collaborate with others to drive meaningful change at the local level. I am particularly passionate about issues such as gender equity, access to affordable housing, economic empowerment, and addressing gender and race-based disparities in health and safety. I believe that local commissions play a vital role in shaping policies and programs that directly impact residents' daily lives, and I would be honored to support Alexandria's efforts in these areas. Through both my professional and personal experiences, I bring strong communication, collaboration, and problem-solving skills. I am comfortable engaging with diverse stakeholders, analyzing community needs, and contributing thoughtfully to discussions that inform policy recommendations. I value listening as much as leading, and I am committed to ensuring that a wide range of voices are heard. Alexandria's commitment to equity and civic engagement is one of the reasons I am drawn to this opportunity. I would approach this role with dedication and a genuine desire to make a positive impact. I am particularly interested in supporting initiatives that strengthen community outreach, expand access to resources, and build partnerships across organizations to better serve women and families throughout the city. Thank you for considering my application. I would welcome the opportunity to contribute to the Commission for Women and to support the continued progress and well-being of the Alexandria community. Sincerely, Miya Wiseman

Have you ever served the City of Alexandria in any capacity?

No

Have you ever attended a meeting of the Board or Commission for which you are applying?

No

Are you now paid by the City of Alexandria?

No

Do any of your immediate relatives or business associates now serve the City of Alexandria in any capacity?

No

Attendance Requirements: Sec. 2-4-7 of the City Code requires appointees to attend at least 75% of the yearly committee meetings. Absences may be excused because of personal illness or serious illness of members of the immediate family, death of a family member, unscheduled business trips and emergency work assignments only. All other absences are recorded as unexcused. In light of the aforementioned statement, will you be able to attend at least 75% of the regular meetings of the board which you may be appointed?

Yes

If applicable, will you comply with the provisions of the City's conflict of interest requirements in City Ordinance 2867 regarding the completion of a financial disclosure statement?

Yes

Educational Background

M.A. Strategic Communications & Public Relations, Trinity Washington University

References - Please list names, phone number and/or email addresses of three references that support your application.

REDACTED

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REDACTED

Gender

REDACTED

Sexual Orientation

REDACTED

Ethnicity

REDACTED

Do you have a disability?

REDACTED